

Kanker / Cancer

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’n Inspirasie-dokument om teen kanker op te staan. As dit gedoen kan word, dan moet ons dit doen.
An inspiration-document to stand up against cancer. If it can be done, then do it.

Some text is in Afrikaans, but most of the protocols can easily be followed as it is in English

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This work is partly in Afrikaans and English. South Africans should have no problem in following and understanding the context.

I am of the opinion that most cancers are purposefully caused by vaccinations, by the virus and toxic materials contained in it. The big pharmaceutical organizations are suppressing the information contained in this document. They are the control pimps, the doctors are the drug pushers, we are the unfortunate victims.

The world is a business and in business there is no place for emotions or humanity. The work must be done and the money must flow. Do not feel sorry for yourself but be angry and decide to stand up and investigate my claims. The evidence is everywhere. Also Google “Dr. Mary’s Monkey” - historical vaccine evidence.

The New World Order and the mammon gods have decided that the world is over-populated. Controlling the masses is getting out of hand. Many must go. Soon. Therefore, a new intense vaccination process is planned for all people to receive. This is the one seal that is opened, described in the Bible in Revelation.

www.rifemedic.co.za / www.innovationinstruments.co.za / www.affata.co.za

Voorwoord. Hierdie dokument is nie omvattend genoeg om te dien as riglyn tot die behandeling van kanker nie. Dit is slegs 'n beknopte opsomming van gesondheidsaspekte. Gebruik daaruit wat jy wil om jou eie gesondheid te bevoordeel. Die dokument word van tyd tot tyd aangepas na my smaak. Gebruik asseblief jou eie diskresie. My intensie met hierdie inligting is een van liefde, opregtheid, omgee en empatie. Ek hoop jy aanvaar en ervaar die gees waarin ek dit bied. Voordat enige voorstelle oorweeg word, lees eers die hele dokument sorgvuldig deur. Die terminologie van die teks is gemaklik eenvoudig.

My boodskap: **Kanker is geneesbaar!**

Vrywaring. Geen van die inligting in hierdie dokument word as gesondheid voorskrif, mediese voorskrif, terapie of behandeling teen siekte of liggaamsafwykings voorgeskryf nie. Die skrywer se bedoeling is slegs die verskaffing van inligting tot aansporing van jou eie navorsing en vir toekomstige navorsing doeleindes. Enige persoon wat hierdie inligting op enige wyse gebruik of toepas, doen dit geheel en al op eie risiko. Geen aanspreeklikheid hoegenaamd sal aanvaar word vir die verliese van enige aard, effekte van enige aard, toestande van enige aard, ontberinge van enige aard, kondisies van enige aard, gevolge van enige aard, of enige ander aspek as gevolg van of voortspruitend uit inligting in hierdie dokument nie. Geen spesifieke persoon, profesie of instansie word uitgesonder nie maar daar word eerder verwys na vandag se algemene lewenstyl, lewensomgewings, omstandighede, tendense, mediese en gesondheidsorg stelsels.

Agtergrond. Ek bespreek nie die oorsake van kanker nie, maar poog eerder om die leser bewus te maak van hoe om dit te voorkom deur eenvoudige lewenstyl-veranderinge en 'n blik te plaas op 'n paar van die alternatiewe moontlikhede wat oorweeg kan word om kanker te behandel. 'Behandel' moet in die konteks gesien word van ondersteuning van die liggaam se selfgenesing. Vir langer as 'n dekade vervaardig en voorsien ons 'n hoë kwaliteit frekwensie resonator instrument om die liggaam te help genees van honderde verskillende kondisies en wat suksesvol gebruik is deur honderde mense. Verskillende tipes kanker reageer verskillend op verskillende terapieë. Elke persoon wat belangstel om meer te wete te kom van 'n spesifieke siektetoestand of kanker, moet dit navors om te bepaal wat die mees doeltreffende terapie daarvoor is. Die uiteenlopendheid en verskille in die menslike liggaam, die verskillende fases van siektetoestande en kondisies, asook die verskillende kulture, omgewings- en lewenstyl van mense, maak dat ons nie kan veralgemeen en sê dat alle gesondheid-modaliteite dieselfde vir almal werk nie. Daarom moet elke persoon sy liggaam se ontvanklikheid vir elke modaliteit toets.

Hieronder is 'n opsomming van verskillende modaliteite. Die sukses daarvan is deur baie mediese dokters, homeopate en professionele gesondheidsorg praktisyns oor dekades nagevors, beproef en gemeet aan beide nie-terminale asook terminale toestande. In die geval van laaste fase kanker, word die modaliteite ongelukkig, gewoonlik deur die siek persoon as laaste uitkoms beproef. Baie gevalle is waar mense hul siektetoestand aan die konvensionele mediese stelsel oorgelaat het en die mediese terapie as onsuksesvol bestempel word wanneer die siekte so versleg het dat die praktisyn nie meer hoop het met konvensionele metodes nie, of jammerlik, sodra die siek persoon se mediese fonds uitgeput is en die persoon nie meer vir die duur prosedures kan betaal nie.

Uit navorsing blyk dit dat die internasionale gesaghebbende owerhede en beheer- en reguleer-liggame van kos, medisyne, mediese prosedures en terapieë, weet dat die bestaande konvensionele metodes teen kanker in die lang termyn slegs sowat 3% suksesvol is. (Sien Serfontein: Oorwin Kanker) Nogtans is die medici en die publiek blind en word biljoene rande daagliks hieraan afgestaan in die naam van kankernavorsing. Die waarde aan lewensverlies is onberekenbaar. Die skuld en die verantwoordbaarheid van die betrokkenes om mense ter wille van geld en selfsugtigheid in die duister te hou, is onberekenbaar. Kanker is nie die enigste toestand wat geraak word nie. Honderde publikasies is beskikbaar wat die omvang van die farmaseutiese betrokkenheid by die bevordering van siektes en ellendes by mense ontbloot. (Dead doctors don't lie, Evidence of harm, Selling sickness, Bad medicine en Demonised doctoring om net 'n paar te noem. Ook miljoene bronne in artikels, getuienisse en navorsing op die Internet). Duisende mense is vandag verslaaf aan eenvoudige medikasie soos hoofpynpille, hoesmedisyne, slaappille, anti-depressante en sterker

dwelmedisyne omdat dit gebruik is om simptome van 'n probleem te onderdruk eerder as om die oorsaak daarvan aan te spreek. Wetenskaplikes getuig dat virusse soos die vigsvirus, voëlgriepvirus en varkgriepvirus in Amerikaanse laboratoriums gekweek word. Waarom blyk dit dat niemand hierdie mense glo nie? Is almal so gebreinspoel of so naïef of blind en volg die media soos skape!? 'n Kollega van my is onlangs uit Indië weggejaag omdat hulle die storting van kernafval in gebiede aan die media ontbloot het nadat hulle duisende siek en verminkte kinders en grootmense vir afwykings en siektes getoets het. Die media het hulle by die owerheid gaan aankla.

Meeste van die modaliteite wat goed werk, is maklik en goedkoop om te gebruik en kan nie deur 'n geld organisasie beheer word nie. Hierdie modaliteite word dan onderdruk deur daarvoor te swyg of dit word afgekraak en van alle waarde beroof. Webtuistes soos quackerywatch.com word waarskynlik deur owerhede betaal om hierdie propaganda werk te doen. In die VSA is die gebruik van mediese osoon verban omdat dit as giftig beskryf word. Duisende Amerikaners reis maandeliks na Duitsland, Kuba, Suid-Afrika en elders om met osoon behandel en genees te word teen kanker, tuberkulose, HIV en vigs.

Dit sal onregverdig wees om nie te meld dat Suid-Afrika duisende fantastiese mediese praktisyns het wat daaglik duisende mense gesond maak en sekerlik van 'n siektedood red. Elke leerskool het sy eie raamwerk en grense van werking (scope of practice). Ons werk hier binne die natuurlike gesondheidsorg raamwerk omdat ons die nagevolge van die allopatiese medisyne vermy wanneer dit nie nodig is om dit te volg nie. Maar, ons erken die plek daarvoor. Anders as die mediese model waar die pasiënt gewoonlik sy siekte aan die dokter toevertrou en hy die dokter betaal om sy gesondheid-verantwoordelikheid oor te neem en hy die dokter se gesag oor hom toelaat, moet in die natuurlike gesondheidveld, elke persoon sy eie verantwoordelikheid self nakom deur self keuses te maak oor sy eie lewe en sy eie gesondheid.

Onthou dat baie van die kankers in ons liggaam oor baie jare ontwikkel voordat ons dit agterkom. Wees dus geduldig en moenie verwag dat dit oornag kan genees nie. Die proses vir die liggaam om te herstel is stadig. Die proses van genesing hang af van jou liggaam se vermoë om te kan genees. Help jou liggaam met elke moontlike aspek, hoe klein ookal.

Punte wat oorweeg kan word. Hierdie punte behoort deur elke persoon oorweeg te word om kanker en ander siektes teen te werk. Hoe gering dit ookal mag voorkom, elke aspek hiervan het 'n effek op ons gesondheid en mag geringe tot radikale gevolge inhou.

1. Doen jou eie navorsing. Die Internet en duisende publikasies verskaf ongelooflike inligting. Daar is vandag geen verskoning om oningelig te wees of nie toegang tot inligting te hê nie. Hou in gedagte dat dit sekere groepe se werk is om inligting te verwring en ander groepe weer verskaf doelbewus foutiewe inligting. Vors daarom verskeie bronne na en toets die geloofwaardigheid van die bronne.
2. Instelling. Lewe elke dag met 'n positiewe instelling, entoesiasme, waardering, liefde en respek. Gryp elke oomblik aan en put soveel moontlik daaruit. Sê totsiens vir onmin, negatiwiteit, en vermy dit sover moontlik. Kry dit reg: kyk Emosies.
3. Lewenstyl-veranderinge. 'n Persoon kannie verwag om te genees indien hy wil rook, drink, ooreet, ongesond lewe en disrespek teenoor sy liggaam toon nie. Die bereidwilligheid om volkome samewerking te gee weerspieël die persoon se eie erns ten opsigte van sy siekte. In die gesondheidsorg veld neem die praktisyn nie die verantwoordelikheid van die siektetoestand by die pasiënt oor nie maar fasiliteer hom om self aksie te neem. Dit is die roete van genesing. Disrespek teenoor jou liggaam kan sensitiewe en persoonlike aspekte insluit soos tatoëëring (word baie deur sataniste toegedien om die liggaam te ontsier), weefselskade deur ringe en ander
4. Genesing. Die liggaam genees homself. Geen medisyne of terapie genees die liggaam nie. Dit stimuleer en verskaf energie en verskaf genesende middels maar dit is die liggaam wat homself genees.
5. Omgewingsfaktore. Geraas, lugbesoedeling, gifstowwe, kleurstowwe, preserveermiddels, onnatuurlike kosse, verwerkte kosse, medisyne, skoonmaakmiddels, gasse, mikrogolfoonde, selfone, en ander elektromagnetiese bestraling ontnem die liggaam van sy energie. Beperk en vermy hierdie aspekte sover moontlik. Die selfoon se sein bandwydte is ver binne die mikrogolf band. Jy bestraal dus jou brein, ore, oë, kliere, vel en weefsel direk met intense elektromagnetiese strale tydens die

gebruik van `n selfoon. Alle mense met wie ons ons lewe deel, is deel van ons omgewing. Alhoewel dit nie regtig die gepaste plek is waar dit bespreek behoort te word nie, is dit `n aspek wat soos ons omgewing hanteer kan word. Vriende skep verwagtinge deur byvoorbeeld jou by `n groep en hul doen en late betrokke te maak en saam te werk, saam te speel, aktiwiteite te deel, saam uit te gaan en verskeie dinge van die lewe saam te geniet. Verkeerde of gevaarlike eksperimente, blootstelling, en ander grense mag hier getoets en beproef word. Sulke aspekte mag skade aanrig, siekte veroorsaak of selfs tot `n tragedie lei. Wees dus sterker as die groepsdruk in dit wat jy glo reg en wat verkeerd is. Moenie deelneem aan aktiwiteite wat `n risiko inhou om slegte gevolge te hê nie. Agtergrondmusiek, waaiers, geraas, swak lig, koue of oormatige hitte, onaangename reuke, ens. plaas stres op die liggaam en dit neem energie van die liggaam om dit te hanteer. Verander die omgewing sover moontlik.

6. Emosies. Emosionele aspekte word gereken om die grootste impak op ons liggaam se gesondheid te hê en die wegbêre of ontkenning van `n werklike emosionele gebeurtenis soos `n tragedie, skok, trauma, vernedering, afkraking, verwerping, bedrieg, belediging, kriminele oortreding, foute wat begaan is, ongelukke, sondes van ouers, blootstelling aan ongepaste situasies, wreedhede, films, boeke en tydskrifte wat jou geskok het, teleurstellings en baie meer, veroorsaak littekens en skade wat bly grou aan ons siel en ons daaraan herinner. Meeste skade word tydens `n persoon se kinderjare opgedoen en mag deur oënskynlik onskadelike situasies veroorsaak word by die huis, by die skool, by die kerk, by vriende, by familie en veroorsaak deur ouers, onderwysers, vriende, geliefdes, broers, susters, familie, hoogheiliges en vreemdes deur dit wat hulle jou aandoen, vir jou sê, jou aan blootstel, jou verwerp, vloek, aanrand, beroof, dwelms toedien, verkrag, probeer vermoor, ens. Elke negatiewe emosie en gevoel het `n slegte effek op een of meer organe of stelsels van die liggaam. Byvoorbeeld, Haat : Lewer. Hartseer : Hart. Spanning : verteringstelsel. Skok : pankreas / adrenale. Verwerping : skildklier / longe / hart + + +. En alles affekteer die goeie werking van die endokriene stelsel wat al die kliere insluit. Negatiewe emosies en skade wat ons aangedoen is maak ons siek. Hierdie prosesse kan deur terapieë soos sandspeel en genesende regressie hanteer word om verlossing, vergifnis en vrede te bring en `n persoon te leer om daardie aspekte van die verlede te hanteer. Praat-en-luisterterapie word gereken om minder as 5% doeltreffend te wees. Erken dus jou emosionele bagasie en sien die regte persoon om emosionele ontlading en genesing teweeg te bring.
7. Aanvullings tot jou dieet. Die liggaam moet getoets word om te bepaal of aanvullings tot `n dieet nodig is. Metings kan deur `n EIS toets (electro-interstitial scan) gedoen word, bloedtoetse kan gebruik word of anders word simptome en omgewingsinligting gebruik om tekorte te bepaal. In warm streke word soute soos natrium en magnesium meer deur die liggaam deur sweet uitgeskei. In sommige omgewings is die grond arm aan minerale en gevolglik is al die kosse wat daarvandaan afkomstig is, arm aan die voedingstowwe en minerale. Lugbesoedeling, swak water, toediening van gifstowwe, insekte, droogte, onnatuurlike kunsmis, ens. beïnvloed die kwaliteit van die voedsel. Mense se voeding bestaan oor die algemeen uit te veel geprosesseerde kosse wat van voedingstowwe ontnem is deur die prosesse waardeur die Vitamines vetoplosbaar of water oplosbaar is.
8. Oefening. Namate mens ouer word, pas jou oefenpatroon aan om jou liggaam nie te ooreis nie maar eerder matig te oefen. Goeie balans is om vir kort oomblikke aktief te oefen soos om te swem, kort ente te draf of vinnig te loop en ander oefening soos om spieroefeninge en gewig-oefeninge te doen. Vroue moet veral met ligte gewigte oefen om die beendigtheid van hul skelet te verhoog. Indien oefening ongemak veroorsaak, verander dit.
9. Ontspanning en ontlading. Elke persoon moet ontspan en met vriende kan kuier om te praat oor gebeure. Dit werk soos `n terapie. Sodra jy praat oor `n probleem, kom dit uit die liggaam. Die wat luister, toon, simpatie, gee raad of bied selfs hulp aan. Laat ander toe om jou ook te help. Gereelde massering verskaf al die aspekte van oefening, sirkulasie, ontgifting, ontspanning, aanraking, omgee, vertroeteling, warmte, veiligheid, blootstelling, ontlading en meer. Doen dit gereeld.
10. Therapie en Lag. Lag en gesonde kinderlikheid hou mens jonk en vergemaklik stresvolle situasies. Stel jouself in om selfs eenvoudige grappies en mense se eenvoudigheid as menslik-komieklik te geniet. Wees selektief met wie jy omgaan want ons slyp heeltyd aan mekaar. As iemand my met positiewe energie en intensies slyp, maak dit my positief en gesond en ek geniet dit. Die teenoorgestelde geld ook.
11. Ondersteuningstelsel. Stel huisreëls, werkreëls en ander grense vas sodat jy en ander wat daarin funksioneer kan veilig voel. Dit maak die werk- en huisomstandighede minder stresvol. Dra by tot

- gelukkig- en gesondwees vir elkeen wat deel is van jou ondersteuningstelsel. Emosionele aspekte moet hanteer word of hulp moet verkry word om enige spanning wat mag bestaan sover moontlik te verminder. Die potensiaal en vermoë van 'n mens se ondersteuningstelsel wat uit geliefdes, gesinslede, vriende, familie, kollegas bestaan, hang grootliks van die gesondheid van die verhoudings af. Die gesondheid van verhoudings hang van baie aspekte af wat wedersydse vertrouwe, respek, liefde, geduld, erkenning, spasie, aanvaarding, bereidwilligheid om saam te werk en meer insluit.
12. Prioriteite. Elke persoon se hoogste prioriteit behoort hyself te wees. Verlaag jou eie prioriteit in terme van gesondheid, ontwikkeling, tyd, ontspanning, voeding en meer, dan verlaag jy jou eie vermoë om die beste ondersteuning in jou ondersteuningstelsel vir ander te bied en jy verhoog die risiko om siek te word en sal jy as ondersteuner van die stelsel verswak wees. Indien jy dus gereeld ander moet tegemoetkom met gunste ten koste van jouself en maklik 'ja' sê, wag in die vervolg met jou antwoord. Gun jouself tyd om daarvoor na te dink en oorweeg al jou opsies en as jy ongemaklik daarvoor voel of selfs nie lus is nie, mag jy 'nee' sê of iets soos 'ek kan hierdie keer ongelukkig nie help nie'. (Punt). Wees konsekwent en beskerm jouself.
13. Parasiete en ontgifting. In 'n gesondwordingsproses is die behandeling van ons liggaamsparasiete en die ontgifting van toksiese stowwe, wat ons deur voedsel inneem, of inasem, of wat deur die vel opgeneem word, of deur die oë en ore die brein binnekom, baie belangrik omdat dit druk plaas op die liggaam se normale werking en veroorsaak wanbalanse, foutiewe beheer, slegte simptome soos pyne, kopseer, swakheid, koors, breinskade, orgaan-wanfunksie en meer. Gifstowwe belemmer baie stelsels insluitende die senuweestelsel en die endokrienestelsel. Die endokrienestelsel, deur die kliere, skei chemiese boodskappe af na ander dele van die liggaam om aksies teweeg te bring soos die regulasie van liggaamsfunksies en om ensieme af te skei. Met 'n aangetaste endokrienestelsel kan probleme verwag word soos hoë bloeddruk, oormatige sweet, hare wat uitval, diabetes, siektes, kanker, en selfs die dood. Parasiete beskadig die weefsel in die liggaam, teer op jou voedingstowwe, besoedel jou liggaam, en bring ander ongewenste mikrobes in jou liggaam in. Ons almal het permanent verskeie parasiete. Sodra ons hulle doodmaak, neem ons dit net weer van vooraf in deur kosse, diere, en van die omgewing waar ons lewe. Ons behoort miskien een keer per jaar 'n goeie parasiet behandeling deur te voer. In hierdie proses behoort ons ook ons diere teen parasiete te behandel. In die afwesigheid van skadelike parasiete en toksines, het die liggaam meer energie en beter funksies tot sy beskikking vir genesing.
14. Voedsel, vloeistof, suurstof. Ons liggaam is afhanklik van die inname van voedingstowwe, water en suurstof. Deur genoegsame voeding verkry die liggaam genoegsame energie vir sy eie homeostase, opbou van immuniteit en genesing van siektes. Vrugte en groente bevat ensieme wat help om die kos te verteer. Sodra die kos egter gaargemaak word of aan bestraling soos mikrogolwe blootgestel word, vernietig die nutriënte en die ensieme in die kos. Met super verhitting wat plaasvind deur mikrogolwe op die buitenste oppervlak van kos in 'n mikrogolfoond, word vrye radikale gevorm. Dit is 'n chemiese wanbalans wat bydra om die liggaam te ontwrig. Met min of geen verteringsensieme in die voedsel, moet die liggaam meer verteringsensieme afskei om die taak van vertering uitgevoer te kry. Die langdurige gevolg kan byvoorbeeld 'n vergrootte pankreas wees wat later tot ander sekondêre toestande soos diabetes lei. Kos, lug en water behoort sover moontlik gesuiwer te word deur filters. Groente en vrugte kan byvoorbeeld in verdunde waterstofperoksied geweek word om parasiete, eiers en giwwe te elimineer. Plastiese houers skei gevaarlike chemikalieë af veral wanneer dit verhit word. Vermyn plastiek, aluminium, en goedkoop kook materiaal wat moontlik onverteerbare swaar metale kan afgee. Margarien is onaanvaarbaar. Verlaag suiker inname sover moontlik. Beperk oormatige gebruik van tee en koffie. Kook met kookolie wat nie toksies raak teen hoë temperature nie soos druiwepitolie. Vermyn diervette insluitende hoendervel, varkvet, ens. Vermyn alle vleis wat met groeihormone gekweek is. Moenie dit glo wanneer mense sê die hormoonvlakke is onder die toelaatbare vlakke nie. Dit is steeds daar en dit en ander stowwe dra by tot hiperaktiwiteit, depressie, aandagafleibaarheid, hoofpyn, hormoon wanbalans en verskeie ander siektes en afwykings. Vermyn groente en vrugte wat met gifstowwe behandel is. Die gif word getoets om onder 'n aanvaarbare vlak te wees. Dit is steeds daar in klein hoeveelhede wat ons kan siek maak. Die kwik wat in tandstopsels gebruik word, maak ons siek en vernietig breinselle. Inenting is in die verlede veral in Afrika as toets- en proefkonyn-veld gebruik waar hoogs toksiese middels toegedien is wat breinskade, verminking siektes en die dood tot gevolg gehad het. Moet geen middel vertrou wat mense jou wil inspuit nie. Selfs die dokter weet nie wat die inenting middel bevat nie. Die risiko uit die mediese

geskiedenis van wrede eksperimente deur dokters en sielkundiges op mense, is te hoog. Oorweeg veral om Amerikaanse medikasie te wantrou. Vermoed tandepasta en ander produkte wat fluoried bevat. Fluoried verhard selmembrane wat veroudering verhaas en het ander nadelige gevolge wanneer dit in die liggaam opgeneem word. Dit dra by tot stres en verhoog die risiko vir siektes. Vermoed alle produkte met kunsmatige suiker soos dieet koeldrank. `n Erg toksiese chemikalie vorm wanneer byvoorbeeld sekere dieet koeldranke saam met vitamien aanvullings geneem word wat breinskade, epilepsie, ens. kan veroorsaak. Vermoed versoeters. Daar is onteenseglike bewyse van kanker as gevolg van die gebruik daarvan, steeds word dit deur die Kos-en-Medisyneraad van Amerika goedgekeur. Vermoed kosse met kleurmiddels, swak gehalte houers, blikke, en plastiek. Amper alles word dus `n risiko. Die beste is om terug te keer tot die ou natuurlike metodes van kos vervaardig deur jou eie tuin met groente en vrugte te kweek. Dis is die beste opsie. Wees verstandig versigtig met die ander kosse en probeer goeie balans handhaaf sonder om oorboord te gaan. Goeie voeding en `n gesonde verteringstelsel het `n gesonde immuniteitstelsel tot gevolg. Baie toestande soos Candida, verkoue, griep, infeksies, ens. word veroorsaak deur `n verswakte immuniteitstelsel. Ons liggaam neem gereeld verskillende mikrobies soos parasiete, virusse, fungusse en bakterieë in en die immuniteitselle elimineer of beheer dit. Sodra die immuniteitstelsel ongesond raak, kry die mikrobies die oorhand en siekte volg, soms binne minute. Die pH balans van die liggaam is van uiterste belang aangesien die liggaam van die mens as omgewing van die verskillende mikrobies wat daarin kom en daarin woon, hul aktiwiteite en voortplanting kan bevoordeel en daarom die liggaam stelsels benadeel. `n metabolies-suur liggaam bevorder byvoorbeeld die vorming van kanker. `n Metabolies-alkalie liggaam werk kankervorming teë maar te hoë alkalie vlakke het negatiewe gevolge soos die verhoging van kardiovaskulêre risiko, ooreising van niere, ens. As riglyn, volg `n dieet wat uit 25% suurvormende en 75% alkalievormende kosse bestaan.

15. Eetgewoontes. Kou jou kos 2 tot 3 keer langer sodat genoegsame verteringsensieme deur die verteringstelsel afgeskei word. Dit vergemaklik kos vertering en verskaf baie meet nutrisie vir die liggaam om op te neem. Skakel af tydens etenstye. Gun jou liggaam die kort tydjie om te rus en te ontspan. Moenie nuus kyk of koerant lees terwyl jy eet nie. Slegte boodskappe affekteer die brein om normale boodskappers vry te stel en belemmer jou gesondheid. Moenie jou dieet baseer op die laaste dieetboek wat jy gelees het nie. Neem al die navorsing soos die bloedgroepdieet in ag en gebruik daaruit wat jou liggaam bevoordeel. Gebruik dit as riglyne, nie as reëls nie. Lae kalorie kosse bevat lae verteringsensieme en hoë kalorie kosse, bevat hoë vlakke van verteringsensieme. `n Balans van verskillende kosse soos matige vleis, genoeg vars en rou groentes en vrugte in jou dieet is dus die antwoord op wat `n gesonde dieet is.
16. Siektes en Terugvoer. Siektetoestande of liggaam kondisies kan met behulp van kruiemiddels, homeopatiese middels, vitamines, minerale, kosse, speserye, verskeie gesondheid-modaliteite (resonansie, massering, regressie, kleur, ens.), en allopatiese medisyne beheer of genees word. `n Terugvoer metode moet gebruik word om die vordering, verbetering, en gevolge van die toegepaste terapie te monitor en te verseker dat verskeie aspekte van die liggaam aandag geniet. So `n maklike terugvoer-stelsel is die EIS stelsel. Terugvoer kan ook deur bloedtoetse en ander instrumente geskied of selfs deur simptome van die liggaam deur die mens se eie sensoriese stelsels.
17. Modaliteite teen kanker. Die modaliteite hieronder moet nie as wonderkure bestempel word nie en dis ook nie die doel van die skrywe nie. Baie mense het in die verlede groot sukses hiermee behaal. Dit is dus sinvol vir mense om dit te beproef en hul kans vir oorlewing drasties te verhoog. Met kanker, waar `n orgaan onherstelbaar deur die kanker vernietig is, kan niks die vernietigende proses omkeer nie. Dit is dus belangrik om nie te wag tot dit te laat is nie. Geen van hierdie modaliteite mag gebruik word sonder die instemming / toestemming van `n geneesheer of spesialis, terwyl jy sy pasiënt is en jy jouself onder sy sorg geplaas het nie. Van die modaliteite mag die werking van allopatiese medikasie, bestraling en chemoterapie teenwerk. Chemoterapie en ander medisyne het moontlik ten doel om die immuniteitstelsel te verlaag sodat die liggaam bedreig voel en wil terug baklei. Ons behoort te besef uit navorsing en ondervinding met geliefdes wat aan byvoorbeeld kanker gesterf het, dat dit nie werk nie of die siekte net bietjie uitstel tot dit weer elders in die liggaam posvat.
 - a. Resonansie (Rife). Resonansie is frekwensies wat baie verskillende funksies verrig soos die afbreek van kanker-selfbeskerming, ontgiftig van suur, toevoeging van suurstof, verbetering van sellulêre metabolisme, bloedvloei toename, limfvloei- en dreinerig, orgaan-stimulasie, klierstimulasie, vernietiging van mikrobies, onderbreking van mikrobies se voortplanting-siklus,

ontgifting van toksines uit liggaamsweefsel, aktivering van sel-energie, bevordering van sel en stelsel kommunikasie, ontlading van infeksies, emosionele balans, versnelling van wondgenesing, DNA herstel, senuweestelsel stimuleer, stimuleer die liggaam om van siektes te genees, voorkom siektes, ontspanning, ens. Persone wat dit nie mag gebruik nie is swanger persone, persone wat 'n orgaanoorplanting ondergaan het, persone wat aan 'n lewensondersteuning-apparaat gekoppel is soos 'n hart-pasaangeër, en persone wat 'n hoë risiko het vir orgaan-faling soos hartaanval of in gevalle van die lewer en niere wat erg druk ervaar. Afhangende van die fase van siekte, kan dit minder of meer gereeld gebruik word. Twee keer daaglik vir ongeveer 1 uur lank elke keer, of 1 keer per dag, of 1 keer elke tweede dag, of 1 keer elke derde dag. Indien moontlik moet die liggaam eerste teen parasiete behandel word, daarna moet dit 'n proses van ontgifting deurgaan en daarna 'n resonansie-spesifieke program wat ander modaliteite moet insluit totdat genesing intree. Resonansie mag nie gelyktydig saam met mediese modaliteite gebruik word nie omdat dit byvoorbeeld soos met chemoterapie, die chemiese stowwe deur ontgifting mag neutraliseer. Resonansie of Rife is 'n onderdrukte modaliteit. Kyk na die bylae vir meer inligting.

b. Johanna Budwig protokol. Dit is 'n dieet protokol wat uit flasolie en laevet maaskaas bestaan. Meng 1 eetlepel flasolie met 2 eetlepels laevet maaskaas. Dit kan met 'n handklitser gemeng word maar dit moet so goed gemeng word dat daar geen olie meer sigbaar is in die mengsel nie. Dit moet soos vla (custard) lyk. Hierby kan 1 teelepel rou heuning ingemeng word. Die mengsel kan op rogbrood geëet word (geen ander soort brood nie), of bo-oor 'n opgesnyde appel, pynappel, aarbeie of piesang. Baie belangrik, die flasolie moet lekker proe, so half neuterig. As dit bitter proe is dit waarskynlik af en moet dan glad nie gebruik word nie. Slegs 'cold pressed, high lignan' flasolie wat in donker bottels verpak is moet gebruik word. Cold pressed flasolie kan vinnig 'af' raak, en daarom moet die olie altyd in die yskas gehou word. **Lig, lug en hitte beskadig die kosbare elektrone in die olie. Lees die bylae hieronder vir meer volledige inligting.**

c. **Peppers protokol.** Habaneros peppers word saam met knoffel en olie op brood gebruik. Die warm broodsmear sal mens na jou asem laat snak maar het skynbaar vir mense genees van kwaadaardige gewasse. Kyk na die bylae vir meer inligting.

d. Osoon. Osoon word ook verrykte suurstof genoem omdat dit uit 3 of meer suurstof atome bestaan. Die osoon word binnears toegedien of kan deur die vel opgeneem word. Die beste resultate word deur binnearse toediening verkry om gewasse, kankers en baie ander toestande te help elimineer. Osoon is 'n onderdrukte modaliteit. Lees die bylae vir meer inligting.

e. MMS. 'Miracle mineral solution' is die vorming van chloor dioksied (gas) deur die meng van natrium chloriet (nie natrium chloried of sout nie) en 'n drinkbare suur soos sitrusuur. Die ClO₂ aktiveer die immuniteitstelsel geweldig sodat die liggaam se teenliggaampies aggressief parasiete en hul larwes en hul eiers soos met malaria aanval en vernietig. Alle bekende mikrobies word aangeval en vernietig. Uit navorsing blyk dit dat dit ook auto-immuun siektes soos artritis kan teenwerk. Baie gewasse word deur parasiete veroorsaak en meeste mense ontwikkel in hul leeftyd verskeie gewasse. Die liggaam maak dit gesond maar in sommige gevalle word dit kwaadaardig en vorm kanker. MMS kan gebruik word om die vorming van gewasse te voorkom of selfs om die liggaam te help om dit te genees. Lees die bylae vir meer inligting.

f. Kruiebehandeling. Verskeie kruieprodukte word voorkomend gebruik of word spesifiek teen kanker ingespan soos knoffel, kankerbossie (Sutherlandia), gemmer, peper, borrie, rooi peper, en meer. Kruie kan op verskillende wyses gebruik word byvoorbeeld in badwater, as teeblare, poeier, tinkture, salwe, ampules, enemas, kapsules, voedsel aanvullings en voedsel resepte. Sien asb. mediese behandeling hieronder. Lees die bylae vir meer inligting en samestellings vir kankerbehandeling.

g. Vitamines, Minerale, Kos. Kos en aanvullings werk die beste in 'n voorkomende werking as om kanker te genees. Die genesende werking van die kosse en nutriënte word beslis nie ontken nie. Daar bestaan baie diëte en resepte wat teen kanker werk. 'n Dieet kan 'n liggaam wat metabolies suur is, verander na alkalies. Vitamine C, D, E, selenium, karotenoïde, koënsieme Q10, melatonien, lycopen, appelkoospitte, groen tee, rooi wyn, Suid-Amerikaanse papaja (pawpaw), en baie verskillende kossoorte, resepte en kombinasies word ingespan teen kanker en om die liggaam te versterk.

h. Bestraling, chemoterapie. Baie mense sterf van die behandeling en nie van die kanker nie. 'n Alkalie-terapie bestaan uit die inname van gekonsentreerde alkaliese chemiese bestanddele en draers soos DMSO, MSM, kalium, boron, sesium, germanium ens. Sien www.cancertutor.com.

i. Chirurgie. Indien die liggaam nie die vermoë het om aksie te neem binne 'n redelike tyd nie, moet opgetree word. Indien iemand dus 'n gewas het en die liggaam en die werking van natuurlike terapieë kan dit nie redelik verklein of elimineer binne 'n redelike tyd nie, moet dit chirurgies verwyder word. Dit geld vir beide nie-kwaadaardige en kwaadaardige gewasse. In gevalle van kankers wat aggressief vermeerder, moet liefers nie mee getalm word nie.

j. Quantum masjiene. Hierdie instrumente word goedsmoeds deur baie mense gebruik en in geglo en span die werking van placebo, intensie, bewustelikheid en 'mind over matter' in. Dit is nie 'n aggressiewe modaliteit nie en sal eerder 'n mens kalmeer en balanseer. Ek beveel dit nie as goeie terapie teen kanker aan nie maar sommige mense mag voel dit bevoordeel hulle.

18. Programme. Die volgende program is 'n voorstel en moet deur elke persoon wat oorweeg om dit te gebruik, aangepas word volgens sy behoeftes en omstandighede.

A. Indien die kanker in 'n vroeë stadium is en die liggaam sterk genoeg is om dit te hanteer, behandel teen parasiete deur byvoorbeeld 'n kursus te volg soos Solal se Anti-Parasite Formula wat een maand duur.

B. Indien die kanker in 'n vroeë stadium is en die liggaam sterk genoeg is om dit te hanteer, ontgif die liggaam stadig met genoegsame inname van water en aanvullings. 'n Rou groente en vrugte dieet sonder proteïene vir 'n paar dae, ontgif die liggaam stadig en natuurlik. Of gebruik terapeutiese hoeveelhede van verskillende weefselsoute met 'n ontgiftig funksie. Of gebruik orale kilasie-terapie (Solal oral kilation therapy) om van swaar metale te ontgif, gebruik goeie mineraal aanvullings gedurende hierdie kursus. Of gebruik 'n frekwensie resonator met bestaande ontgiftig programme oor sowat 7 tot 10 dae. Maak seker om nie te vinnig te ontgif nie omdat die lewer en niere onder druk geplaas word tydens die ontgiftig program. Drink genoeg water. Oorweeg om jou apteker te vra vir 'n middel om die niere en lewer te ondersteun tydens die ontgiftig program.

C. Indien die liggaam infeksies het, gebruik op die frekwensie resonator vooraf geprogrammeerde infeksie programme daagliks vir een uur, vir sowat 3 dae of meer.

D. Pas die Cancer Basic Set program toe. Indien die liggaam sterk is, twee maal per dag, anders slegs een keer per dag en indien die liggaam verswak is, slegs elke tweede of elke derde dag. Dit geld deurgaans vir alle frekwensie resonansie programme. Dit is normaal om na die eerste of eerste paar programme met 'n frekwensie resonator slegter te voel as gevolg van die toksines en afval wat afgeskei word. Indien die reaksie te erg is, staak alles en raadpleeg jou geneesheer oor jou huidige toestand. Moet onder geen omstandighede jou liggaam ooreis of 'n risiko verhoog nie.

E. Pas Cancer Basic set 1 toe.

F. Pas Cancer Basic set 2 toe.

G. Pas 'n spesifieke kanker program toe, byvoorbeeld Cancer Prostate.

H. Pas al die ander Cancer Prostate programme om die beurt toe.

I. Pas die Cancer BX en Cancer BY programme toe.

J. Pas Cancer Pain toe indien nodig.

K. Pas ander programme toe volgens simptome soos infeksies.

L. Pas die DNA repair program toe.

M. Begin weer voor by 'D', Cancer Basic Set

Die Cancer General Set 1, 2 en 3 kan ook bygevoeg word. Onthou die reël. Verskillende programme kan na mekaar gedoen word maar probeer die totale tydsduur van ongeveer 'n uur op 'n slag handhaaf. Indien vir 'n tweede keer dieselfde dag behandel wil word, wag vir ten minste 6 ure voordat die volgende sessie begin word. Kom al die ander aspekte soos monitering van die gesondheid, drink van water, genoegsame rus, voeding en aanvullings na.

19. Mediese behandeling. Baie kruieprodukte werk die werking van allopatiese medisyne soos bloeddruk medisyne, antibiotika, chemoterapie, ens. teë. Met die gebruik van allopatiese medikasie, is dit dus noodsaaklik dat die kruieprodukte wat gebruik wil word, deeglik nagevors word en dat die ondersteuning en goedkeuring van jou dokter wat die medisyne voorgeskryf het verkry word. Indien jy nie seker is nie, moet die kruieprodukte nie gebruik nie. Die grense van natuurlike gesondheidsorg lê binne die perke van waar die liggaam die vermoë het om self-genesing teweeg te bring. Sodra die liggaam nie meer daartoe in staat is nie, moet mediese hulp verkry word. Dit is die plek vir antibiotika, ander allopatiese medikasie, hospitalisasie en mediese prosedures.

20. Instandhouding. Remissie is slegs die vlakke van kankernorms wat oor 'n tydperk binne voorgeskrewe vlakke bly. Dit beteken gladnie die kanker is weg nie! Indien ek kanker opgedoen het sal ek myself lewenslank met verskeie modaliteite bly behandel.
21. Geloof. Daar is nie baie gode nie. Die verwarring wat by baie mense geskep word as gevolg van wetenskaplike ontdekkings, nuwe teorieë, toe-eiening van goddelikheid aan die aarde, maan, sterre en materiële dinge, filosofieë en eienaardige oortuigings, ontnem jou van die waarheid en die fondasie van wie God is. Daar is net Een Lewende God waarvan die getuienis en geskiedenis van Sy werke en werklike gebeure deur baie mense wat van die begin af op die aarde gelewe het, oorvertel en neergeskryf is. Deur selfsugtigheid en 'n aangeleerde magshonger van kompetisie en oorwinning wat reeds by ons skole aan ons kinders geleer word, en onder mense 'n werklikheid is, maak van ons monsters en moordenaars. Luister gerus na die woorde van "Canibal World", dit word deur Avril Livene gesing. Elke normale ouer het sy kind so lief dat hy enige tyd in sy plek sal sterf. Dit is hoe lief ons God elkeen van ons ook het dat Hy=Jesus gesterf het en die liggaams-, siels- en geestesdood (sondigheid, negatiwiteit, ellende, ens. as vrugte van sonde (verkeerdheid) wat die dood verdien) oorwin het sodat ons die ewige lewe kan hê saam met Hom. As ons die aardse lewe verlaat, beweeg ons onsterflike siel en gees hemelwaarts. Ons sal mekaar almal daar herken aan ons gelaat, en ons sal ons Vader en sy goeie engele sien en deur hulle verwelkom word. Die vleeslike lewe is 'n wonderlike voorreg gevul met gawes en gebeure maar in aardse gebrokenheid. Dit is 'n plesier om te lewe en as God se verteenwoordiger te lewe vir sy plesier en om Hom te verheerlik en Hom op te hef deur ons lewe. Moenie afwyk deur dooie wetenskaplike uitlatings en teorieë aan te gryp nie. Moenie die drome van duisternis en goddeloosheid glo nie. Moenie teorieë van ontploffings in die ruimte en energieë wat saamsmelt om lewe te vorm glo nie. Laat die ape glo hul oorsprong en ontwikkeling deur evolusie is van die ape. Dis alles net teorieë om jou te mislei deur God te ontken. Glo in die Waarheid, in die Lewende God, in Jesus Christus as eenheid met die Vader en sy Heilige Gees wat in jou hart werk. Glo daarom dat dit nie saak maak wat jou menslike liggaam oorkom nie, jy is met die bloed van God, van Jesus Christus gekoop en jy is in Sy hande ongeag die uitkoms van jou siekte. Laat jou geloof jou troos en sterkte en krag gee.

Aanhangsel 1: Budwig Protokol, nagevors en saamgestel deur Cheryl du Toit

Die basiese mengsel

Meng 1 eetlepel flasolie met 2 eetlepels laevet maaskaas. Dit kan met 'n handklitser gemeng word maar dit moet so goed gemeng word dat daar geen olie meer sigbaar is in die mengsel nie. Dit moet soos vla (custard) lyk. Hierby kan 1 teelepel rou heuning ingemeng word. Hierdie kan op rogbrood geëet word (geen ander soort brood nie), of bo-oor 'n opgesnyde appel, pynappel, aarbeie of piesang. **Baie belangrik**, Die flasolie moet lekker proe, so half neuterig. As dit bitter proe is dit waarskynlik af en moet dit glad nie gebruik word nie. Slegs 'cold pressed, high lignan' flasolie wat in swart bottels verpak is moet gebruik word. Cold pressed flasolie kan vinnig 'af' raak, en daarom moet jy die olie altyd in die yskas sit. **Lig, lug en hitte beskadig die kosbare elektrone in die olie.**

Wat bogenoemde in jou selle doen.

Die menslike sel bestaan uit 'n selwand wat saamgestel is uit lipiede (vette) en die selinhoud wat hoofsaaklik uit water bestaan. Die selinhoud bevat o.a. die mitochondria (sel se energiegewer). Flassade en flasolie bevat meer elektrone (energiegewers) as enige ander kossoort in die natuur. Wanneer die flasolie met die sulfaat-proteïene van maaskaas gemeng word veroorsaak dit 'n chemiese reaksie wat die oplossing beide vet(selwand)- en water oplosbaar(selinhoud) maak. Dit beteken nou dat die mengsel deur die selwand(vette) kan dring waar dit binne-in die sel waar dit water oplosbaar is, die elektrone in die olie direk aan die mitochondria van die sel kan gee. Die elektrone stimuleer dan die mitochondria sodat dit suurstof vrystel. Kanker haat suurstof en kan nie oorleef in suurstof nie en daarom sterf die kankerselle dan af. En dit, baie kortliks is die geheim!!!! **Begin met slegs 1 eetlepel olie op die eerste dag.** As jy dit goed hanteer kan jy die volgende dag 2 eetlepels olie neem en geleidelik opskuif tot 6 eetlepels olie per dag. Dr. Budwig stel voor dat baie siek mense 6 eetlepels olie per dag moet neem totdat hulle kanker onder beheer is en dan kan

dit verlaag word na 2 eetlepels olie as 'maintenance' vir ten minste 5 jaar daarna. **Die beginsel bly nog altyd 1 eetlepel olie baie goed gemeng met 2 eetlepels kaas.** M.a.w. as jy nou 6 eetlepels olie per dag gebruik, gaan hy 12 eetlepels kaas nodig hê. My pa en sussie het party dae gevoel hulle gaan bars van al die kaas omdat dit mens baie versadig laat voel, maar groot asseblief, byt tog net vas. Dit sal waarskynlik net vir 3 maande op die meeste nodig wees vir so baie olie en kaas totdat die kanker onder beheer is. Kanker groei met behulp van suiker en 'n afwesigheid van suurstof. Suiker voer kanker. **SKAKEL ONMIDDELLIK ALLE SUIKER UIT!!!!** Die enigste vorm van suiker wat geneem mag word is ROU onpasteuriseerde heuning.

Vleis, gebakte koekies, brood (net rogbrood), pasteie, roomys, lekkers margarien soda koeldranke soos coke, fanta, tab en gewone kookolie is nou nie meer toelaatbaar nie. Om kos voor te berei mag jy net druiwepitolie of olyfolie gebruik. Klapperolie mag ook vrylik gebruik word. Indien jy enige margarien in jou huis het, gooi dit asseblief dadelik weg ter wille van almal in die huis se gesondheid. Gebruik eerder botter, maar baie min. Aangeheg 'n artikel oor margarien. Jy kan enige en alle groente (verkieslik rou of net effens gaar gestoom) en vrugte eet sowel as bruin rys (nie wit rys nie). Vis en 'free range' hoender mag in baie klein porsies geëet word en verkieslik gaar gestoom, nie gebak nie. Alles wat wit is behalwe die maaskaas is nou uit. Wit meel, suiker, sout (slegs growwe ongeïodeerde seesout) is vir eers nie toelaatbaar nie. Geen koffie nie, verkieslik net rooibos- en groen tee versoet met bietjie heuning. Slegs onversoete vrugtesappe. So veel water as moontlik - ten minste 8 glase per dag. M.a.w., geen verwerkte kosse nie, slegs gesonde kos soos dit uit die natuur kom.

Jy sal oplet dat Dr. Budwig baie vars wortelsap vir haar kankerpatiënte gee. Ek hoop jy het 'n 'juicer' sodat jy ten minste 2X per dag 'n groot glas vars wortelsap kan drink. Aangeheg, 'n artikel hoekom wortelsap so goed is vir kankerpatiënte.

Ek sou voorstel dat die volgende suplemente saam met die protokol geneem sal word.

1. **Gebufferde vitamien C** - Begin met 1000 mg per dag en skuif dit geleidelik op na 4000 mg per dag.
2. **Vitamien E** - 400 - 800 mg per dag. Gebruik slegs gamma tocopherols of tocotrienols indien moontlik.
3. **Selenium** - hiervoor kan jy 3 tot 5 Brazilneute per dag eet.
4. **Vitamien B kompleks en foliensuur.**
5. **Milk thistle.**
6. **MSM - aanvanklik 1/2 teelepel per dag**
7. **Digestive enzymes** - jy sal oplet dat die dieet spesifiseer dat mens sauerkraut of acidophilus melk moet drink eerste ding in die oggend - verteringsensieme of iets soos Barley Green of Spirulina sal dieselfde funksie verrig. Ek het vir jou 'n resep hoe om Sauerkraut te maak maar dit is vir ons sleg en ek twyfel of jy dit sal kan inkry. Mens kry wel acidophilus jogurt (onversoet) te koop. Kan versoet word met rou heuning en vrugte.
8. **Essiac tee -**
Ek het meer as 13 000 bladsye se navorsing oor bg. suplemente en die ongelooflike rol wat dit speel in die kankerpatiënt se gesondword proses. As jy wil hê ek moet vir jou verduidelikings van alles stuur sal ek, maar ek waarsku jou, dit is baie leeswerk.

Vir meeste mense klink bg. aanvanklik oorweldigend maar eintlik is alles baie eenvoudig. Dit is net die eerste week moeilik maar daarna is dit werklik eenvoudig. Ek wil ook noem dat alles wat ek hier noem natuurlike goed is, geen chemiese gemors nie, en niemand is nog ooit dood omdat hulle gesonde kos gebruik het nie.

Ek bestel die olie en flassade, Vit. B kompleks, MSM, rou heuning en Essiac tee direk van die verspreiders af vir 'n hele klomp mense. Die olie kos om en by R50 tot R56 by Dischem. Die groothandel prys waarvoor ek dit kan kry is so R40. Die ander goed is ook baie goedkoper. Laat weet my as jy wil hê ek moet vir jou bg. bestel.

Ons gebruik Woolworths se laevet maaskaas omdat dit geen preserveermiddels bevat nie. Vitamien E, Milk thistle, Spirulina of Digestive Enzymes en Gebufferde Vitamien C kan jy by Dischem kry. Hulle pryse is die beste.

Habaneros for Cancer Cure?

By Kelley Eidem (see different internet resources)

I'd like to talk to you about my easy victory over my own (alleged) Stage 4 cancer.

Maybe the best place to start with this would be to let you know that researchers at UCLA garnered lots of headlines two years ago because they had done something pretty incredible. (1) What had the UCLA researchers done? They shrank tumors by 80% with the heat from habaneros peppers. That is quite extraordinary in terms of what is usually accomplished with toxic drugs.

It's also worth noting that in the US the State of New Mexico has the lowest cancer mortality rate of all 50 states. They probably eat more peppers in New Mexico per capita than all the other states, too. For several decades, modern medicine has tried a lot of toxic compounds, hoping to 'out-toxic' the cancer. And sure enough, the compounds did out-toxic cancer. Unfortunately, it usually out-toxics the patient as well. The result has been that cancer treatments are usually an expensive, painful and scary proposition. But you already knew that.

I didn't go bald or get sick to my stomach! Fortunately, my Stage 4 cancer was none of the above for me. My advanced cancer treatment cost less than two tickets and popcorn at the movies. My treatment wasn't painful. And I wasn't scared. I didn't lose a minute's sleep, because I knew what to do.

If we've learned anything about treating cancer in the last 50 to 60 years it has to be this: half killing the patient isn't half way successful. As I emphatically told a woman in my store recently, "You gotta be healthy to get well!" In my own case, I knew by the many lesions I had that I was already sick. I didn't need someone to help make me sicker. I needed to get healthy, so I could get well. In other words, the researchers at UCLA made a great choice in examining the anti-cancer properties of hot peppers.

My own success in curing myself with habaneros peppers preceded the UCLA researchers by seven years. And I didn't shrink my many tumours by 80% ... I shrank them 100%. UCLA's research results did confirm that my own method was an extremely powerful weapon against cancer. I'm eternally grateful for their confirmation. But then, I used habaneros peppers PLUS two more low tech ingredients ... running rings around the findings made by the UCLA guys and gals. (By the way, if you absolutely can't tolerate peppers, you can substitute freshly grated ginger ... grated daily ... not from a jar!)

Research from the Universities of Michigan and Minnesota just scratch the surface of ginger's power against cancer. Not only does ginger cause cancer cell death, it also makes the cancer cells turn on themselves. Speaking technically, that means the tumours go away. (2) (3)

I Had Lesions From Top To Toe. Well, almost.

Let me start from the beginning. One morning as I was about to step into the shower, I noticed a couple of large round looking red splotches on my thigh and calf. They were about the size of a half dollar. I wasn't sure what to make of them, but they stood out like crazy. By the next day, the two red lesions had turned brown. Only they were now accompanied by several more large red splotches. Some were on my upper back, lower back, hips, thighs and calves on both sides of my body. Within 24 hours, they turned brown, too. At this point, most people would probably have freaked out. I had a darn good reason not to, however. I couple years earlier, I had written a book entitled The Doctor Who Cures Cancer. Gathering the research for the book gave me some critically important information that helped me to develop my own method. I figured, if what I had was cancer, that's not a problem because curing cancer isn't as difficult as we've been led to believe.

No, I wasn't pregnant!

Many years earlier, I'd also learned that the common pregnancy tests sold in drug stores will sometimes produce a positive result if the person taking the test has cancer. A call to the makers of one of the products

confirmed that this is true: pregnancy screening tests can sometimes pick up the presence of cancer. It is well known among physicians that home pregnancy tests can show a false positive for pregnancy when the person being tested has cancer. The test isn't real accurate if the result is negative because the test kit requires that a high threshold be met before the test will read positive.

Pregnant women easily reach the threshold, but a person with cancer doesn't necessarily produce enough of the hormone to register on the test kit. But if the kit does show "positive" in a non-pregnant person, it is highly accurate for uncovering cancer. It seemed to me that it was worth a shot as a screening mechanism. Since I am a male, a positive test result would tell me what I needed to know.

I did the test, and sure enough, the 'pregnancy' test result came up positive. You might be wondering why a pregnancy test would read positive. I'm glad you asked. ;-) Pregnancy tests screen for the presence of a hormone called HCGH (human chorionic gonaditrophin hormone.) It's the same hormone that is elevated in cancer patients. But in most cases the level in cancer patients aren't high enough to trigger a positive test result.

Down below will be listed information on a more sophisticated pregnancy test that's about 97% accurate for detecting cancer. I'll tell you more about that test in a minute. Pregnancy kit 'says' I'm pregnant!

In my case, my HCGH was high enough to score positive on the test. So there I was, a man, with more than a dozen large lesions AND a positive pregnancy test result! There was no point for me to go to a physician at that point, because (a) I had no insurance, and far more importantly, (b) chemo sucks in treating solid mass tumours, and I had more than a dozen visible tumours! There's no telling how many tumours there might have been hidden within my body.

Then there was reason (C) for not going to see a physician!!! The first thing the doctor would have wanted to do would be to cut out a portion of one of the lesions to have it examined by a pathologist. I had learned something profound when writing *The Doctor Who Cures Cancer* which was later confirmed in a book about Judah Folkman, M.D., (inventor of Angiostat) that the act of cutting out a portion of a tumour activates more tumours to sprout wings.

It seemed to me that there were too many tumours raging already to let anyone cut on me spurring further growth. Here's a real brief recipe list here.

- (1) Grate one habaneros pepper each day, putting it on bread
- (2) Grate two cloves of garlic each day, putting them on bread
- (3) 1-2 Tablespoons of Emulsified cod liver oil each day.* Twin Labs makes some wonderfully flavoured cod liver oil. I used the cod liver oil because I was not losing any weight or dealing with fluid retention. If I had either of those conditions, I would have used evening primrose oil instead of the emulsified cod liver oil.
- (4) Smother the grated garlic and habaneros peppers with real butter and eat it. No margarines of any type, including Smart Balance, etc.

That's it!

The potent active ingredients from the peppers and the garlic disperse quickly. So they must be grated each day, and eaten immediately. You're probably thinking, whoa, that's gotta be hot! Yes, it is. And it will make you breathe deeply! That's a good thing, because heavy breathing pumps the lymph system. As you know, cancer cells often gather there.

What I did was put the habaneros and the garlic on one side of the bread and folded it over. Plus, it's handy to have another half slice at the ready to cut the burning sensation in my mouth. So let yourself breathe deeply for a minute or two and then eat the extra half slice of bread. Let me say a word or two about the bread. I used Ezekiel spouted bread. You can get it in the freezer section of health food stores and at Publix.

Yes, it costs about \$5.00. But keep in mind that all the ingredients together won't cost you more than \$20. Can you use another bread? Maybe. Or maybe not. It is what I used, and I don't like to mess with the success I had.

How well did this recipe of mine work?

All of my lesions went away in about four or five days. I had a dozen or more, so that was pretty good, if you ask me. Since I wasn't fond of the peppers and garlic (LOL!) I quit after the fifth or sixth day. A few days later, three or four lesions came back. So I went back on the three part recipe. The lesions vanished once again in about four days.

After that, I continued to take the emulsified cod liver oil for about six months. On occasion I take another bottle of the cod liver oil. And I take fish oil sporadically. This episode of my (alleged) raging cancer took place around October of 1998 as best that I can recall. No lesion has returned since that time.

It's working for others, too!

Here's a comment given below from a woman who has tried my cure for two weeks:

"I wanted to make sure and report back to you after having followed your protocol for two weeks. I am SO PLEASED to say that the (stabbing, knife piercing) pains in my right breast are completely gone, and so is the lump!"

When you look at the possibility of being cancer free in two weeks, you have nothing to lose and everything to gain. This works. it really works. You can pick up 2/3's of your cure at the grocery store.

In the first part of this two-part article I mentioned that researchers from UCLA used peppers to shrink tumours 80%. Here's something to keep in mind about that.

The researchers don't have a patent on peppers or garlic. The peppers are available at many grocery stores. Garlic is available at every grocery store in the United States, and probably the world over.

The point I'm making is that you have access to these ingredients, and you don't need a lab coat or a university degree to buy them.

Here's the info on the more sophisticated HCGH test:

The sophisticated test was developed by a Philippine Dr. Manuel D. Navarro in the late 1950's! His son, Dr. Efren Navarro, continues to analyse the test results. The test is called the "HCG Urine Immunoassay."

This HCG test can find cancer 12 to 27 months before other kinds of testing depending on the type of cancer.

When I checked into this two years ago, the test cost about \$50. To find out more, call Erlinda Suarez at (847) 359-3634.

The address is 631 Peregrine Dr., Palatine, IL 60067.

Please be aware that the turn around time for the test is about six weeks. So that test is better used to discover cancer before you think you have it.

The best to you.

Kelley Eidem

UPDATE: Here are some exciting comments posted below from two cancer patients who tried my recipe. It looks like they might be curing themselves!

#1 - "I wanted to make sure and report back to you after having followed your protocol for two weeks. I am SO PLEASED to say that the (stabbing, knife piercing) pains in my right breast are completely gone, and so is the lump! Kelley, this is so exciting for me! God bless you and thank you, thank you!"

#2 - "I was diagnosed with Stage 3 colorectal cancer (June 31) and a 10 inch (25cm) tumour. I felt terrible (painfully tired, bloody stool, flatulence, etc.). I submitted to 3 days of chemo and 13 out of 28 radiation treatments before I stopped.

"I don't know what the tumour is doing, but for the last three days I have been eating the buttered bread with habaneros pepper tincture. For the last seven days I have been using a sodium bicarbonate enema as well.

"Since starting the pepper bread I have never felt better, at least not in many months. The fatigue and pain are gone. I also started to crave the pepper bread. I was also taking 10 adjuvant food supplements a Harvard oncologist had recommended specifically for colorectal cancer, but I never felt really good until the pepper bread.

"There is a definite positive difference from the pepper bread that no other food, supplement, or treatment gave me. I will be continuing it indefinitely."

The best to you.

Kelley Eidem

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The address is 631 Peregrine Dr., Palatine, IL 60067.

Please be aware that the turn around time for the test is about 10 days.

Aanhangsel 3: Resonansie program voorbeeld:

Elke persoon moet sy eie program bepaal en van tyd tot tyd verander namate sy kondisie verander. Neem genoeg vloeistowwe in, rus en ontspan genoeg, neem genoeg aanvullings, kry genoeg (matig) sonskyn, ens. Hierdie program-voorbeeld demonstreer 'n tipiese program maar dit maak nie voorsiening vir enige spesifieke orgaan-faling, simptome, sekondêre effekte van medisyne en terapieë nie.

Afhangende van die liggaam kan parasiete-programme vir 3 tot 10 dae gebruik word met verskillende programme teen parasiete, flukes asook die Hulda Clark parasiet-programme.

Afhangende van die liggaam en die situasie van siekte, kan die liggaam vir 3 tot 6 dae ontgif word. Detox Assist program (3 min) kan na elke ander detoks program gebruik word. Die lewer en niere detoks program moet slegs gebruik word indien hierdie organe nie onder druk verkeer nie.

Dag:	Goeie liggaamsenergie	Normale liggaamfunksies	Verswakte liggaam
1	Parasites general 1 (45 min)	Parasites general 1	Parasites general 1
	Parasites general 2 (72 min)		
2	Parasites general alt(60 min)	Parasites general 2	
	Parasites general comp(102 min)		
3	Parasites general 1 (45 min)	Parasites general alternative	Parasites general 2
	Parasites general 2 (72 min)		
4	Parasites general flukes (69 min)	Parasites general comprehensive	
	Parasites general short set (36 min)		
5	Detox 1 intestines (51 min)	Detox 1 intestines (51 min)	Detox 1 intestines (51 min)
6	Detox 4 throughout body (52 min)	Detox 4 throughout the body	
7	Detox 2 parasite intestine (30 min)		Detox 4 throughout body
8	Detox and lymphs (39 min)	Detox 2 parasites in the intestines	
9	Cancer basic set (84 min)	Cancer basic set	Cancer basic set
	Cancer basic 1 (32 min)		
10	Cancer basic 2 (63 min)	Cancer basic 1 (32 min)	
	Cancer additional freq 1 (36 min) +Cancer additional freq 2 (12 min)		
11	Cancer breast 1 (75 min) (in geval van borskanker)	Cancer basic 2 (63 min)	Cancer basic 1 (32 min)
	Cancer breast 2 (66 min)		
12	Cancer breast 3 (63 min)	Cancer breast 1	
	Cancer breast 4 (30 min)		
13	Cancer breast 5 (62 min)	Cancer breast 2	Cancer basic 2 (63 min)
	Cancer BX virus (44 min)		
14	Cancer BY virus (28 min) + Cancer basic 1 (32 min)	Cancer breast 3	
	Cancer basic 2 (63 min)		
15	Cancer basic set (84 min)	Cancer breast 4	Cancer breast 1
	Cancer additional freq 1 (36 min) +Cancer additional freq 2 (12 min)		
+	Roteer weer al die kankerprogramme oor en oor	En daarna al die programme wat volg, roteer soos kolom 1	En daarna al die programme wat volg...soos kolom 1

Aanhangsel 4: Die Dr. Hoxsey Kruiieprogram teen Kanker.

Roger Bloom skryf in sy boek *Cancer Medicine from Nature* oor die kruiieformules van Edgar Cayce en Harry Hoxsey. Hy beskryf hoe twee keer meer Amerikaners elke jaar aan kanker sterf as wat in die hele tweede wêreldoorlog dood is. Meer as 500 000 mense sterf jaarliks aan kanker in Amerika. Dit is slegs om te toon hoe ernstig die situasie is en hoe ondoeltreffend die konvensionele mediese metodes is. Tog word dokters soos Dr. Rife (Rife masjiene of resonators), Dr. Hoxey en ander wat suksesvolle programme teen kanker ontwikkel gou vervolg en verwerp omdat hulle ongehoorsaam is aan die konvensionele mediese voorskrifte.

Kollegas van Hoxey het na sy vervolging in 1954 sy praktyk ondersoek en soos volg daaroor rapporteer: "We find as a fact that our investigation has demonstrated to our satisfaction that the Hoxsey Cancer Clinic at Dallas, Texas, is successfully treating pathologically proven cases of cancer, both internal and external, without the use of surgery, radium or x-ray."

Die volgende bestanddele is onder andere gebruik: Licorice, Stillingia, Cascara Sagrada, Prickley Ash Bark, Red Clover, Buckthorn Bark, Burdock, Berberis Root, Poke Root, Potassium Iodine. In die bogenoemde boek word verskeie formules gebruik wat ook Fluid Extract Yellow Dock Root, Essence of Tolu, Buchu Leaves, Elder Flower Sarsaparilla and Mandrake Root insluit.

Tree gerus in verbinding met die Hoxsey groep by www.hoxsey.com

Daar bestaan baie resepte en middels om teen kanker te werk. Al wat elkeen van ons moet doen is om ons eie navorsing daarvoor te doen en op te tree. Moenie vir iemand anders wag nie, dis jou lewe en jou verantwoordelikheid.

Aanhangsel 5: Verminder / Beheer Hiperaktiwiteit en Aandagafleibaarheidsindroom by jou kind.

1. Keep cell phones away from your child. These devices radiate microwaves, over-stimulating the child's brain.
2. Is there a cell phone tower at school or at home? These antennas radiate kilowatts of microwaves as repeaters to hundreds of cell phones all the time. Kids at these schools spend 6 hours + every day in these radiation fields.
3. Keep him away from the microwave oven when it's on.
4. Limit the use of microwave oven food (it destroys food nutrients, destroys digestive enzymes of food, it creates lots of free radicals in the food).
5. Never cook in plastic in the microwave oven, it releases toxins into the food.
6. Set good realistic borders at home and at your parent's homes. This creates a feeling of safety for the child.
7. Limit TV, computers and other visual stimulation. (for example, allow 2 half hour sessions per day).
8. Avoid or Limit all foods containing preservatives, colourants, plastic containers, machine processed foods, hormone growth stimulated foods, genetically modified foods.
9. Try to consume more raw food and try to let him chew his food for longer.
10. Try to remove all pollutants including any cigarette smoke, noise like background music, fan noise, etc.
11. Check that his room / bed does not border the kitchen. The microwave oven leaking radiation may penetrate through the wall.
12. Do not let animals sleep on his bed. The mites move into the pillow and he may breath them in, rotting in the sinuses and lungs. Also wash / replace the pillows from time to time.
13. The darker the bedroom at night the better, no flashing leds, lights, dimmed lights, etc.
14. Limit, avoid sugar, sweets, etc. Absolutely no to artificial sweeteners. Absolutely no to diet drinks and products.
15. Ensure not to overload his system with mineral / vitamin supplements.
16. Take supplements with food, consume enough water - not cooldrink.
17. Complete an anti-parasite course for everyone at least once a year when everybody feels up to it (Eg. Solal anti-parasite formula). Also treat pets at the same time and also more regular.
18. Detoxify the body from time to time, I suggest a light detoxification if the toxin levels are unknown (Eg. by using a combination of tissue salts or with a diet).
19. Use your RifeMedic responsibly as it is a potent modality. Take it slow when you detox with the RifeMedic, drink enough water during the detox time.
20. Boost and balance the immune system and brain functions by balanced products like Maxi-mind, Maxi-immunity.

Food Effects on Acid / Alkaline Bio-Chemical Balance

Most Alkaline	Medium Alkaline	Low Alkaline	Food Categories	Low Acid	Medium Acid	Most Acid
baking soda	spices / cinnamon	most herbs	Seasonings	curry	vanilla nutmeg	jam / jelly
cantaloupe honeydew lime nectarine raspberry watermelon tangerine	apple avocado cherry grapefruit lemon mango pear peach	orange apricot banana blueberry papaya pineapple grape strawberry	Fruits	dried fruit fig raisin date	plum prune tomato	cranberry pomegranate
broccoli collard greens daikon radish garlic kale lentil onion parsley sea vegetables	bell pepper cauliflower eggplant kohlrabi parsnip endive mustard greens ginger root sweet potato	Brussels sprouts beet cabbage chive dark lettuce mushroom potato pumpkin squash	Vegetables Beans Legumes	carrots corn on the cob rhubarb kidney beans spinach string beans	chard chickpea green pea lima beans navy beans peanuts pinto beans white beans tofu	carob peanut butter processed soybeans
pumpkin seeds	almonds cod liver oil poppy seeds primrose oil	avocado oil coconut oil flax oil olive oil sesame seeds sprouts	Nuts / Seeds Sprouts Oils	almond oil canola oil grape seed oil green soybeans pine nuts pumpkin seed oil	cashews pecans pistachios sesame oil safflower oil	brazil nut hazelnut walnut
		oats quinoa wild rice	Grains Cereals	brown rice buckwheat kasha millet	corn rye oat bran wheat	barley
			Fish Fowl	fish turkey venison wild duck	chicken lamb pork shellfish veal	beef lobster
		duck eggs quail eggs	Dairy / Eggs	chicken eggs cream yogurt	cow's milk soy cheese fresh cheese	processed cheese ice cream
	green tea	ginger tea	Beverages	Kona coffee	black tea	coffee beer
	molasses	rice syrup	Sweeteners	honey maple syrup	saccharin	sugar cocoa
	apple cider vinegar			rice vinegar	balsamic vinegar	white vinegar

75%

25%

Aanhangsel 7: Hulpbronne:

- Osoon klinieke:
1. Dr. Steve Hansen (Silvermont Johannesburg) 011 882 8588
 2. Dr. Shawn Stuart (Boksburg Johannesburg) 011 435 5777
 3. Dr. Peter Clark Essex (Sandton) 011 706 3280
- Gesondheidsentrum:
4. Dr. Pieter van Wyk (Randburg) 011 794 2750

Osoon word in die bloedstroom toegedien. Die effek van die osoon is vinnig en verskaf ekstra suurstof wat vinnig deur die bloed na al die organe en stelsels in die liggaam gevoer word. Hierdie is die heel eerste modaliteit wat oorweeg behoort te word direk nadat 'n persoon 'n beroerte ervaar het om breinskade te keer. Na 'n beroerte het die brein en liggaam reeds die afwesigheid van suurstof ervaar. Dit is van uiterste belang dat 'n persoon so gou moontlik by 'n osoonklinik moet kom. Nie dae later nie maar minute en ure daarna. Die gebruik van osoon matte wat in baddens gebruik word waar die lug met bietjie osoon daarby deur die water borrel is geheel en al onvoldoende.

Nadat 'n volwassene geval het of selfs skielik 'n 'afwesigheid' ervaar het, toets altyd die persoon om te sien dat dit nie deur 'n ligte beroerte veroorsaak is nie. Die persoon moet reg praat, weet wie hy is en waar hy is, kan reguit glimlag (mond moenie skeef trek nie), sy tong reguit uitsteek, die oë en pupille moet normaal funksioneer en kan rondbeweeg. Gee dus die opdragte soos: Wie is jy? Waar is jy? Glimlag asseblief, steek asseblief jou tong uit, kyk vir my vinger (beweeg vinger heen en weer.)

Simptome van 'n hartaanval kan een of meer van die volgende insluit: Ervaar pyn in die hart, hartaritmie of onreëlmatige hartklop, hartversaking, hoë bloeddruk, lae bloeddruk, pyn in die borskas, pyn in die linker binnearm of linkerarm (selfs ligte pyn), 'n gevoel van bedrukking of benoudheid, oormatige moegheid, sweet uitslag, ongemak, swelling in linker-enkel of beide enkels, of ander simptome wat deur bogenoemde veroorsaak kan word soos duiseligheid, die gevoel dat iets ernstig verkeerd is en ander abnormale liggaam funksies. Indien mens in die verkeer is of ver van hulp af is en jy besef jy mag dalk 'n hartaanval kry, probeer kalmeer, trek die voertuig uit die pad uit, hoes aanhoudend sodat die hart sy ritme kan herwin, probeer iemand se aandag trek om jou te kom help, bel 'n nooddienst en bel nog twee ander persone wat jou iewers kan ontmoet en wie ander nooddienste kan inlig.

Hydrogen Peroxide 35% Food grade, 20 / 25 litre: Crest Chemicals (Midrand) 011 254 3300

Hierdie produk moet met groot versigtigheid hanteer word omdat dit 'n aggressiewe oksidant is en dit selfs die vel lelik brand met aanraking selfs al is die konsentrasie net 35%. Die waterstofperoksied lyk soos water (H₂O₂). Dit moet in goed gemerkte bottels oorgetap word en voeg 500 ml daarvan in 'n gewone bad warm water. Dit is dan dus baie verdun. Week in die bad vir solank moontlik. Die waterstofperoksied word deur die vel ingeneem en verskaf ekstra suurstof aan die bloedstroom. Hierdie maklike modaliteit kan veral deur mense gebruik word met verlaagde suurstofopname deur die longe. Hou hierdie produk buite die bereik van kinders.

Vir algemene en natuurlike gesondheid inligting, konsultasies, skanderings en ander gesondheid modaliteite, kontak gerus ons gesondheid fasiliteit in Randburg by 011 794 2750

EIS Skanderings: Toets die liggaam en dui biochemiese vlakke van die liggaam aan. Dit is 'n goeie wetenskaplik-mediese skandering wat binne 3 minute die resultate verskaf. Infeksies, hormoonvlakke, brein funksies, orgaan funksies, bio-chemiese funksies, pH balans, mineraalvlakke, liggaamsamestelling gegewens, BMI, en meer word aangedui. Die stelsel verskaf 'n wetenskaplike dieet om die liggaam te help. Dit stel ook gepaste oefeninge voor.

Mediese massering: Hierdie is 'n moet vir elke persoon om die liggaam energie te gee, te balanseer, te ontgif, sirkulasie te bevorder, van stres te ontlai, en algehele gesondheid te bevorder. Die effek van die massering kan deur die EIS stelsel gemonitor word.

Genesende Regressie: 'n Trauma en emosie fasilitering program. Trauma, tragedie, gebeurtenisse, beloftes en eed wat nie meer nagekom kan word nie (soos mense wat skei, onmoontlike situasies), skuldgevoelens of enige aspekte wat jou liggaam en siel verswak of aantast of wat jou aankla, word in 'n proses voor God in sy aanwesigheid en met ander mense in hul afwesigheid hanteer. Die fasiliteerder word ook jou getuie voor God.

Kretiewe ontwikkelingsproses: Dit bestaan uit verskeie aspekte wat 'n persoon lei en hom geestelike, spirituele en emosionele groei laat ervaar. Die resultaat is persoonlike groei, persoonlike versterking, selfvertroue, goeie selfbeeld, emosionele volwassenheid, perspektief, genesing van trauma, genesing van misbruik en afhanklikheid, losbreek van emosionele bindinge en meer.

Aanhangsel 8:

Aspersies teen kanker

Interesting article: "My Mom had been taking the full-stalk canned style asparagus that she pureed and she took 4 tablespoons in the morning and 4 tablespoons later in the day. She did this for over a month. She is on chemo pills for Stage 3 lung cancer in the pleural area and her cancer cell count went from 386 down to 125 as of this past week. Her oncologist said she does not need to see him for 3 months."

THE ARTICLE:

Several years ago, I had a man seeking asparagus for a friend who had cancer. He gave me a photocopied copy of an article, entitled, 'Asparagus for cancer' printed in Cancer News Journal, .

I will share it here, just as it was shared with me: 'I am a biochemist, and have specialized in the relation of diet to health for over 50 years. Several years ago, I learned of the discovery of Richard R. Vensal, D.D.S. that asparagus might cure cancer.

Since then, I have worked with him on his project. We have accumulated a number of favorable case histories.

Here are a few examples:

Case No. 1, A man with an almost hopeless case of Hodgkin's disease (cancer of the lymph glands) who was completely incapacitated. Within 1 year of starting the asparagus therapy, his doctors were unable to detect any signs of cancer, and he was back on a schedule of strenuous exercise.

Case No. 2, a successful businessman 68 years old who suffered from cancer of the bladder for 16 years. After years of medical treatments, including radiation without improvement, he went on asparagus. Within 3 months, examinations revealed that his bladder tumor had disappeared and that his kidneys were normal.

Case No. 3, a man who had lung cancer. On

March 5th, he was put on the operating table where they found lung cancer so widely spread that it was inoperable. The surgeon sewed him up and declared his case hopeless. On April 5th he heard about the asparagus therapy and immediately started taking it. By August, x-ray pictures revealed that all signs of the cancer had disappeared. He is back at his regular business routine.

Case No. 4, a woman who was troubled for a number of years with skin cancer. She finally developed different skin cancers which were diagnosed by asking specialist as advanced.... Within 3 months after starting on asparagus, her skin specialist said that her skin looked fine and no more skin lesions. This woman reported that the asparagus therapy also cured her kidney disease, which started in 1949. She had over 10 operations for kidney stones, and was receiving government disability payments for an inoperable, terminal, kidney condition. She attributes the cure of this kidney trouble entirely to the asparagus.

I was not surprised at this result, as 'The elements of materia medica', edited in 1854 by a Professor at the University of Pennsylvania, stated that asparagus was used as a popular remedy for kidney stones. He even referred to experiments, in 1739, on the power of asparagus in dissolving stones.

We would have other case histories but the medical establishment has interfered with our obtaining some of the records. I am therefore appealing to readers to spread this good news and help us to gather a large number of case histories that will overwhelm the medical skeptics about this unbelievably simple and natural remedy.

For the treatment, asparagus should be cooked before using, and therefore canned asparagus is just as good as fresh. I have corresponded with the two leading canners of asparagus, Giant and Stokely, and I am satisfied that these brands contain no pesticides or preservatives.

Place the cooked asparagus in a blender and liquefy to make a puree, and store in the refrigerator. Give the patient 4 full tablespoons twice daily, morning and evening.

Patients usually show some improvement in from 2-4 weeks. It can be diluted with water and used as a cold or hot drink. This suggested dosage is based on present experience, but certainly larger amounts can do no harm and may be needed in some cases.

As a biochemist I am convinced of the old saying that 'what cures can prevent' Based on this theory, my wife and I have been using asparagus puree as a beverage with our meals.

We take 2 tablespoons diluted in water to suit our taste with breakfast and with dinner. I take mine hot and my wife prefers hers cold. For years we have made it a practice to have blood surveys taken as part of our regular checkups..

The last blood survey, taken by a medical doctor who specializes in the nutritional approach to health, showed substantial improvements in all categories over the last one, and we can attribute these improvements to nothing but the asparagus drink...

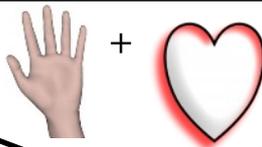
As a biochemist, I have made an extensive study of all aspects of cancer, and all of the proposed cures. As a result, I am convinced that asparagus fits in better with the latest theories about cancer. Asparagus contains a good supply of protein called histones, which are believed to be active in controlling cell growth. For that reason, I believe asparagus can be said to contain a substance that I call cell growth normalizer. That accounts for its action on cancer and in acting as a general body tonic.

In any event, regardless of theory, asparagus used as we suggest, is a harmless substance. The FDA cannot prevent you from using it and it may do you much good.

It has been reported by the US National Cancer Institute, that asparagus is the highest tested food containing glutathione, which is considered one of the body's most potent anticarcinogens and antioxidants.

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Celia van Wyk	011 794 2750	072 145 1437

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| 5: Gesondheidsorg Voorligting | 6: Voedsel Aanvullings |
| 7: Osoon Stoom Sauna | 8: Health and Healing Sciences School |

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Effata Good Hope Health's and Valued Life Health's Scope of Practice:

The right of admission is reserved. This is not a medical facility. No diagnosis or treatment of illness will be entertained. Health care practitioners may in terms of their profession suggest life style changes, food supplements and therapies for clients to consider. We recognise, respect and insist on the right of each individual to take full responsibility for their own life and health. Each individual has to act only on their sole decisions. No supplement, program or action applied will intend to replace any medical treatment or medicine prescribed by a physician in any way whatsoever. In no way whatsoever will these health care facilities or any of its health care practitioners or therapists or personnel be kept liable or responsible, including but not limited to, for any result, incurrence, action, reaction, damage, loss, suffering, attaining, invasion, illness, condition, defect, etc. of any person or their belongings that may result from, including but not limited to, any foreseen or unforeseen action, accident, information, suggestion, application, therapy, supplement, expectancy, testing, scanning, defect, deficiency, illness, invasion, etc. Under the current legislation of South Africa, consultations, therapies, supplements and services provided by these facilities may not be paid by medical schemes. These facilities and what it offer are entered and are used at your own risk. We are protected by the South African Bill of Rights.

Aanhangsel 9: Kleurterapie

Kleur is frekwensies van lig wat deur die lug beweeg. Natuurlik het dit goeie balanserende en genesende effekte op ons liggaam. Dit werk sagkuns en veilig.

Vir die doel van gesondheid en genesing, het ons 'n goeie kleurterapie-kursus ontwikkel wat mens kan aankoop.

Indien mens jou eie kleur-toepassing wil gebruik, koop groot stukke dun lap en draai jouself daarin toe. Jy moet geen ander klere onder die lap aan hê nie. Gaan vir kort veilige tye in die son sodat die sonstrale die lap penetreer en dir hele liggaam met die kleur van die lap bestraal.

Aanhangsel 10: Anti-kanker kruie en natuurlike middels

Navorsing oor die gebruik van die volgende, moet u self onderneem.

Selenium
Kankerbossie - *Sutherlandia frutescens*
Afrika aartappel
Appelkoospit
Kombucha (gesonde tee fungus)

Treating Cancer with Herbs, Dr Michael Tierra, bladsy 267 tot 284 beskryf verskeie kruiekombinasies teen spesifieke kankers soos borskanker, prostaatkanker, longkanker, maagkanker, velkanker, bloedkanker, en meer.

Aanhangsel 11: More Seriously considerable products!

Melatonin: Melatonin is a healing agent and hormone that is naturally secreted by the pineal gland in the brain. It is well associated with good sleep and healing. Scientific studies have shown that Melatonin is a good anti-cancer agent and may be used therapeutically to combat cancer. It can be bought in capsule form. Please follow the supplier instructions but find the research and utilise this product together with other protocols. Some pharmacies may "hide" this product from the public. All good things are suppressed and hidden from the general public. If you are sick, you have to suffer and pay up. Of course we object and resist this evil system. If you don't see it, ask for it. It is a natural supplement that everybody can buy.

MMS: The original name for this product was Miracle Mineral Supplement, but due to pressure and intimidation from the pharmaceutical industries and the FDA, it may now have various other names but it is still MMS.

It is worth taking a serious look at this product at www.jimhumble.biz. If the web site does not work, just google MMS jim humble and you will find many links. The latest part one MMS e-book should be downloaded (free) that provides enough information to encourage you to take this product very serious. MMS is available from various health shops in South Africa. Be ware that some of these are way over-priced! Two 50 ml bottles that forms MMS should cost no more than R 100. We offer MMS at R 50 for the 2 bottles.

Essiac tea: Essiac tea is a combination of several herbs. The recipe was apparently originally given to Rene Caisse, a Canadian nurse, by Red Indians to use against cancer. Please make sure you do not buy over priced products and that the quality is the best. Various organizations in South Africa offer this product for sale. Google: [essica tea co.za](http://essica-tea.co.za).

The use of Herbs together with Allopathic medicine: Please ensure that you always check the contra-indications of herbs on allopathic medicines from a reliable scientific source, before you use the herbs.

Protokol vir elke individu:

Ek stel beslis voor dat elke persoon verskeie protokols toets om te probeer bepaal watter terapie werk vir hom die beste. Die RifeMedic bio-resonansie is baie aggressief en sal gewasse krimp. Dit mag ook die weerstandige elemente afbreek sodat die liggaam se verdedigingstelsels die kanker kan aanvat. Dit mag beteken dat bloedtellings mag lyk of die probleem aanvanklik vererger. Dit is juis wanneer die kanker se beskermingsmeganismes afgebreek word dat bio-resonansie saam met ander protokols die kanker aggressief takel en uitwis.

Studies wys dat kanker ongelukkig gewoonlik versprei na sjirurgie, veral in gevalle waar die kanker in 'n meer gevorderde stadium is. Die geruik van chemo-terapie en bestraling is erg toksies en nadelig vir die liggaam. Die mediese stelsel sal hierdie terapie deur middel van vrees afdwing. Dit sal volhou word totdat die mediese fonds en persoonlike fondse uitgeput is. Daarna sal die dokters "opgee" en kan hulle jou nie verder ondersteun nie. Hulle hoef hoegenaamd geen belang by jou te hê as jy nie kan betaal nie of as jou geld op is. In baie gevalle is dit die medisyne en toksiese terapie wat die persoon laat sterf, en nie die kanker nie.

Kry persepsie van die stelsel waatin ons leef.

Rifemasjiene as persoonlike alternatiewe gesondheidsorg middel.

Rifemasjiene het programme wat deur die werking van elektriese frekwensies, siektetoestande kan afbreek, kliere, organe en liggaamsdele stimuleer en die liggaamlike prosesse verbeter sodat die liggaam homself kan genees en gesond hou.

Rife Masjiene of Bio-resonators, het reeds 'n geskiedenis van langer as vyftien jaar in Suid-Afrika. Etlike duisende mense het voordeel getrek en baie se lewe is gered deur die gebruik van 'n Rife-masjien, veral waar die allopatiese medici raadop was.

Lees hier hoe 'n Rifemasjien jou kan bevoordeel sonder toksiese medisyne, sonder nuwe effek, sonder afhanklikheid aan chemiese middels.

Die mediese stelsel waaraan meeste mense deelneem, funksioneer binne spesifieke grense van befondsing en dienooreenkomstige voordeel. Maar sodra jou mediese ondersteuning staak, en jy self nie meer jou toestand finansieel kan dra nie, kan die wonderlike stelsel jou nie verder akkomodeer nie en word jy verwerp om in ellende te ly en te sterf sonder dat enigiemand hoegenaamd simpatie hoef te hê. Dr. Royal Ramond Rife is deur Amerikaanse farmaseutiese organisasies vernietig nadat hy bewys het dat hy verskeie terminaal kanker-pasiënte gesond gemaak het sonder medisyne.

Rifemasjiene word deur die FDA (Food and Drug Association of America) en farmaseutiese maatskappye verwerp. In Suid-Afrika volg die mediese stelsel die riglyne van hierdie Amerikaanse organisasies wat byna die hele wêreld manipuleer, intimideer en finansieel tap. Toerusting wat by die mediese stelsels geregistreer is, voldoen nie noodwendig aan enige tegniese vereistes of kwaliteite nie. Inteendeel, volgens toetse, is dit juis van die swakstes maar mag amptelik as mediese toerusting gebruik word.

Rifemasjiene soos die bekende RifeMedic stelsels, word as alternatiewe gesondheidsorg toerusting verskaf en weier om deur die mediese stelsels beheer te word. Hierdie stelsels is van die beste kwaliteit in die wêreld en word deur medici en individue dwarsoor die wêreld gebruik omdat dit die regte gesondheid effek teweeg bring. Hierdie stelsels is deur die Suid-Afrikaanse owerhede getoets en veilig verklaar om te kan gebruik deur mense.

Navorsers deur die wêreld, toets frekwensies op organismes en die effek daarvan wanneer mense siektetoestande ontwikkel. Verskillende frekwensies word dan as 'n program saamgestel om 'n siektetoestand te help genees.

Rifemasjiene moet holisties gebruik word. Dit beteken dat die liggaam ook ander bronne benodig om die werking van die frekwensies te ondersteun. Die liggaam het water nodig om al die toksiese afval wat los geskud en uit selle gevibreer word, uit die liggaam te spoel. Voeding is nodig om energie produkte aan die hele liggaam te voorsien. Aksie is nodig om die immuunstelsel gesond en paraat te hou. Massering is nodig om die are, bloed, limf, spiere en senuweestelsel te oefen en te stimuleer. 'n Gesonde omgewing is nodig om positiewe elemente van die lewe te kan ervaar.

Duisende RifeMedic toestelle word daagliks deur mense gebruik. Wanneer mens reis, of mense besoek, kan die Rifemasjien saamgaan vir ingeval 'n spinnekop iemand byt, iemand skielik maagkrampe ervaar, verkoue of griep kry, voedselvergiftiging opdoen, bakteriese infeksie opdoen.

Die RifeMedic is uitstekend vir mense met kroniese gesondheidstoestande soos artritis, sirkulasie probleme, spier pyne, kopseer, vel infeksies, malaria, allergie, verslawing en honderde ander toestande. Dit werk ook baie goed om siektetoestande te keer sodra mens voel dit begin, soos verkoue, griep, sinusitis. Die RifeMedic kan ook doeltreffend gebruik word met akute toestande soos om wonde te help genees, spinnekopgif te neutraliseer, velkondisies soos gordelroos vinnig te stop, beenbreuke vinnig te help genees, ook griep, cholera, tuberkulose, longontsteking, breinvliesontsteking, en meer. Daar is ook verskeie emosionele toestand programme.

Die frekwensieband waarin 'n Rifemasjien kan funksioneer, is 'n goeie aanduiding van die sein-kwaliteit van die toestel. 'n Toestel wat net tot 20 000 hertz werk is vyfvoudig swakker as 'n toestel wat tot 100 000 hertz kan werk. 'n Toestel soos die RifeMedic wat tot hoër as 1 200 000 kan werk, is sestigvoudig beter as die toestel van 20 000 hertz. Die aantal programme van 'n toestel, is 'n goeie aanduiding van hoe omvattend die vervaardiger die toestel gemaak het. RifeMedic toestelle het tot 4 300 programme teenoor ander toestelle wat net 'n paar honderd programme het.

Die aankoop van 'n Rifemasjien is 'n eenmalige uitgawe en belegging. Dit behoort die hele gesin te help deur alle gesondheidstoestande of om as gesondheid ondersteuning gebruik te word. Parasiete kan gedood word, ontgiftiging van die liggaam en organe kan gedoen word, simulاسie van die immuniteit kan gedoen word, gewigverlies kan bevorder word, algehele verskerping van sensoriese stelsels en die gesondheid daarvan kan bewerkstellig word.

Rifemasjiene mag nie deur swanger persone gebruik word nie. Omdat dit 'n aggressiewe modaliteit is, moet mense wat aan lewensondersteuningstoestel gekoppel is soos 'n hart-pasaangeër, mense met hart risiko's, sekere tipes trombose, sekere tipes epilepsie en ander gevaarlike toestande, nie 'n Rifemasjien gebruik nie. Die gebruik van 'n Rifemasjien bly 'n persoonlike ingeligte keuse en die risiko daaraan berus by elke gebruiker self.

"If it is not a RifeMedic, don't use it" is die kommentaar van 'n groep Ierse medici wat die RifeMedic toestelle en ander toestelle al vir langer as tien jaar gebruik.

Ons verteenwoordiger in Engeland het laat weet dat hy 'n toestel aan 'n persoon verkoop het en omgekras was omdat die persoon verlang het om persoonlike opleiding te ontvang. Toe hy daar opdaag, was dit die Minister van Gesondheid wat vit haarself 'n RifeMedic gekoop het!

Ons hoor elke week van mense wat getuig hoe die RifeMedic brandwonde help genees het sonder dat daar ooit enige infeksie voorgekom het, hoe beenbreuke vinnig genees het, hoe spierbeterings vinnig genees het, die mense se sig verbeter het, hoe kroniese siektetoestande tot 'n einde gekom het, hoe mense die dood vrygespring het nadat medici opgegee het, hoe mense se lewensgehalte verbeter het, hoe mense weer positief en entoesiasties is vir die lewe.

Die RifeMedic toestelle in Suid-Afrika, funksioneer al byna vir vyftien jaar en die probleme met die toestelle is 0.001 persent. Probleme ontstaan veral waar mense 'n toestel laat val of as gevolg van weerligskade.

RifeMedic toestelle is innoverend en kan ander modaliteite by gebruik soos elektromagnetiese frekwensie toepassing, 'water imprinting' en 'Radionics afstandbehandeling'. Ons toestelle kan

ook vir troeteldiere en plante gebruik word. Die goedkoopste RifeMedic toestel is steeds meer as vyfvoudig beter as ander duurder toestelle wat ingevoer of plaaslik as mediese toestelle bemark word.

Vir omvattende inligting, besoek gerus ons webtuiste op www.rifemedic.co.za.
Kontak ons gerus op 011 794 2750 of stuur 'n epos aan my by modeltec@icon.co.za.

Beste groete,
Dr. Pieter van Wyk
Ph.D, Alternatiewe gesondheid

HOW THE LORD TOLD ME TO CURE CANCER

by George Cairns

(This is a reprint of the article in The Northwest Herald)

Please save this page as it won't be printed again by me. It may save your life or the life of a love one or a friend. Anyone may reprint this if they print it word for word.

Every week around 10,000 people die of cancer. Government figures show the death rate for cancer deaths has not changed in the last 10 years. Chemo and radiation only save around 10% of the people treated. So this shows our doctors don't have much to work with. As this article goes on, I will explain how to prepare this plant and how much to take. There is nothing to buy. For some reason, the Lord has picked me to carry these words to you. I am only the delivery boy, and none of this is my idea. I do believe every word I write here, and I'm living proof it works. The cost of printing is my thanks to God for giving me back my life and health.

A little over three years ago I was about done in with cancer. One morning as I was waking up and hoping the end would come soon, a voice came to me and said. "You have to do something about your prostate cancer. Take the root of the dandelion. Don't expect a miracle. It took you a long time to get in this condition." The voice was gone. I thought the voice was kidding to use the dandelion. When this voice tells you to do something, you do it. You must do it, like writing this article. It is the last thing I ever expected to do. Then I thought he didn't tell me how much to take or how to prepare it. As soon as you could blink an eye. I knew how much to take, how to prepare it, and it would take 4 to 6 months to cure me. I also knew I wasn't to make a penny on it.

As soon as I got around that morning, I dug some roots and started to prepare it. About a week later I started taking it. Three weeks later the pain in my back and side was gone and my bowels had improved. Five and one-half months later they could find no cancer problem in me at all.

I then wanted to find someone else to try it, and that was the biggest problem yet. Nobody seems to want to help. When I told doctors, they just smiled as if I was nuts. Finally, I was telling a friend about it and he said he had a friend that was dying of lung cancer. He had it in both lungs and was bed ridden. They were tapping his lungs. He had been given 4 to 6 weeks to live. After he had been on this powder about six weeks, he was up and around doing his chores and driving his car. He went to his doctor's office, and the doctors could not believe it. They took him to the hospital and gave him a CAT scan. They found no cancer lesions in his lungs and said it was a miracle. I then put an ad in The Northwest Herald offering it free, and four people said they would try it.

Slowly one person told another and it spread. There was a fair amount of people taking it for different kinds of cancer and several for other things. For instance, a man lost the use of his immune system and was told he wouldn't be able to work again for three years, in six months he is now working ½ days and feeling better. I

know this is not a cure-all. It won't help everyone or all kinds of cancer. I know it is not a cure for skin cancer and it hasn't had luck with brain tumors. There is a doctor in Boston, Massachusetts that has developed a vaccine that is doing great things. This has been successful with prostate, colon, breast, liver and best of all with lung cancer. Five people have taken it for lung cancer and all five have been cured once. The immune system controls the cancer cells in your body. As long as the immune system is healthy, you don't usually have a cancer problem. When your immune system gets run down, it loses control of the cancer cells, and they start eating live cells and this is what they call cancer. This powder made from dandelion root has something in it that builds up the blood and the immune system.

When the immune system is built up so far, it gets back control of cancer cells, and they do an about face and start cleaning up the mess they've made. This is why you must have a fair appetite because your body must build itself up and be healthy if your immune system is going to be strong. This will not work for people that have lost their appetite or are on CHEMO. Doctors try to blast the cancer out of your body with Chemo or radiation. By doing so, it destroys your immune system and appetite. These are the most important things your body needs to beat cancer. Operations also knock the immune system haywire. This is why so many people that have operations for cancer find that a short time later it has spread somewhere else.

Many of the worst diseases that have plagued the world have been cured quite easily. When I was a boy, women dreaded the goiter more than cancer. A little iodine in the diet cured that. For hundred of years the most dreaded diseases was leprosy and lockjaw. A doctor found he could produce penicillin from moldy bread and could cure them and many more things. How long has moldy bread been around? I'm sure scientists will find many uses for the powder made from the root of the dandelions besides cancer. I have already found it builds up the blood so you heal much faster.

How To Make It . . .

To make the powder from the dandelion root you must follow my directions to the letter. Any changes and it won't work. Dig a handful of dandelion roots any time of the year – it doesn't matter. Cut the leaves off just below the crown. DO NOT WASH. Then they must be dried around 100 degrees. I do it in an incubator with no water. You can also dry them under a heat light bulb if you raise or lower it so it's 100 degrees. You can also use the sun or put them in the attic if it's not too hot. It takes about 5 or 6 days in the incubator. I have not done this all the way under the heat light. When you break a root and it snaps it is ready to powder. Take an old iron frying pan and a clean hammer. Take one root at a time and place in the frying pan and start tapping. Don't hit hard or it will fly all over the place. I put my hand around the root to keep most of it in the pan. If it sticks to the hammer and pan, and doesn't crumble in your fingers, it isn't dry enough. Keep it up until you have enough to start. It takes about 20 minutes to ½ hour to prepare enough for a week. When you get used to it you can go much faster.

I have an old vessel that druggists used to pound pills (Mortar & Pestle), this goes much faster. DO NOT USE AN ELECTRIC GRINDER, it won't work if you do. You lose too much of the good part in dust. You must do it as I have said or don't do it at all. I've tried shortcuts, but it seems someone was looking over my shoulder, and I know when I made a mistake. I'm just an old farmer and not a scientist, so I wouldn't know the correct amount to take on my own. Now take a little over one-half teaspoon once a day at any time and mix it with water, orange juice, etc. Do not use in soft drinks, liquor, or anything hot. When mixed, use it all. Don't let it stand around. Keep the powder in a dry place. After taking it three or four days, you will feel good, but nothing else. That is because your blood is building up. When you blood is happy, you're happy. In most cases, this will build your immune system in from three days to three weeks to the point it takes back control of cancer cells and thus the cancer stops spreading. In most cases it is going to help. There is no body feeling as it works. You just feel a little better each week. After three weeks most of the pain will be gone in your back and you know it's working if you had pain there like I did. If you have bone cancer in the spine, it will take three months to work. This is not an overnight cure. It took a while to get in this condition and it will take a while for your body to heal. The sooner you start, the quicker you will be over cancer. Young people heal faster than old people, but it will help at any age. I know because I'm 80 and have been taking it for over three years. No cancer has come back and no side effects except when my body has had enough, it lets me know by getting heart burn. Then I back off some. Some people get stomach aches when

they need less. It also means your cancer is under control and you don't need as much. You will also find you probably won't catch a cold while you are taking it full-strength.

The biggest enemy for this root is Chemo. The stronger the Chemo, the less chance the powder has to help you as Chemo tears your immune system and appetite down, two of the most important things you need to cure cancer. There is only a ten percent chance Chemo will cure you. With no chemo, your chances are 75 to 80% but you must take it every day. Don't let your doctor give you that old treat if you turn him down that goes, "If you want to throw your life away, I can't stop you." Just remember that 90% of the people that take his advice and take chemo are in the cemetery. Don't blame the doctor, he is doing his best with what he has to work with or you could ask for a written guarantee.

I have only mentioned cancers that I know people have had and used this root. It should help pancreas cancer if taken before the appetite is gone and most body cancer. This is food, not a drug. It shouldn't interfere with medicine your doctor may be giving you. Only two doctors have told patients to keep taking the powder when they have made a miracle recovery. The rest of the doctors have run the powder down and blasted the people even if the cancer has disappeared.

The medical world is not going to accept this easily.

Going back to not washing the roots and leaving a little soil on them, it is for your own good. A good bit of immunity comes from the soil, it starts as soon as you are born. Your fingers touch something, and you put them in your mouth. A little dirt at first, and more as you grow older and start crawling. Then everything you touch goes in the mouth. When children go outside to play and when they come in, they are the dirtiest around the mouth and hand. The hands go in their mouths no matter how dirty they are. Many diseases and bacteria live in the ground, but they don't seem to cause any trouble but it does build up the immune system. Some animals can't live if they can't eat a certain amount of soil. If you read this article over, you will see it all goes back to common sense. I wish all of you people with cancer and other problems the best.

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This article does not necessarily reflect the opinion of the Northwest Herald.

The dandelion root powder you can buy at a Health Food Store is not made the same way. It is not known to help cancer.

September, 2007

[Note: Here are some updated instructions that George has been giving to people since the first article was published. He recommends that people concentrate on the harvesting and processing the dandelions, and hope they are in season when you need them.]

To make dandelion root powder, let's start at the beginning. This would be collecting the seed. The seed is at the base of the white fluffy crown that appears when the yellow flower matures. Blow on them and they fly away. These little seeds do not grow until the next spring. I collect the seeds in May and June, then I put them in the freezer. This way you fool Mother Nature as the seeds must freeze before they grow. This way you can grow the seed the same year you collect them. Work up the land where you are going to plant them and spread the seeds on top of the ground and rake them [into the soil] very lightly and water [them]. I usually plant the seeds in August.

I dig up the seedlings the next April. I try to do all my transplanting in April as by the end of April they start blooming which takes the energy away from making roots. It's a good thing to pick the buds off for the first

couple of months. When I dig the seedlings up in April, I plant them about 6 inches apart in rows 18 to 20 inches apart. I hoe them when needed and keep the weeds and grass out of them. After about 2 months you won't be able to hoe as they will cover the ground. Then I pull the weeds and grass out of the bed. Water when needed.

I usually start digging them up in October. By this time some of the roots will be 1 inch in diameter. I shake off most of the dirt [but not all] and slice lengthwise the bigger roots to about 1/4 inch so they will dry evenly. To dry them I use a forced-air incubator without any water in it. I set the incubator at 100 degrees or a little less. It takes about 5 days until they are ready to grind. You can use a dehydrator set around 100 degrees. If it doesn't have settings, don't use it. You can also dry in the sun if you put them in something the wind can blow through, like a small potato or onion sack. Hang them in the sun but take them down in late afternoon and put in a plastic sack and tie it. If you don't they will pick up moisture and you will be back where you started. Then put them out the next day when the sun is up. Once you have heat in the house, it's no trouble as they will dry OK most anywhere there is heat, like near a register or stove. The excess dirt will pop off as they dry. Mother Nature knows how much to leave. If the roots are very clean, add a little dirt as this powder won't work without the dirt.

When you make powder, try not to lose anything. Pound the roots flat, then put in an electric coffee grinder for 25 seconds and you have powder. You can also keep pounding and crumbling until you have it the right fineness. What I did for a long time, a friend gave me a cast iron pestle and mortar. With this you can get it down as fine as you wish.

To store, put in an air-tight jar and fill as near to the top as possible. I've kept it 10 months this way. Also, keep in a dry place.

George Cairns Woodstock, Illinois, USA

Dr Hulda Clark, 21 Day Cancer Cure Recipe from Dr Clark's Book
Day 1

1. Kill all your parasites in a single day. This includes mopping-up after tapeworm stages, flukes, and Ascaris worms.

- 2 tsp. green black walnut hull tincture extra strength
- 9 capsules cloves (500 mg each)
- 9 capsules wormwood (200 to 300 mg each)

Mix the tincture with fruit juice (hand squeezed) or filtered water and spoon it down carefully or sip slowly. You may add honey and cinnamon. Don't let it stand after mixing, it begins to lose its potency after twenty minutes. Keep the stock bottle refrigerated. Take the capsules afterward, one at a time.

You may take these later in the day if you wish. Keep a bit of bread nearby, to swallow if a capsule sticks. If you have stomach cancer or liver cancer, the alcohol could be harmful. There are some powdered black walnut hull capsules on the market, but beware! Some have no potency, while others are extremely potent. Ones I have tested are listed in Sources along with the number of capsules to be taken.

Later in the day, when you are comfortable, mop up after shielded parasites and viruses that still survive. Use cysteine and ozonated olive oil.

- L-cysteine 500 mg, take two capsules, twice within ½ hour. You may snip open and empty capsules into broth or other tart beverage (like lemonade). This avoids tummy twinges from the undissolved crystals. Stay seated until side effects wear off (a half hour). Do not drive a car.
- Add 4 drops HCl (5%) to a cup of olive oil. Ozonate for 25 minutes, using a ceramic or wooden aerator. Then cap tightly and store in freezer until used. If it will be used the

same day, store in refrigerator. Take 1 tbs. at least 5 hours after the cysteine. If you take it sooner, it will undo some of the benefit of cysteine. It is quite palatable mixed with mashed potatoes or pasta. Do not gulp it straight since this could give you nausea.

If you do not have cysteine yet, take the ozonated oil anyway. If you do not have an ozonator to make ozonated oil, take the cysteine anyway. Catch up as missing ingredients arrive. Repeat the whole parasite program daily.

The amount of black walnut tincture extra strength may be increased to 10 tsp. if there are only days remaining, especially for brain and bone marrow cancers which are hard to reach. You may take it in 2 tsp. doses five times in a half hour or all at once. Another effective schedule is 8 tsp. followed by a one hour rest, then another 8 tsp. Choose what is easiest for you. Only 9 capsules of cloves and wormwood are needed, though. Try to avoid nausea by eating bits of bread afterward, with a drop or two of sterilized mint oil. You might wonder why there is a need for repeat treatments at all if these doses are truly effective. The explanation is that parasites tightly encased inside a tumor with little circulation are very hard to reach. They continually emerge to reinfect the body and must be promptly killed.

2. Use a Frequency Generator like Zapper Digital every day set it to the Cancer Frequencies in the CAFL book. This will gradually remove ferritin from your white blood cells. It also brings North pole magnetic fields into your body which remove lanthanide metals, besides outright killing of parasites and bacteria. Use Zapper Digital more often if extremely ill.

3. Start your dental work. If you have only weeks left, but can sit in a dentist's chair, take the first appointment available and have all your teeth with metal or plastic fillings extracted. You do not have time to wait for the tedious task of cleaning up teeth that have small fillings. Do not waste a day deliberating over any teeth! You may request general anesthesia if the dental surgeon agrees.

Be sure to clean out cavitations that can be seen on Xrays. Hidden cavitations can be cleaned up later. [Note: If your red blood cell count is 3.2 or less, you should request a transfusion first, to make up for the minor blood loss during extraction. You should also be off any blood thinner and not use aspirin for pain the day before and during dental work. If your platelet count is below 10,000, you should request a dose of platelets first to protect you

If you have more than three weeks remaining, take the first appointment available to extract all teeth with large metal or plastic fillings, and teeth that are capped, or have root canals. After healing for five days to let the gums close, get a digital X-ray exam of the front teeth. Plastic fillings can be identified and drilled out. Your recovery now depends on perfection practiced by your dentist; the tiniest speck of plastic remaining will still show its poisonous effect on your next blood test and will prevent recovery (high LDH, alkaline phosphatase, globulin, low iron). Leave the fresh cavities open until the blood test results have become normal. Keep them sanitary by brushing after eating with colloidal silver and oregano oil. Rinse your mouth at bedtime with dental bleach, for one month. Start the Dental Aftercare program carefully and meticulously, on the same day as the dental work.

4. Treat all your essential medications as if they were contaminated by dyes, benzene, and isopropyl alcohol. Treat them as described in the Safer Painkillers section

5. Start your tumor shrinking diet. Choose malonate-free foods. Remove asbestos, dyes, lanthanides all together with 2 hot water soaks separated by a 10 minute cooling. Sterilize everything afterward except water. Every food is given a few drops of hydrochloric acid (5%, USP) after serving on your plate; stir in well. Total drops of hydrochloric acid added not to exceed 45 drops daily, not counting those used in kitchen preparation.

6. Throw away all your cosmetics, lotions, salves, deodorant, shaving supplies, shampoos, hair dyes, eye liner, soap, mouthwash, toothpaste, nail polish, absolutely everything

that goes on or in your body. Switch to wholistic Dr Clark recipes. More are given in "The Cure For All Cancers." Take a shower and shampoo the chemicals out of your hair with borax and citric acid. Do not use a hair blower and keep very warm by dressing in extra clothes.

You may use a henna variety of hair dye. If your hair is already dyed, wash in dental bleach for 5 minutes. This will not affect color. Rinse with citric acid. Launder clothing in straight borax. Bleach all clothing once to get out azo dyes and the metal germanium. Toxins, except for hair dye, will leave your body in the first week. But toxins inside your tumors are marooned and require a special seven day program which begins in the second week.

7. Start glutathione, 500 mg; take two, three times a day, to be completed before supper time to avoid having too much energy at bed time. Take them before meals so it can act on the tumorous organ as a reducer. If you are bedridden, double this dose. If only days remain, take thirty capsules daily. Take all at once stirred into honey or maple syrup (each treated with HCl first to sterilize). If this causes diarrhea, take with food in several doses.

8. Start Lugol's iodine. Take six drops in ½ glass of water at the end of each meal (three times a day). Take it at bedtime, too, if bloating is present. No HCl needed.

9. Start thyroid: one grain in the morning upon rising. Increase to two grains in the morning after that. If you were on a thyroid medication previously, be sure to come up to at least that dosage. (A pharmacist can help you convert your brand to grains). Remember to treat tablets with vitamin B2.

10. Schedule blood test (SMAC 24: must include serum iron) and scan

11. Set kidney herbs to soak overnight per recipe

12. Do the same for liver herbs

You have accomplished a lot. You will probably feel better tomorrow. If you had to omit some instructions then day one instructions have the highest priority.

On each day more supplements will be added. Do not stop taking those that were scheduled on previous days.

Day 1 At A Glance

Before breakfast 2 tsp. black walnut tincture extra strength, 9 wormwood capsules, 9 clove capsules, 2 glutathione (500 mg each), thyroid (one grain).

Breakfast follow guidelines so it is malonate-free, sterilized, dye-free, asbestos-free, etc. Finish with Lugol's (six drops) in ½ cup water. (No HCl.)

Midmorning make dental appointment. Schedule blood tests. Zap with Zapper Digital when convenient.

"Clean" up all essential medications. Throw out all commercial body products.

Before lunch 2 glutathione (500 mg each)

After lunch Finish with Lugol's (six drops) in ½ cup water.

Afternoon 4 cysteine (500 mg each). Ozonate some sterilized olive oil 25 minutes to take later. Launder with borax and bleach all your clothes and bedclothes.

Before supper 2 glutathione (500 mg each)

After supper Finish with Lugol's (six drops) in ½ cup water. Set to soak kidney herbs and liver herbs. Bed-time 1 tbs. ozonated olive oil with food

Day 2

Capsules of supplements may be emptied, mixing all together in a closeable container; then taking one third with each meal. We will call such a mixture "vitamix." Supplements that are particularly bad tasting should be flavored. It is important not to feel revulsion toward your supplements. You may use the spicelike supplements (fennel, turmeric, beet cocktail, oregano oil, wintergreen oil) to mask the bad tasting ones (shark cartilage,

MSM, papain, DMSO and others).

1. Start kidney herb recipe (1¼ cups a day) and liver herbs (2 cups a day). This will improve kidney and liver function so toxins can be detoxified and flushed out rapidly. Leave out the magnesium because there are separate instructions below. Stir two drops hydrochloric acid into each cup at time of drinking.
2. Coenzyme Q10, 400 mg, take ten in the morning, upon rising, before or after the thyroid pill. Repeat this high dose on Day 7 through Day 14, and on Day 19. On other days take one capsule daily. This will begin to destroy the azo dyes accumulated in the spleen and body fat, particularly Sudan IV, DAB, and Sudan Black B. You may snip open the capsules and mix powder with straight honey or put powder directly in mouth. Take it 5 hours away from the reducers cysteine, glutathione, and vitamin C; that is why early morning is best.
3. Start vitamin B2 and magnesium. Take two B2 (300 mg each) capsules and one magnesium oxide capsule (300mg) three times a day. This will destroy the benzene and phenol that has accumulated in your spleen and body fat as well as helping to detoxify azo dyes there.
4. Betaine hydrochloride (about 300 mg), take three, three times a day with meals. This kills Clostridium in the colon.
5. Start vitamin B12, 1000 mcg, take two, three times a day, at mealtime. This vitamin hatches Ascaris eggs; make sure you have already taken cysteine and ozonated oil previously, have zapped with zipper digital and are adding HCl to each food. If not, postpone this.
6. Vitamin C, 2000 mg (same as 2 gm, or ½ teaspoon), three times a day. No “mineral ascorbates” or other vitamin C like products due to toxic oxidation by-products. You may take more.
7. Organic Chicken broth, one pint a day alternating with shark cartilage , two tablespoons or more a day. Each beverage will receive two drops of hydrochloric acid before consuming.
8. Start bromelain or papain, four 1000 mg capsules, twice a day. If extremely ill use both. This will digest and clear the ferritin coating on your white blood cells to recover immunity. Take well before meals
9. Turmeric and fennel. Take six capsules (or one teaspoon) of each, three times a day. Don’t mix with food like I recommend for other supplements because these are so flavorful they will overpower your food. You may mix them with sweetened water if you wish. Sterilize with 2 drops HCl for each.
10. If you have tumors you can see or feel, use the Topical Tumor Shrinker recipe.

Day 2 At A Glance

Before breakfast Ten coenzyme Q10 (400 mg). Repeat parasite program, 2 tsp. black walnut tincture extra strength, 9 wormwood capsules, 9 clove capsules. Thyroid (two grains).
Open six glutathione capsules, six 300 mg B2 capsules, three 300 mg magnesium oxide capsules, nine 300 mg (approximately) betaine hydrochloride capsules, and six 1000 mcg vitamin B12 capsules to make today’s vitamix. (You could leave this all in capsules or tablets and take separately, but we find this is a lot easier, even though a few bites of your meal won’t taste as good.) Take 1 tsp. bromelain or 1 tsp. papain stirred into a beverage to make a “cocktail” (they may also be encapsulated). Use both if very ill. Sterilize all concoctions as well as food.

Breakfast Take 2 gm vitamin C. Mix a third of your vitamix with part of your breakfast and gulp down. Distribute 15 drops of hydrochloric acid in your foods and beverages. Take six fennel capsules and six turmeric capsules. Finish meal with Lugol’s (six drops).

Midmorning Make kidney herb recipe (sip 1¼ cups throughout day). Make liver herbs (sip 2 cups throughout day). Add 2 drops hydrochloric acid to each cup. Zap with Zapper Digital when convenient.

Lunch Take 2 gm vitamin C, another third of your vitamix, 15 drops of hydrochloric acid in your food. Take 6 fennel and 6 turmeric capsules. Take six drops Lugol's after meal.

Afternoon Repeat mop-up, 4 cysteine (500 mg each). Make a big pot of Organic Chicken broth and freeze all except today's portion. 1 tsp. bromelain or papain or both if very ill.

Supper Supper should include Organic Chicken soup, at least one pint. Take 2 gm vitamin C and the final third of your vitamix, 15 drops of hydrochloric acid in your food. Take six fennel capsules and six turmeric capsules. Take six drops Lugol's after meal.

Bedtime Finish mop-up, 1 tbs. ozonated sterilized olive oil. Apply topical tumor shrinker if you have tumors you can see or feel.

Critical Blood Tests

If you got your blood tested on the first day, you can expect your results on day two or three, because laboratories only take 24 hours. If you haven't been

notified of your results by now, call your doctor and ask that they be read or faxed to you. You may be feeling quite well but any result outside the normal range should get immediate attention.

As soon as they arrive, review them yourself. It is the custom in the American medical community not to share these results, not to explain them, and in fact, to minimize testing. I believe all this is intended to avoid embarrassing questions by the patient such as, "Why didn't I improve?" or "Why is my LDH so high?"

With this attitude, liver enzymes, serum iron and even the LDH are often omitted completely by physicians (make sure to request them). As soon as you have results, find the ones that are too high or too low, and take appropriate action as described in the chapter Reading Your Blood Test Results.

Day 3

1. Start folic acid, 25 mg per day (that is 25 one milligram or 0.9 mg capsules). You may have been on chemotherapy that used anti-folate compounds. Their purpose was to kill your cancer cells. If you are now considered a terminally ill cancer patient, you may agree that such clinical treatments failed for you and are not worth pursuing at this point. My approach is the opposite—we will shrink the tumors and rehabilitate the nearby tumor-like tissue, letting the body select those cells it will digest. You should decide to cease anti-folate chemotherapy if you plan to use folic acid.

2. Raw beet juice, 2 Tbs. before each meal. Add 1 teaspoon to 1 tablespoon vinegar as desired. This reduces phenol formation during digestion. Sweeten with natural organic honey and dilute to taste. You may add other supplements like organic multivitamins.

3. Niacin, a pinch, three times a day, with meals. (If you take too much, you may experience the "niacin flush", a sensation of heat and red itchy skin followed by chills. It lasts about 20 minutes and is harmless.)

4. Vitamin A (retinyl palmitate or retinyl acetate) comes as tablets and liquids, in various strengths. You need 100,000 units daily. This will cause a mild hypervitaminosis A (too much vitamin A) in three weeks even if accompanied by vitamin E. Expect a rash, headache, itchy skin, peeling or flaking, loss of numerous skin blemishes and warts. If symptoms appear, go off for 3 days, resume again and repeat. Put drops directly in mouth, tablets may be crushed for the vitamix if that is more convenient. Do not exceed this dose or length of time without a doctor's supervision.

5. Vitamin E. Take about 100 IU if not already included with vitamin A.

6. Start powdered hydrangea root, 1 tsp. two times a day to supply good germanium.

7. Measure your daily urine output. Get a gallon jug, fill with 2½ quarts or liters of water, mark the outside, and empty it again. You may also need a plastic funnel, and a pint container for collection. Catch all urine

for 24 hours. If it doesn't reach the 2½ quart/liter mark, start over and drink more liquids. High volumes are needed to expel asbestos and freon. Check urinary pH upon rising in the morning. Keep notes.

8. Begin daily enemas (alternate Lugol's and black walnut tincture extra strength). If you have pain, you may use a coffee enema (filtered coffee only). These reduce bacteria levels in the bowel. Take one a day (two if very ill) using 1 pint liquid each time. Before breakfast One coenzyme Q10 (400 mg). Repeat parasite program, 2 tsp. black walnut tincture extra strength, 9 wormwood capsules, 9 clove capsules. Take thyroid (two grains), vitamin A (100,000 units), and vitamin E (100 IU). Open six glutathione capsules, six B2 capsules, three magnesium oxide capsules, nine betaine hydrochloride capsules, six vitamin B12 capsules, 25 1 mg folic acid capsules, and 3/16 tsp. of niacin to make today's vitamix. Mix 1 tsp. bromelain or papain and 1 tsp. powdered hydrangea root and 1 Tbs. shark cartilage and 1 fennel capsule with ½ cup water, pinch of B2, 4 drops HCl and sweetening. Drink promptly.

Breakfast Take 2 gm vitamin C. Mix a third of your vitamix with part of your breakfast and gulp down. Add 15 drops of hydrochloric acid to your food, putting 3 drops in each food and beverage, except water and Lugol's. Take 5 fennel capsules and 6 turmeric capsules. Finish with Lugol's (six drops). Midmorning Prepare the kidney herb concoction (1¼ cups) to sip throughout the day. Pour 2 cups of liver herbs to sip, too (can be combined with kidney herbs for convenience). Make a pint or more of beet juice from the recipe. Use Digital Zapper for a few hours when convenient. Start collecting urine.

Lunch Take 2 gm vitamin C. Mix a third of your vitamix, 15 drops of hydrochloric acid in your food, 2 Tbs. beet juice, six fennel capsules, six turmeric capsules, six drops Lugol's afterward. Afternoon Repeat mop-up, 4 cysteine (500 mg each). Mix 1 tsp. bromelain or papain and 1 tsp. powdered hydrangea root and 1 Tbs. shark cartilage and 1 fennel capsule with ½ cup water, pinch of B2, 4 drops HCl and sweetening. Drink promptly. Supper Take 2 gm vitamin C. Add the final third of your vitamix, 15 drops of hydrochloric acid to your food, 2 Tbs. beet juice, six fennel capsules, six turmeric capsules, six drops Lugol's after meal.

Bedtime Finish mop-up, 1 tbs. ozonated olive oil. Do an enema.

Day 4

1. Calcium, 500 mg per day. It should be taken with an acid beverage. (Your beverages are already acidified with either vitamin C, vinegar, or hydrochloric acid.) Do not take calcium supplements if your blood value is over 9.6.

2. Methionine, 500 mg, take two, three times a day.

3. Methylsulfonylmethane (MSM), 4 capsules (800 mg each) twice daily to convert bad germanium and ferric iron to good germanium and ferrous iron.

4. Ozonated water, 2 glasses a day. This detoxes heavy metals as they are mobilized from body fat and tissues and kills streptococcus bacteria. It also removes acrylic acid and acrolein.

5. Vitamin B1, 500 mg, take one, three times a day (if appetite is adequate, take one a day).

6. Vitamin B6, 250 mg, take two a day.

7. Potassium gluconate, ½ teaspoon (this is 240 mg potassium) three times a day until blood potassium reaches 4.7. Then stop. Use as salt on food. Blood potassium must be monitored at least every 3 weeks.

Day 4 At A Glance

Before breakfast One coenzyme Q10 (400 mg). Repeat parasite program, 2 tsp. black walnut tincture extra strength, 9 wormwood capsules, 9 clove capsules. Take thyroid (two grains), and vitamin A (100,000 units) plus vitamin E, 100 units. Open six glutathione capsules, six B2 capsules, three magnesium oxide capsules, nine betaine hydrochloride capsules, six vitamin B12 capsules, 25 folic acid capsules, 3/16 tsp. niacin, one 500 mg calcium capsule, six 500 mg methionine capsules, three (or one) 500 mg vitamin B1 capsules, and

two 250 mg vitamin B6 capsules to make today's vitamix. Combine bromelain or papain and powdered hydrangea and four 800 mg MSM capsules and fennel or spice and sweetening in ½ cup water. Drink.

Breakfast Take 2 gm vitamin C. Mix a third of your vitamix with part of your breakfast and gulp down. Add 15 drops of hydrochloric acid to your food, 2 Tbs. beet juice, six fennel capsules, six turmeric capsules, six drops Lugol's afterward. Potassium gluconate has a slightly salty taste, so "salt" your breakfast with ½ tsp. if your blood test potassium is below 4.7.

Midmorning Prepare the kidney (1¼ cups) and liver (2 cups) herb concoctions to sip throughout the day. Use Zapper Digital when convenient. Empty the urine jug. If you had less than the mark, drink more liquids today and continue collecting. If you had more than the mark, continue to drink as much liquids and you can stop collecting urine. Ozonate a glass quart jar of water for about ten minutes. Drink a glassful now (no need to add hydrochloric acid).

Lunch A pint of Organic Chicken soup, 2 gm vitamin C, another third of your vitamix, 15 drops hydrochloric acid on your food, 2Tbs. beet juice, six fennel capsules, six turmeric capsules, six drops Lugol's afterward. "Salt" with ½ tsp. potassium gluconate if your blood test is below 4.7.

Afternoon Repeat mop-up, 4 cysteine (500 mg each). Combine papain etc.

Supper Take 2 gm vitamin C. Add the final third of your vitamix, 15 drops hydrochloric acid to your food, 2 Tbs. beet juice, six fennel capsules, six turmeric capsules, six drops Lugol's afterward. "Salt" with ½ tsp. potassium gluconate if your blood test is below 4.7.

Bedtime Finish mop-up, 1 tbs. ozonated olive oil. Do an enema.

Day 5

1. Arginine, 500 mg, take two, three times a day.
2. Inositol, 500 mg, take two, three times a day.
3. Ornithine, 500 mg, take two, three times a day.
4. Glutamic acid, one teaspoon, three times a day (increase to heaping tsp. for liver cancer).
5. Schedule blood test five days after first one if a previous result was critical, ten days if poor, three weeks later if initial results were good.
6. Pantothenate, one teaspoon, three times a day.
7. Taurine, 500 mg, take one, three times a day.
8. Set small magnet, about 100 gauss on a ½ x 1 inch (1 x 2 cm) square of magnet cloth (see Sources); apply North side over the center of your spine, at base of neck. Tape on. Apply another one over the center of your spine just above the waist. Sit on N pole of strong magnet (1000 to 5000 gauss) for 30 minutes daily.

Day 5 At A Glance

Before breakfast One coenzyme Q10 (400 mg). Repeat parasite program, 2 tsp. black walnut tincture extra strength, 9 wormwood capsules, 9 clove capsules. Take thyroid (two grains), and vitamin A (100,000 units) plus vitamin E, 100 units. Open six glutathione capsules, six B2 capsules, three magnesium oxide capsules, nine betaine hydrochloride capsules, six vitamin B12 capsules, 25 folic acid capsules, 3/16 tsp. niacin, one calcium capsule, six methionine capsules, three (or one) vitamin B1 capsules, two vitamin B6 capsules, six 500 mg arginine capsules, six 500 mg inositol capsules, six 500 mg ornithine capsules, 3 tsp. glutamic acid, three tsp. pantothenate, three 500 mg taurine capsules to make today's vitamix. Combine papain or bromelain, MSM, and hydrangea powder and shark cartilage. Drink at once.

Assemble magnets and apply with tape. Sit on N side of big magnet for ½ hour; you can use the Digital Zapper at same time.

Breakfast Take 2 gm vitamin C. Mix a third of your vitamix with part of your breakfast and gulp down. Distribute 15 drops hydrochloric acid on your food, 2 Tbs. beet juice, six fennel capsules, six turmeric capsules, six drops Lugol's after meal.

Use ½ tsp. potassium gluconate as salt.

Midmorning Prepare the kidney (1¼ cups) and liver (2 cups) herb concoctions to sip throughout the day. Zap with Zapper Digital when convenient.

Ozonate a glass quart jar of water for about ten minutes. Drink a glassful now (no need to add hydrochloric acid).

Lunch Take 2 gm vitamin C. Take another third of your vitamix, 15 drops hydrochloric acid on your food, 2 Tbs. beet juice, six fennel capsules, six turmeric capsules, six drops Lugol's afterward. "Salt" with ½ tsp. potassium gluconate.

Afternoon Repeat mop-up, 4 cysteine (500 mg each). Drink another glass of ozonated water. Combine papain or bromelain, powdered hydrangea, MSM, and shark cartilage. Drink at once.

Supper Take 2 gm vitamin C. Add the final third of your vitamix, 15 drops hydrochloric acid on your food, 2 Tbs. beet juice, six fennel capsules, six turmeric capsules, six drops Lugol's afterward. "Salt" with ½ tsp. potassium gluconate.

Bedtime Finish mop-up, 1 tbs. ozonated olive oil. Do an enema.

Day 6

1. Amino acids, both essential and nonessential (see Sources), two teaspoons total (6 size 00 capsules), three times a day.

2. Glucuronic acid, 250 mg, take one, two times a day.

3. Wintergreen oil (natural only), three drops, three times a day. (Placed in empty capsule or on bread is the easiest way we have found to take it.) Do not exceed dosage; it can be toxic.

4. Biotin, 1 mg, take one a day.

5. Selenium, as raw coconut, ¼ of a coconut daily (see Recipes) or as sodium selenite, 500 mcg (micrograms), take six a day.

6. Niacinamide, 500 mg, take one, two times a day.

7. Oregano oil, 20 drops placed in an empty capsule, three times a day. Eat bread with it. Brush teeth with one half drop.

Day 6 At A Glance

Before breakfast One coenzyme Q10 (400 mg each). Repeat parasite program, 2 tsp. black walnut tincture extra strength, 9 wormwood capsules, 9 clove capsules. Take thyroid (two grains), and vitamin A (100,000 units) plus vitamin E, 100 units.

Open six glutathione capsules, six B2 capsules, three magnesium oxide capsules, nine betaine hydrochloride capsules, six vitamin B12 capsules, 25 folic acid capsules, 3/16 tsp. niacin, one calcium capsule, six methionine capsules, three (or one) vitamin B1 capsules, two vitamin B6 capsules, six arginine capsules, six inositol capsules, six ornithine capsules, 3 tsp. of glutamic acid, three tsp. pantothenate, three taurine capsules, two 500 mg niacinamide capsules, six tsp. amino acids, two 250 mg glucuronic acid capsules, and one 1 mg biotin capsule to make today's vitamix. Combine papain or bromelain, powdered hydrangea, MSM, and drink. Drink coconut beverage or add 6 500 mcg sodium selenite capsules to vitamix. Take 20 drops oregano oil.

Breakfast Take 2 gm vitamin C. Mix a third of your vitamix with part of your breakfast and gulp down. Sprinkle 15 drops hydrochloric acid on your food, 2 Tbs. beet juice, six fennel capsules, six turmeric capsules, six drops Lugol's afterward. Use ½ tsp. potassium gluconate as salt. Have a piece of bread or empty capsule with three drops wintergreen oil. Sit on magnet.

Midmorning Prepare the kidney (1¼ cups) and liver (2 cups) herb concoctions to sip throughout the day. Zap with Zapper Digital when convenient.

Ozonate a glass quart jar of water for about ten minutes. Drink a glassful now.

Lunch Take 20 drops oregano oil. A pint of Organic Chicken soup with 2 gm vitamin C, another third of your vitamix, 15 drops hydrochloric acid on your food, 2 Tbs. beet juice, six fennel capsules, six turmeric capsules, six drops Lugol's afterward. "Salt" with ½ tsp. potassium gluconate. Have a piece of bread or empty capsule with three drops wintergreen oil.

Afternoon Repeat mop-up, 4 cysteine (500 mg each). Drink another glass of ozonated water. Combine papain, etc.

Supper Take 20 drops oregano oil. Take 2 gm vitamin C. Add the final third of your vitamix, 15 drops hydrochloric acid on your food, 2 Tbs. beet juice, six fennel capsules, six turmeric capsules, six drops Lugol's afterward. "Salt" with ½ tsp. potassium gluconate. Have a piece of bread or empty capsule with three drops wintergreen oil.

Bedtime Finish mop-up, 1 tbs. ozonated olive oil. Do an enema.

1. Beta carotene, 15 mg (2400 units), once a day.

2. Thiocetic acid, 500 mg, one a day. I think this tastes too bad too put in the vitamix. I suggest taking it separately.

3. Phytic acid (inositol phosphate, "IP6"), 50% solution, take 10 drops in a cup of water, three times a day before meals.

For prostate cancer add linseed (flax seed), 1 tablespoon daily. Rinse in bleach water (dental bleach is fine) to destroy aflatoxin and zearalenone. Then add a pinch of vitamin B2 to remove benzene. Soak them in a beverage for 10 minutes; then stir into cereal or caserole dish. Or you may blend them in a blender. Do not use purchased linseed oil. Sterilize final serving.

Also take zinc gluconate 10 to 30 mg daily. For bone cancer add boron, 3 to 6 mg daily. For liver cancer add silymarin, a milk thistle product. Take two, three times a day. Also drink green bitters and raw liver cocktail (see Recipes) once a day.

For lung cancer add "lung tea", a mixture of comfrey and mullein. Also eat one small clove of raw garlic with each meal.

Day 7 At A Glance

Before breakfast Ten coenzyme Q10 (400 mg). Repeat parasite program, 2 tsp. black walnut tincture extra strength, 9 wormwood capsules, 9 clove capsules. Take thyroid (two grains), and vitamin A (100,000 units), plus vitamin E, 100 units. Open six glutathione capsules, six B2 capsules, three magnesium oxide capsules, nine betaine hydrochloride, tsp. niacin, one calcium capsule, six methionine capsules, three (or one) vitamin B1 capsules, two vitamin B6 capsules, six arginine capsules, six inositol capsules, six ornithine capsules, 3 tsp. glutamic acid, three tsp. pantothenate, three taurine capsules, two niacinamide capsules, six tsp. amino acids, two glucuronic acid capsules, one biotin capsule, one 15 mg beta carotene to make today's vitamix (bone cancer add 3-6 mg boron), (liver cancer add silymarin). Combine papain or bromelain, powdered hydrangea, MSM, shark cartilage, and drink. Make coconut beverage or add six sodium selenite (500 mcg) to vitamix. Check magnets for snug fit against skin. Sit on big magnet.

Breakfast Take 10 drops phytic acid in cup of water. Then take 20 drops oregano oil in capsule with bread; then take 2 gm vitamin C. Mix a third of your vitamix with part of your breakfast and gulp down. Sprinkle 15 drops hydrochloric acid on your food, 2 Tbs. beet juice, six fennel capsules, six turmeric capsules, six drops Lugol's afterward. "Salt" your breakfast with ½ tsp. potassium gluconate. Have a piece of bread or empty capsule with three drops wintergreen oil. Take one 500 mg capsule of thiocetic acid.

Midmorning Prepare the kidney (1¼ cups) and liver (2 cups) herb concoctions to sip throughout the day. Zap with Zapper Digital when convenient.

Ozonate a glass quart jar of water for about ten minutes. Drink a glassful now. (Liver cancer make some green bitters and raw liver cocktail and drink as soon as made.)

Lunch Take 10 drops phytic acid in cup water, then take 20 drops oregano oil; then take 2 gm vitamin C. Take a third of your vitamix, 15 drops hydrochloric acid on your food, 2 Tbs. beet juice, six fennel capsules, six turmeric capsules, six drops Lugol's afterward. "Salt" with ½ tsp. potassium gluconate. Have a piece of bread or empty capsule with three drops wintergreen oil.

Afternoon Repeat mop-up, 4 cysteine (500 mg each). Drink another glass of ozonated water. For prostate cancer soak one tbs. linseed to eat with supper and take zinc gluconate. Combine papain or bromelain, powdered hydrangea, MSM, shark cartilage, and drink.

Supper Take 10 drops phytic acid in cup water, then take 20 drops oregano oil; then take 2 gm vitamin C. Add the final third of your vitamix, 15 drops hydrochloric acid on your food, 2 Tbs. beet juice, six fennel capsules, six turmeric capsules, six drops Lugol's afterward. "Salt" with ½ tsp. potassium gluconate. Have a piece of bread or empty capsule with three drops wintergreen oil.

Bedtime Finish mop-up, 1 tbs. ozonated olive oil. Do an enema. Done With The First Week. You have now cleared your body tissues and body fat of parasites, bacteria, metals and carcinogens. Many tumors—those with thin walls around them—have been cleaned up, too. If you have been using the Topical Tumor Shrinker (for tumors close to the surface) you may have seen these shrink already. (If you are experiencing hyper-vitaminosis A symptoms, like rash, headache, redness, itchiness, flaky skin, you may wish to take a break from the topical treatments, and also oral vitamin A, for at least three days.)

But tumors that are hard to reach, in brain or bone marrow, or with tough coats around them have not even begun to spill their contents. This is fortunate since the vital organs need special protection from the tumor contents. It will be like opening the cages of lions and tigers at a zoo. Your special protectors will be glutathione, ozonated water, oregano oil, ozonated oil, and the parasite program. Because within the tumors, and only within them, Fasciolopsis, Ascaris, Rabbit fluke, and Clostridium are still alive!

We will next begin to drain the tumors, killing and detoxifying everything that emerges. We will start with a high dose, 12 gm, of riboflavin (vitamin B2) which will saturate the tissue around the tumor. Lower doses cannot do this. (A dose of DMSO will help the B2 penetrate and toxins get out but is not essential.) Suddenly all the toxins break free and flow out of the tumor—into your body! Aflatoxin, zearalenone and benzene are set free; asbestos and heavy metals are set free; carcinogenic plasticizers and dyes are now free; silicone from old toothpaste and duster spray is set free; acrylic acid and acrolein are set free; the malonates are now free; flukes and Ascaris are set free. We will also use a magnet to set the lanthanide metals and iron free.

The flood gates have been opened. There must be enough B2 now to combine with all the dyes, benzene, and acrylic acid, enough glutathione to protect the liver from all the aflatoxin, enough magnesium to detoxify all the phenol. There must be enough ozonated water to combine with all the metals and enough ozonated oil to kill whatever viruses escape. And, of course, all escaping parasites and bacteria must be promptly killed. Finally, there must be enough magnetic power to attract the lanthanides and the iron. After this the calcium deposits can be dissolved again with the help of phytic acid and vitamin D, letting the "digest me" flag, phosphatidyl serine, go up.

Pancreatin and lipase arrive to digest both the protein portion and the acrolein fat residue remaining. Peroxidase and catalase appear, too. This tumor has now been drained and is busy being digested. Soon it cannot be distinguished from normal tissue. Meanwhile, the more urine is produced, the faster asbestos, silicone and urethane leave the body.

If no more asbestos or dyes are eaten, you can unload one tumor-full in two to three days. During the toxic flood, vanadium will cause a globulin elevation, dyes will cause vitamin A mutations and dyes will also cause enzyme mutations that raise LDH and alk phos. Released copper, phenanthroline, and toxic germanium will lower blood iron so not enough can reach the bone marrow. So the benefit of shrinking a tumor turns into a disadvantage to your white blood cells, liver, and other vital organs who must carry the burden. We must proceed slowly. And if the LDH or alk phos rise too high, you should use IVs to help with detoxifying. Fortunately the white blood cells are regaining their power to help by "eating" everything again. This way, much less needs to be detoxified.

The liver herbs will help to send the entire toxic team on to the kidneys. And the kidney herbs will send them to the bladder. That is why you stay on these herbs as well as all the supplements. Yet the bladder will

keep them tightly stuck, allowing them to circulate back into the body unless a large amount of urine is produced. The next week you must drink enough beverages to produce one gallon of urine in 24 hours.

Day 8

To make it easier to take these special high doses this week you may reduce your Day 7 vitamix to 1/3 (or one meal only).

Each vitamix now lasts three days.

1. Glutathione, 40 capsules (20 gm) in a single dose, stirred into honey. This protects the liver from the coming aflatoxin flood which then avoids a bilirubin rise.
 2. DMSO, 25% in water (optional). Take one tsp. as a mouthwash, twice daily. Swish slowly over gums. Hold several minutes. Swallow for maximum effectiveness. This “pushes” your supplements into your tissues. It also helps to draw toxins out of cavitations. You may add your wintergreen drops to this mouthwash. (50% DMSO is preferred, if available.) Must be edible quality.
 3. EDTA, 1/8 tsp. (750 mg) three times a day in 1 cup hot water. This chelates the heavy metals for excretion, before they can get stuck in another tissue.
 4. Vitamin C, 12 gm. Take 2 gm with each meal and also between meals.
 5. Vitamin B2, 40 capsules (12 gm) stirred into honey or maple syrup (sterilized) and taken in a single dose. Take these about one hour after the glutathione. This opens the tumors, even without DMSO or EDTA.
 6. Ozonated oil, 1 tbs. (sterilized), taken 5 hours or more after B2. This kills viruses.
 7. Black walnut tincture extra strength, 10 tsp. (or 2 freeze dried capsules four times daily, see Sources). 9 capsules cloves and 9 capsules wormwood once a day. Also take mop up cysteine and ozonated oil. This kills shielded parasites and emerging viruses.
 8. Magnesium, 1 three times a day with meals. This detoxifies phenol produced from liberated benzene.
 9. Exchange bromelain or papain for pancreatin (1 tsp.) plus lipase (1 tsp.). This will begin to digest (shrink) the tumors. Take twice a day.
 10. Levamisole, 50 mg, take one three times a day. Kills Ascaris and keeps ferritin off white blood cells.
 11. Vitamin D3 (cholecalciferol) 25,000 units daily, to soften tumors by removing their calcium deposits.
- Each high-dose day will be followed by a lower-dose day.

Day 8 At A Glance

Before breakfast Ten coenzyme Q10 (400 mg each). (One Q10 capsule on Days 16, 18 and 20.) Take thyroid (two grains), and vitamin A (100,000 units) plus vitamin E, 100 units. Kill parasites with 10 tsp. black walnut tincture extra strength (or 2 capsules freeze dried), 9 wormwood and 9 cloves today. Take 2 gm vitamin C. Do DMSO mouthwash. Take 1/8 tsp. EDTA in water.

Take one Levamisole, 50 mg. Open three magnesium oxide capsules, nine betaine hydrochloride capsules, six vitamin B12 capsules, 25 folic acid capsules, 3/16 tsp. niacin, one calcium capsule, six methionine capsules, three (or one) vitamin B1 capsules, two vitamin B6 capsules, six arginine capsules, six inositol capsules, six ornithine capsules, 3 tsp. of glutamic acid, three tsp. pantothenate, three taurine capsules, two niacinamide capsules, six tsp. amino acids, two glucuronic acid capsules, one biotin capsule, one beta carotene to make today's vitamix (bone cancer add 3-6 mg boron), (liver cancer add silymarin). Combine six 500 mg pancreatin, six 500 mg lipase, powdered hydrangea, MSM, and drink. Make coconut beverage and drink or take sodium selenite, 500 mcg. Take one drop vitamin D (25,000 units). Take 40 500 mg capsules of glutathione (only 20 capsules on days 15-21) stirred into a beverage. Breakfast Take 10 drops phytic acid in cup water, then take 20 drops oregano oil, then take 2 gm vitamin C. Mix a third of your vitamix with part of your breakfast and gulp down. Sprinkle 15 drops hydrochloric acid on your food, 2 Tbs. beet juice, six fennel capsules, six turmeric capsules, six drops Lugol's afterward. “Salt” your breakfast with 1/2 tsp. potassium gluconate. Have three drops wintergreen oil. Take one 500 mg capsule of thioctic acid.

Midmorning Take 40 300 mg capsules of vitamin B2, stirred into honey or sterilized maple syrup (only 20 capsules on days 15-21). Prepare the kidney (1 1/4 cups) and liver (2 cups) herb concoctions to sip throughout the day. Take another 2 gm vitamin C. Zap with Zapper Digital when convenient. Empty the urine jug and start collecting again. Drink more liquids today because your goal is one gallon! Ozonate a glass quart jar of water for about ten minutes. Drink a glassful now. (Liver cancer make some green bitters and raw liver cocktail and drink promptly.) Take 1/8 tsp. EDTA in a cup of hot water. Take one Levamisole, 50mg.

Lunch Take 10 drops phytic acid in cup water, then take 20 drops oregano oil, then a pint of Organic Chicken soup with 2 gm vitamin C, 15 drops hydrochloric acid on your food, 2 Tbs. beet juice, six fennel capsules, six turmeric capsules, six drops Lugol's afterward. "Salt" with ½ tsp. potassium gluconate. Have three drops wintergreen oil.

Afternoon Take 4 cysteine (500 mg each). Drink another glass of ozonated water. For prostate cancer treat and soak one tbs. linseed to eat with supper, also take zinc gluconate. If you are getting low on organic chicken soup, make some more.

Combine pancreatin, lipase, powdered hydrangea root and MSM and drink with another 2 gm vitamin C. Take 1/8 tsp. EDTA. Take one Levamisole, 50 mg. Supper Take 10 drops phytic acid in cup water, then take 20 drops oregano oil, then take 2 gm vitamin C, 15 drops hydrochloric acid on your food, 2 Tbs. beet juice, six fennel capsules, six turmeric capsules, six drops Lugol's afterward. "Salt" with ½ tsp. potassium gluconate. Have three drops wintergreen oil. Do DMSO mouthwash.

Bedtime Take 1 tbs. ozonated olive oil. Do enema. Sit on magnet.

Day 9

Clear the toxins that emerged from your tumors yesterday using a "low dose" of glutathione and vitamin B2. Coenzyme Q10 remains at a high dose to continue catching dyes and other toxins being released from tumors.

1. Coenzyme Q10, 10 capsules (4 gm).
2. Glutathione, 10 capsules (5 gm).
3. Vitamin C, 12 gm a day.
4. Vitamin B2, 10 capsules (3 gm).
5. Magnesium, 1 three times a day.
6. Ozonated water, 2 glasses a day.
7. Ozonated oil, 1 tbs. a day.
8. Parasite program.

Day 9 At A Glance

Before breakfast Ten coenzyme Q10 (400 mg each). (Only one Q10 capsule on Days 15, 17 and 21.) Take thyroid (two grains), and vitamin A (100,000 units) plus vitamin E, 100 units. Kill parasites with 10 tsp. black walnut tincture extra strength (or 2 capsules freeze dried), 9 wormwood and 9 cloves. Take 2 gm vitamin C. DO DMSO mouthwash. Take 1/8 tsp. EDTA. You have 2 days of vitamix leftover from Day 8, so no need to make any. Take one 50 mg Levamisole and 1 drop vitamin D. Combine pancreatin, lipase, powdered hydrangea, MSM, shark cartilage, and drink. Make coconut beverage and drink or take six 500 mcg sodium selenite.

Take 10 500 mg capsules of glutathione stirred into honey (20 capsules on days 15-21). Breakfast Take 10 drops phytic acid in cup water, then take 20 drops oregano oil, then 2 gm vitamin C. Mix a third of your vitamix with part of your breakfast and gulp down. Sprinkle 15 drops hydrochloric acid on your food, 2 Tbs. beet juice, six fennel capsules, six turmeric capsules, six drops Lugol's after meal. "Salt" your breakfast with ½ tsp. potassium gluconate. Have a piece of banana or bread with three drops wintergreen oil. Take one 500 mg capsule of thioctic acid. (Liver cancer add silymarin.)

Midmorning Take 10 300 mg capsules of vitamin B2, stirred into honey or sterilized maple syrup (20 capsules on days 15-21). Prepare the kidney (1¼ cups) and liver (2 cups) herb concoctions to sip throughout the day. Take another 2 gm vitamin C. Zap with Zapper Digital when convenient. Empty the urine jug. If you had less than one gallon, drink more liquids today and continue collecting. If you had more than one gallon, continue to drink as much liquids and you can stop collecting urine. Ozonate a glass quart jar of water for about ten minutes. Drink a glassful now. (Liver cancer make some green bitters and raw liver cocktail and drink promptly.) Take 1/8 tsp. EDTA. Take one 50 mg Levamisole.

Lunch Take 10 drops phytic acid in cup water, then take 20 drops oregano oil, then 2 gm vitamin C, 15 drops hydrochloric acid on your food, 2 Tbs. beet juice, six fennel capsules, six turmeric capsules, six drops Lugol's afterward. "Salt" with ½ tsp. potassium gluconate. Have three drops wintergreen oil.

Afternoon Take 4 cysteine (500 mg each). Drink another glass of ozonated water. For prostate cancer, soak one tbs. treated linseed to eat with supper. Combine pancreatin, lipase, powdered hydrangea, MSM, shark cartilage, and drink with another 2 gm vitamin C. Do DMSO mouthwash. Take 1/8 tsp. EDTA. Take one 50 mg Levamisole.

Supper Take 10 drops phytic acid in cup water, then take 20 drops oregano oil, then 2 gm vitamin C, 15 drops hydrochloric acid on your food, 2 Tbs. beet juice, six fennel capsules, six turmeric capsules, six drops Lugol's afterward. "Salt" with ½ tsp. potassium gluconate. Have three drops wintergreen oil.

Bedtime Take 1 tbs. ozonated olive oil. Do an enema. Sit on magnet. Day 10, 12, 14

Repeat day 8.

Continue to alternate high dose and low dose vitamin B2 and glutathione treatments. Make a quadruple batch of vitamix (12 days' worth) for convenience. Don't forget to go for your blood tests. Continue wearing the magnets and sitting on the big magnet.

Day 11, 13

Repeat day 9.

Day 15 To 21

Continue repeating Day 8 on even days (16, 18, 20) and Day 9 on odd days (15, 17, 19, 21), except change glutathione to 10 gm (twenty 500 mg capsules), and vitamin B2 to 6 gm (twenty 300 mg capsules) every day. This is a compromise between high and low doses in order to accomplish some of each. Also reduce coenzyme Q10 to one capsule (400 mg) except Day 19. If you were using the Topical Tumor Shrinkers, and you took last week off (because of hypervitaminosis A) you may be ready to resume (including oral vitamin A).

How Well Did You Do?

How do you know you have opened and detoxified all your tumors? Each high dose day drains one tumor, so five tumors require about 10 days. Numerous small ones occasionally open together. If you have 4 or 5 large tumors, chances are they will open one at a time; this is an advantage. You should wait till the liver and kidney have recovered somewhat as seen on a blood test (steady transaminases, GGT, and bilirubin) before opening the next one. The proof that tumors are gone is only seen on a scan. The proof that toxicity is gone is only seen on the blood test (LDH, alkaline phosphatase, globulin and iron are completely normal). This will not happen unless even small leftover bits of dyes, asbestos, inorganic germanium and anthranides have left the body. They may be stuck in the lysosomes or nucleus of the liver cells or tumor cells, still causing mutations and still keeping the blood levels abnormal. Continue the program until these tests are normal. The chance is quite good that it will happen by the 21st day!

It is time to assess the results.

1. Review your latest blood test.
2. Review a new scan.
3. Compare pain level.
4. Compare functional level, appetite, and energy.

All these results should show beginning improvement. If they did not, you reinfected too frequently with parasites or bacteria. If dental work is not complete, this could explain the bacterial reinfection. You should also assume you are reinfesting with parasites from raw unsterilized food. If you are not in absolute control of this, stop eating raw food. Start over again. Repeat the parasite killing program, plus mop-up on the same schedule as before. Assume you still have a tooth infection even if the pain is somewhere else. Find a dentist using digital X-rays to be sure there is no leftover plastic or a tattoo. If you see a suspicious site, use DMSO again as mouthwash, plus EDTA and vitamin C as before to draw out the toxins. Be sure to include the mag-

net therapy. If your mouth has the odor of decay, water pick for a whole day, one half hour on and one half hour off.

Stop taking any supplement that is not listed. Stop using any herb or spice or supplement from a can or bottle unless it is treated with vitamin B2 and hydrochloric acid. Stop using a cosmetic or hair dye for which you did not find a substitute. Wear no unwashed, unbleached clothing. Of course, you have been reinfecting from your own draining tumors, too, which is unavoidable. Continue the high-dose, low-dose alternating regimen for vitamin B2 and glutathione during the third week if the scan still shows the original tumors. If diarrhea occurs, reduce glutathione to half and take with meals.

Continued Care

If symptoms have subsided and the scan and blood test show improvement, continue the supplements at a reduced level of your own choosing. Half doses are suitable for a second three week period. But vitamin B2, glutathione, vitamin C, and coenzyme Q10 should be continued as in the third week, until the blood test is perfect.

Occasionally, the blood test does not become normal due to an unforeseen toxin. Lead from polluted supplements are responsible for high transaminases. Vanadium, lanthanides and dyes from dental plastic will keep globulin, LDH and alkaline phosphatase high. Reinfection with *Ascaris* will keep iron low. Search teeth for remaining plastic using digital X-rays. Then use DMSO and EDTA again along with magnet therapy. It is now time to focus on gaining weight. Weigh yourself twice a week. Gaining weight is the single mysterious event your body can accomplish if it is well. Only the body knows what this means. We must try to listen and hear our bodies' requests.

Your body may crave sugar now. Your liver is not yet able to make and store sugar or change stored sugar to blood sugar. You must eat often, plenty of simple starches and fats. This means potatoes, sweet potatoes, organic grain bread, pasta, organic fruits and vegetables, and their juices. 4000 calories per day is a proper goal! Adding dairy foods (Kosher only, properly sterilized), will help you reach this.

Getting your appetite back is a very good sign. Hopefully, this happened in the first week. If not, be sure to stay on the B vitamins. Eat to gain weight. Even one pound of weight gain indicates a return of health. Digestive enzymes (see Sources) can help greatly in relieving an over-full feeling, especially when supplements take up so much "room". Take 3 or 4 with each meal. Take them between meals, too. and hydrochloric acid helps digestion most. Do not stop using this to sterilize your food (even Kosher food). Often you must force yourself to eat, if you plan to become healthy. Use whatever tricks and entreaties work for you. Aim to gain two pounds a week after the first three week program is completed.

Congratulations!

You have accomplished what few others have. Throw yourself a party when the last tumor is gone! And buy a truly exceptional gift for your caregiver. What if it fails? What if LDH and alkaline phosphatase keep rising? What if liver enzymes keep rising? Or any other blood value keeps worsening? This can happen if detoxification can't keep up with tumor drainage. In spite of taking "bushels" of supplements to detoxify, it may not succeed. In this case, seek out IV therapy. Use the entire set of IVs (filtered) listed every day. Keep urine flow high. Do more enemas. It may take three weeks of daily IVs to catch up on opening tumors, but it will happen.

Many recipes in this article are not included. email me at drhuldaclark@gmail.com and I will give you the recipes by mail. Remember to Zap daily with Digital Zapper set to applicable frequencies listed in the CAFL Frequency Book

Use only Frequency Generator Digital Zappers, that have more power than the conventional Zapper and are the "Digital type Zapper" specifically outlined on page 502 in "Cure for all diseases". Run a 10 frequency comprehensive parasite set on the Zapper Digital LCD or MHZ model in order to target the various parasitic pathogens, who live in these particular frequency ranges.

Good Health!, Dr Clark (2008)

Aloe Vera, The anti-cancer treatment

"The beneficial healing effects of Aloe...are so miraculous as to seem more like a myth than fact," ... John P. Hegggers, Ph.D., of the University of Texas Medical School.

Aloe Vera is one of the most impressive medical herbs in nature. There is nothing on this planet that offers the amazing variety of healing benefits granted by aloe vera. In a single plant, aloe vera offers potent, natural medicine. Truly, there is nothing else that compares to the medicinal potential of aloe vera. And yet most people only know about the topical applications of aloe vera gel. They think it's only good for sunburns. In reality, aloe vera is useful for both external and internal use. Aloe Vera's internal gel matrix is comprised of hundreds of different photochemicals that not only store water and repair injury; they also grant notable medicinal effects to humans who consume them.

People are just becoming aware of the Aloe Vera Miracle. There is only one good way to get aloe vera gel: Grow it yourself. I've done that for years, and when I'm making a smoothie, I often cut a large aloe vera leaf out of my yard, slice off the thick green skin of the leaf, and drop the large gel piece into a blender.

Aloe vera boosts immune function and destroys cancer tumors. Scientific research shows strong immunomodulatory and antitumor properties for aloe vera polysaccharides. That means the gel helps boost immune system function while destroying cancer. One study published in *International Immunopharmacology* (1995) showed that aloe vera polysaccharides exhibited potent macrophage-activating activities including producing increased volumes of nitric oxide (which has antitumor potential).

Aloe Vera Cancer Studies

One study published in *International Immunopharmacology* (1995) showed that aloe vera polysaccharides exhibited potent macrophage-activating activities including producing increased volumes of nitric oxide (which has antitumor potential).

"Whole Leaf Aloe Vera has anti-cancer activity"

The anti-cancer activity of Aloe indicates that its action is through stimulation of the scavenging white blood cells of the immune system. (L. Ralamboranto, Archives of the Pasteur Institute, 1982)

The many studies carried out by Russian scientists have done more to establish a respectable place in modern medicine for Aloe than any other group of investigators. N.V. Gribel and V.G. Pashinskii, in *Vopr Onkol.*, 1986, showed that Whole Leaf Aloe juice reduced tumor mass and the frequency of metastases in rats."

Anyone wishing to prevent or cure cancer should seriously investigate aloe vera as part of their recipe for eliminating cancer for life. I wouldn't rely solely on aloe vera, especially since there are dozens of cancer cures that are now well known in naturopathic medicine. Combining the right herbs (like cat's claw), superfoods (like spirulina), advanced therapies (like intravenous vitamin C), oxygen therapy and other modalities will give you the best results when battling any form of cancer. Work with a naturopathic physician to learn more.

Aloe vera halts inflammation Using aloe topically is well known to ease inflammation of joints, reducing arthritis pain. But aloe can also be used internally, reducing inflammation throughout the body from the inside out. People who drink aloe vera for two weeks typically begin to experience a significant reduction of inflammation symptoms.

Aloe vera lowers cholesterol and triglycerides When used internally, aloe vera gel improves the quality of the blood and helps rebalance the blood chemistry in a way that lowers cholesterol and total triglycerides (in people with elevated levels).

"Over 200 worldwide scientific research papers have been published on the effects of aloe vera. The three main categories of research include anti-inflammatory, anti-bacterial, and anti-viral actions of aloe vera. The juice is said to soothe digestive tract irritations such as colitis, ulcers and irritable bowel syndrome. Aloe's ability to encourage the release of pepsin (a gastric juice enzyme necessary for digestion) when the stomach is full is a possible reason for its ulcer-healing effects (*Journal of the American Osteopathic Society*, 1963, vol.62) In one study, oral use of aloe for six months helped mitigate asthma symptoms in almost

half of the participants. Eleven of twenty-seven patients studied who drank aloe reported feeling better at the end of the study. Researchers think that results might be due to stimulation of the immune system, as well as naturally occurring anti-inflammatory agents in aloe vera.

In 1997, University of San Antonio researcher Jeremiah Herlihy, Ph.D., conducted a study to observe any negative effects of drinking aloe daily. Rather than exhibiting negative effects, however, test animals receiving daily aloe showed a remarkable reduction in leukaemia, heart disease, and kidney disease. Dr. Herlihy concluded, "We found no indication of harm done to the rats even at high levels." In fact, the aloe-drinking animals actually lived 25 percent longer than those in the control group (IASC Conference, Texas, 1997)." Aloe Vera is especially interesting because of its effect: It makes vitamin C, vitamin E and other antioxidants work better. The Aloe Vera makes the antioxidants more effective and this is due to its effect on enhancing blood quality and allowing the blood to a better transport mode of oxygen and nutrients to the body's cells. In fact it is a widely held belief that Aloe Vera makes everything nutritious work better due to its blood-enhancing effects. If I'm right about that, it means aloe can influence anti-cancer herbs, too, helping them more effectively target tumours.

Aloe Vera actually contains advanced biochemical technology that the drug companies can only hope to understand someday. This technology was built by nature, and it's 100% compatible with the human body. All you have to do to experience this technology for yourself is drink Aloe Vera gel!

Grow your own Aloe Vera. The commercial Aloe Vera products are second rate and comparable to "fresh orange juice vs bottled juice.. " Fresh always wins: Aloe will retain its medicinal integrity when picked and used immediately!

Most Plant nurseries stock Aloe Vera which can easily be grown at home. It does very well in pots and on window ledges

Using Zapper Digital with any anti-cancer therapy is a sure guarantee of the greatest benefits. The Zapper can be used synergistically with all herbal treatments.

Papaya Leaf, The anti-cancer treatment

Papaya/Pawpaw apaya (*Carica papaya*) originates from tropical American countries. Today Papaya is cultivated in most tropical countries around the world. The Papaya with the Latin name *carica papaya* is called Paw Paw in Australia and New Zealand. This is in no way related to the Paw Paw in North America that has the Latin name *asimina tribola*, though both are medicinal plants.

Papaya leaf juice is claimed to have reversed cancer in many people living on the Gold Coast in Australia. Harold W. Tietze in his book *Papaya The Medicine Tree*, describes how to make the juice and tells the stories of many cancer survivors who reportedly used the juice to get rid of their cancer.

The book contains the the following report that was published in the Gold Coast Bulletin. "PawPaw Cancer Plea Bears Fruit". Gold coast gardeners have responded to an appeal by cancer victims desperate to find supplies of pawpaw leaves. And the Gold Coast man who, 14 years ago, first exposed the leaves as a possible cure for cancer has been tracked down to a Labrador (Gold Coast) nursing home. The story of how Stan Sheldon cured himself of cancer by drinking the boiled extract of pawpaw leaves was first told in the Gold Coast Bulletin in 1978.

New research in the United States has given scientific support to the claim that papaya leaves are indeed a cancer cure, isolating a chemical compound in the pawpaw tree which is reported to be a million times stronger than the strongest anti-cancer drug. Mr Sheldon, says the discovery does not surprise him. "I was dying from cancer in both lungs when it was suggested to me as an old Aboriginal remedy" he said. "I tried it for two months and then I was required to have a chest x-ray during those compulsory TB checks they used to have. They told me both lungs were clear." "I told my specialists and they didn't believe me until they had carried out their own tests." "Then they scratched their heads and recommended I carry on drinking the extract I boiled out of the papaw leaves."

“One man has been growing papaws and giving away the leaves to cancer victims ever since he read the Bulletin’s original 1978 story about Mr Sheldon. “I have no doubt that it works,” he said. “I know people walking around now who should have been dead according to their original cancer diagnosis. But the paw-paw treatment helped them to beat the cancer.”

The recipe is as follows:

Wash and partly dry several medium-size papaya leaves. Cut them up like cabbage and place them in a saucepan with 2 quarts/ litres of water. Bring the water and leaves to the boil and simmer without a lid until the water is reduced by half.

Strain the liquid and bottle in glass containers.

The concentrate will keep in the refrigerator for three to four days. If it becomes cloudy, it should be discarded.

The recommended dosage in the original recipe is 3 Tablespoons/ 50ml three times a day. It is recommended to read Papaya The Medicine Tree for the interesting stories of "incurable" people who have used this extract to beat their cancer, and for other medicinal uses of papaya.

A letter from R.J.W.:

“... I was inspired to send some leaves to a few people dying from cancer. The first, a banana grower aged 40, had two operations on his bladder for cancer which did not prevent metastasis. I placed him on a very simple diet consisting of zero junk food, fresh living food with no preservatives, white flour, sugar, colourings or additives and told him to “stuff a handful of pawpaw leaves into a saucepan and fill with water. Boil, simmer for one hour and drink it till it comes out of your ears.” He did so and five weeks had no trace of cancer whatsoever.”

The leaves have also been reported successful used when dried and ground. The astonishing effects of the pawpaw have also been proved in tests on mice. The results were very impressive; tumors found in humans were being injected in mice and during treatment with papaw were disappearing.

Pawpaw twigs contain acetogenins - active compounds that modulate the production of ATP in mitochondria of specific cells - which affects the viability of specific cells and the growth of blood vessels that nourish them. A recent clinical study with over 100 participants showed that the pawpaw extract, containing a mixture of acetogenins, supports the body's normal cells during times of cellular stress.

Acetogenins found in pawpaw have been shown to have dramatic biological activity, being active against worms, some viruses, fungi, and many cancer cell lines. When compared with conventional chemotherapy agents, they have worked comparably in cell culture and animal studies, but at far lower concentrations and with almost no toxicity to host animals.

“Pawpaw is very effective on its own. It typically doesn't need any supporting supplements. There are however, products that may be used in increasing the pawpaw's effectiveness. The products are Noni, Immune Stimulator, Colostrums, and Protease Plus (especially when fighting a digestive tract or intestinal tumor).

However, pawpaw should not be used with any kind of thyroid stimulators (e.g.: KC-X) or with CoQ10 (coenzyme Q10).

Papaya affects ATD production in cells, so when used in conjunction with C-Q10 and similar compounds a contraindication evolves with the thyroid in hyperthyroidism / hypothyroidism patients. This usually would not generally affect the normal population, only people with a thyroid history. this combination may also expose an undiagnosed "thyroid condition"

For cancer patients taking Laetrile, it is important to consume paw paw and pineapple each day, as the natural enzyme strips the coating on the cancer cells, so that the B17 in the kernels can work.”

Grape Juice Fast, The anti-cancer treatment

The Grape Juice Fast was a famous anti-cancer discovery in the 1920s .

Purple (Concord) grapes (with their skin and seeds), and to a slightly lesser degree red and black grapes, contain several nutrients that are known to kill cancer cells. These kinds of grapes also contain nutrients to stop the spread of cancer. They also help detoxify the body. This diet was developed by Johanna Brandt, who was a South African immigrant to America. She spent many years experimenting with fasting and diets before she found her grape cure. Her book on the grape cure was published in the 1920s. Much has been learned since the 1920s and many things have changed. It would not be advisable to read her book and follow it without taking into account what has been learned and what has changed since she wrote the book. For a number of reasons, I have written a short summary article on the four stages of her original grape cure:

Original Brandt Grape Cure

The original diet involves 12 hours of fasting every day, followed by 12 hours where you consume absolutely nothing except grapes (and/or grape juice). The consumption of the grapes is spread out over the 12 hours, not just at meal times. In other words, they are consumed slowly over many hours, not quickly over two or three short bursts. After being on this phase of the diet for several weeks there were other phases, but the first phase is of most interest here.

The Grape Fasts

To be technical there are two different "fasts" that occur every day in this diet. First there is the "water fast" (which is only for 12 hours a day) which allows for ONLY the consumption of "natural water" during the "fast" and/or "ionized water." All of this clarification on water was not in her original diet, but modern technology (e.g. the addition of chlorine and fluoride to our water supplies) has necessitated its inclusion. Chlorine is especially bad for this diet! The second type of "fast" is for the other 12 hours in a day, it also includes water, but also includes grapes and/or grape mush.

The two daily "fasts" obviously do not starve the cancer cells to death, however, the "water fast" does have a significant purpose. The water fasting makes the cancer cells "hungry," and when the cells do get food, what they get is grape juice, which contains several major cancer killing nutrients, such as:

- (1) ellagic acid,
- (2) catechin,
- (3) quercetin,
- (4) oligomeric proanthocyanidins (OPC) or procyanidolic oligomers (PCO), pycnogenol (seeds)
- (5) resveratrol (skin coloring of purple grapes),
- (6) pterostilbene,
- (7) selenium,
- (8) lycopene,
- (9) lutein,
- (10) laetrile (amygdalin or Vitamin B17) (seeds)
- (11) beta-carotene,
- (12) caffeic acid and/or ferulic acid (together they kill cancer cells), and
- (13) gallic acid!

That is an incredible arsenal!

"Cancer Cells are tricked into consuming these nutrients"

In other words, the water fasting is used to "trick" the cancer cells into consuming the first thing that comes along. The grapes become a great "transport agent" for getting the poisons just mentioned into the cancer cells, meaning the cancer cells "steal" these nutrients (which turn out to be poisonous to the cancer cells) from the normal cells! Cancer cells thrive on sugar and grape juice is virtually pure "sugar." The water fast makes the cells hungry and when the grape juice becomes available, the cancer cells gobble up the sugar in the grapes or grape juice. But as the cells are ingesting the juice they are also consuming things that are poisonous to them. Think of putting poison in chocolate and giving it to a hungry child. That is exactly what the water fast, followed by the grape mush, do to a cancer cell.

Cancer cells eat many times more of the glucose and other sugars than a regular cell does, plus it eats far more minerals and some other nutrients than a regular cell. Thus, the combination of consuming far more glucose, minerals and other nutrients, plus the (water) fasting, makes the purple grapes an exceptional cancer-fighting food. The water fast is absolutely critical to this treatment, and should not be taken lightly! In fact, the great secret to the grape cure is that cancer cells are very inefficient at processing glucose and other sugars. Cancer cells consume about 15 times more glucose and other sugars than regular cells.

The 1931 Nobel Prize in medicine given to Dr. Otto Heinrich Warburg was awarded for this discovery. This means a grape cure diet can get several times more of certain cancer-killing nutrients into the cancer cells than normal cells. Most alternative cancer treatments evenly distribute their nutrients between cancerous and normal cells. But not this treatment. To insure the patient gets all of the main killer nutrients, the grape juice should include crushed seeds (in order to get the OPCs) and the nutrients from the purple skins (to get the critical resveratrol).

The purple color, such as in concord purple grapes, has a critical cancer killing nutrient not found in other grapes. Back when she wrote her book, in the 1920s, the advantage of purple grapes was not known. Also, if you eat or process whole grapes, you should buy grapes with the seeds (if you can get them), not seedless grapes. This is another thing that Johanna Brandt could not have known about in the 1920s. The darker the purple grapes the better. (Note: Because purple grapes and red grapes are so frequently confused with each other, it is not clear exactly how good red grapes are. This is why you should look for the word "concord" on the package, although there are purple grapes other than concord grapes that are just as good.)

Warnings - Heed Carefully

In general, the "Grape Cure" diet cannot be mixed with other alternative cancer treatments!! For some reason, when cancer cells have access to a wide variety of foods they do not consume nearly as many of the cancer-killing nutrients in the grapes. This cancer treatment does not include ANY OTHER FOODS. There is NO "CANCER DIET" with this treatment because you are not allowed to eat any other foods. The supplements and alternative cancer treatments that are combined with this treatment have been carefully chosen to not interfere with the consumption by the cancer cells of the cancer-killing nutrients! in addition to this comment, much has changed since Johanna Brandt developed her grape cure. Unfortunately, one of those things is the way water is processed and another of those things is the way food is processed.

Here is another special word of warning about chlorine. If you buy premixed grape juice, you need to make sure it did not have any tap water mixed in with the grape juice. Assume it does and don't buy it! I would not use any premixed grape juice unless the label specifically mentions they did not use tap water or filtered water. Even some organic grape juice may have had tap water added to it. Even though the chlorine may be dissolved by the time you buy it, the fact that the chlorine existed when the grape juice was mixed with the water, would have caused severe damage to the nutrients at that time. This damage cannot be reversed. Another problem with mixed grape juice, even organic, is that it is generally required to be pasteurized. Pasteurization destroys all enzymes and it destroys an unknown number of nutrients in the grape juice and could neutralize a significant portion of the nutrients in the grape juice. Again, I emphasize, avoid premixed grape juice.

Unfortunately, most, if not all, frozen grape juice is also pasteurized. Frozen grape juice also may have a small amount of tap water added to it. Some organic grape juices are processed with spring water, but even these may be pasteurized. The white sugar content in store bought grape juice counteracts the entire fasting and anti-cancer therapy procedure by introducing to the body a refined and toxic substance. This discussion on food processing, which largely applies to organic foods also, leads to the conclusion that only fresh whole purple grapes, totally unprocessed, qualify for this diet. But even doing this does not avoid the problem of pesticides, and a lot of grapes and grape juice are in this diet. However, since a cancer patient is only on this diet for several weeks, pesticides can be safely ignored, however, the grapes should be soaked in warm water anyway before using.

The only way to guarantee you are getting all of the nutrients in the grapes is to make your own "grape mush" by using organic whole purple grapes (use organic when possible) and by processing them yourself into grape mush. Use a food processor or a juicer without using a filter (you want the entire grape, including the skin and seeds to be in the mush). "Organic" should mean there are no pesticides and that there are far more trace elements and other nutrients from the soil.

Now, being realistic, such a mush is not practical for most people for a number of reasons. Thus, you must do the best you can. First, avoid premixed purple grape juice. Frozen is better because it has had much less tap water mixed in with it, or better yet if the juice is organic it may have had spring water mixed in.

I must emphasize, no matter what kind of frozen grape juice you can find, mix it with "natural water." The chlorine issue is so critical for certain nutrients in grape juice, that I would not even mix ionized water with the grape juice. I would drink ionized water during the 12 hours of the water fast, and use natural water to mix with the grape juice and to drink during the 12 hours you are drinking the grape juice!

The Brandt Diet is an excellent diet, however, because grapes do not contain all of the amino acids, the Brandt Diet in this article includes spirulina, which does contain all of the critical amino acids.

Quote from "The Brandt Diet"

"It is safe to say that the first seven to ten days on grapes only would be required to clear the stomach and bowels of their ancient accumulations. And it is during this period that distressing symptoms often appear. Nature works thoroughly. She does not build on a rotten foundation. The purification of every part of the body must be complete before new tissue can be built."

In other words, a person on the Brandt Grape Cure can expect some awful smelling stuff coming out of a lot of different parts of their body!! I have gotten some pretty graphic emails from patients on this diet.

Also, a person on the Brandt diet will probably lose significant weight during the first few weeks. I mention this because a person who begins this diet at 120 pounds or less, will get concerned when they start losing weight. This is to be expected.

Having said all of that, here is the Johanna Brandt Grape Cure treatment for cancer.

The Johanna Brandt Grape Cure (as modified for newer discoveries)

Johanna Brandt designed a cancer treatment in 4 phases. Her first phase lasted until the cancer patient stopped losing weight or felt a lot better. The problem with a variable length phase, based on feeling better, is that a person feels better when their non-cancerous cells are given a shot of nutrients. Cancer cells steal energy, nutrients and glucose from non-cancerous cells. Thus, non-cancerous cells are very weak and "sick." If a person has been on chemotherapy, their non-cancer cells may also be toxic.

Giving a person a high dose of grape juice will make these non-cancerous cells "feel good." Thus, feeling good can be a very poor way to ascertain whether the cancer is being conquered, especially in the first few weeks. Thus, my version of the Brandt Grape Cure will be a fixed length treatment which may be repeated. If the person feels good after 10 weeks, that is a far better indication the cancer is actually losing the battle. There will be a six week cycle on this treatment. The first five weeks are the pure Brandt Grape Cure treatment. The sixth week will allow certain other foods to be eaten. This six-week cycle will be repeated as necessary!!

Note: If you want to start this diet immediately, but it will be a few days before you can get the grapes, then until you can get the whole grapes use store bought FROZEN purple grape juice that clearly states: "100% Grape Juice." It is best to buy this at a health food store. Make sure it is "100%" Grape Juice." Do realize that many brands, even organic contain dried or freeze-dried grape juice, that have lost their nutritional value. If in doubt, buy fresh grapes and juice them yourself.

The First Five Weeks of the Six Week Cycle

Starting THIS INSTANT, take absolutely NOTHING into your body that is not specifically mentioned in this plan. NOTHING. No smoking, no drinking alcohol, no coffee, no French fries - NOTHING. There is NO "CANCER DIET" with this treatment. There are NO foods or drinks that are allowed to be added.

Between 8:00 PM (i.e. 20:00 hours) and 8:00 AM (or pick your own 12 hours)

This is the evening and overnight "water fast."

Eat absolutely nothing. You may drink "natural water," meaning of course pure spring water, pure artesian well water, or ionized/alkaline water or even steam distilled water. Make sure your spring water or artesian

well water is not treated with chlorine or fluoride. The ozone treatment is the preferred treatment for natural water. Try to drink at least 1 gallon of natural or ionized water a day (SPREAD over the entire 24 hours).

Be careful to read the ingredients (i.e. do NOT buy filtered water unless it is reverse osmosis) and do not rely on the name of the product or the name of the company.

This 12-hour water fast is absolutely critical to the grape cure. It is critical that your cancer cells get "hungry" and prepare themselves to consume the next thing that comes along.

Between 8:00 AM and 8:00 PM

This is the daytime "water and grape mush fast."

During these twelve hours you should consume between two and four quarts of pure "grape mush." If you do not have, or cannot obtain, a food processor, then you can grind the purple grape seeds with an inexpensive hand-cranked wheat grinder and eat the rest of the whole purple grapes.

For those who cannot swallow the grape mush (due to the grape skins), they can juice and filter the grapes to a level of consistency they can drink.

The grape mush should be partaken of SLOWLY. It should be SIPPED SLOWLY. Actually, the grape mush you are going to eat should be divided into at least seven equal portions and eaten at seven different times during the 12 hours you are eating the grape mush. This is essential to avoid nausea.

It is also necessary to drink a lot of water about the same time you are taking the grape mush. This will also help with avoiding nausea. Nausea is frequently a major problem with this diet. So is diarrhea or constipation.

Supplement all anti-cancer diets with a digital zapper for amazing results!

Use only Frequency Generator Digital Zappers, that have more power than the conventional Zapper and are the "Digital type Zapper" specifically outlined on page 502 in "Cure for all diseases". Run a 10 frequency comprehensive parasite set on the Zapper Digital LCD or MHZ model in order to target the various parasitic pathogens, who live in these particular frequency ranges.

Good Health!, Dr Clark (2008)

Saffron:

Best known as a food seasoning and dye, saffron can also stifle liver cancer in rats, tests show. In a report in the September Hepatology, researchers find that the spice suppresses a slew of known cancer-related compounds and boosts several beneficial ones.

Saffron is an expensive spice made from the *Crocus sativus* flower. Past studies have hinted it has benefits against depression, inflammation, memory loss and as an antioxidant. Studies in animals and in human cells have even suggested that saffron can inhibit certain cancers. "But the exact mechanism of the anticancer effect of saffron is unclear," says Amr Amin, a molecular biologist at United Arab Emirates University in Al-Ain.

Although the spice has been used as a folk remedy for centuries, only in recent decades has its value been tested in the laboratory. In the new study, Amin and his colleagues fed saffron to 24 rats daily for 24 weeks. Two weeks into the regimen the researchers injected the animals with diethylnitrosamine and 2-acetylaminofluorene, a chemical combination known to cause liver cancer.

Eight other rats getting a similar injection combo received distilled water instead of saffron. Six of them developed cancerous growths called nodules on the liver during the course of the study, whereas only four of the 24 rats getting saffron developed nodules. Of eight rats that got the highest dose of saffron, none developed any nodules.

Amin says his team chose to study liver cancer because cancers that spread from other organs, such as the colon or breast, often end up there.

Saffron kept in check a cell-proliferation protein called Ki-67 and reduced other compounds linked to liver damage and oxidative stress. Oxidative stress results from an imbalance between unstable, reactive molecules called free radicals and the antioxidants that sop them up. This tilt can lead to aberrant cell growth, a precursor to cancer, Amin says. Antioxidants, including one called superoxide dismutase, were restored in the rats getting saffron.

A separate series of tests on human liver cancer cells showed that saffron inhibits the action of key proteins — NF-kappa B, interleukin-8 and tumor necrosis factor receptor 1 — that contribute to cell proliferation and inflammation. Other evidence shows that saffron switches on programmed cell death in cancerous cells, a failsafe mechanism that is often shut down in cancer.

“This is very extensive work, and the quality is very good,” says Tapas Saha, a molecular biologist at the Georgetown University Lombardi Comprehensive Cancer Center. But Saha, who wasn’t involved in this study, says that scaling up these findings to apply them as a treatment in people might be a challenge. Saffron must be hand-picked, he notes, and so the price remains high. “Saffron is such a costly material,” he says, “that it’s very difficult to understand how it can be a drug.”

Synthetic versions of the important saffron components might be less expensive. Amin says further research may delineate those constituents. Meanwhile, the team plans to test the spice in liver cancer patients.

The full study of a new research indicating that Saffron has a significant chemopreventive effect against liver cancer in animals is published in the September issue of *Hepatology*, a journal published by Wiley Blackwell on behalf of the American Association for the Study of Liver Diseases. The study reveals, that when rats with diethylnitrosamine (DEN)-induced liver cancer were given saffron, it inhibited cell proliferation and stimulated apoptosis.

As the fifth most common cancer, Hepatocellular carcinoma (HCC), or liver cancer is the third leading cause of cancer worldwide. The major risk factor for contracting HCC, according to medical evidence, is chronic infection with hepatitis B and C. Other risk factors include iron overload, fatty liver disease, alcohol abuse and exposure to environmental carcinogens (DEN) that is found in tobacco-smoke, cosmetics, gasoline, and processed foods including milk and meat products.

Prof. Amr Amin from the United Arab Emirates University said,

"In the fight against cancer, there has been much interest in chemopreventive properties of natural herbs and plants. With limited treatment options, approaches that prevent cancer development are among the best strategies to protect against the disease."

Earlier studies revealed that saffron, a naturally derived plant product from a commonly used spice used for adding flavor and color to foods, has antioxidant, anti-cancer, and anti-inflammatory properties and could be a readily available cancer-fighting substance.

To allow further explorations into saffron's potential in preventing development and progression of HCC, researchers used DEN in rats to simulate benign and malignant tumors in humans. In the 22-week long study, animals were first injected with DEN and two weeks later they received daily saffron doses of 75mg/kg, 150 mg/kg, and 300 mg/kg.

Findings revealed that saffron significantly reduced the number and the incidence of liver nodules, with animals receiving the highest dose showing complete inhibition of hepatic nodules. Animals receiving pre treatment with saffron showed a decrease in the elevation of gamma glutamyl transpeptidase, alanine aminotransferase and alpha-fetoprotein (GGT, ALT, α FP) - proteins that indicate liver damage. Saffron also prevented the elevation of cells positive for Ki-67, cyclooxygenase 2, inducible nitric oxide synthase, nucle-

ar factor-kappa Bp-65 and the phosphorylated tumor necrosis factor receptor, all of which play a part in the development and progression of cancerous cells.

In a concluding statement Prof. Amin said,

"Our findings suggest that saffron provides an anti-cancer protective effect by promoting cell death (apoptosis), inhibiting proliferation of cancerous cells, and blocking inflammation. Further investigation of saffron extract and its mechanism of action in HCC is currently underway."

By Krithika Subramanian, Ph.D. :

Saffron is a plant and also the plant-derived spice that is used as a food coloring and flavoring agent. It is the most expensive spice in the world, by weight, probably because it is cultivated and prepared by hand. There is growing interest in developing many plant-derived substances, including saffron extracts and its components, as cancer therapeutic agents. Although the applications of many of these substances in cancer therapy is still in their early stages, their low toxicity, many years of human intake and broad range of activities on cancer cells make them attractive as potential treatment agents.

What is Saffron?

Saffron spice is made from the dried stigmas of the flowers of the plant *crocus sativus*. It is cultivated in many countries, including France, Turkey, Iran and India. It is used in food as a spice and yellow coloring agent. In folk and modern medicine, saffron has also been used to treat depression, asthma, premenstrual syndrome and insomnia. Saffron contains over 150 compounds, about one-third of which have been identified. Saffron contains three main biologically important compounds. The crocins are unusual water-soluble compounds in the carotenoids category -- a class of plant-derived richly colored pigments. Picrocrocin imparts a bitter taste, and safranal, a volatile oil, imparts aroma to saffron.

Beneficial Properties

Clinical trials have been conducted to assess the benefits of saffron on some human diseases and conditions, including premenstrual syndrome, depression, erectile dysfunction, macular degeneration and Alzheimer's disease. Some of the best clinical effects of saffron on human disease have been observed in treatment of mild to moderate depression, with a dose of saffron at 30 milligrams daily, over six to eight weeks. Limited information is available about its effectiveness in other human diseases. Consult your doctor with queries about saffron pertinent to your specific health concerns.

Cancer-Specific Mechanisms

Studies of the anti-cancer effects of saffron have been conducted only on experimental models of human cancers, as of September 2011. In such studies, saffron extract was found to alleviate some of the undesirable side effects of other drugs, such as cisplatin, used in cancer treatment, without affecting the anti-tumor action of the drugs. In addition, saffron extracts, or crocin or crocin derivatives, can inhibit the growth of tumor cells and the progression of the cancer while leaving healthy cells unaffected in rodent models of breast, lung and colorectal cancers. The exact mechanism through which saffron exerts anti-cancer effects is not fully understood.

Uses and Concerns

The clinical use of saffron has only been evaluated in limited trials, as of 2011. Saffron, at a dosage of 30 milligrams per day, has been used in clinical trials to treat depression and premenstrual syndrome. Doses up to 1.5 grams per day are thought to be safe. Adverse effects of saffron include nausea, vomiting, interference with or premature termination of pregnancy, and even death, in doses higher than 5 grams per day. As of 2011, no clinical trials of human cancer patients have been conducted with saffron. Further studies are required to evaluate the safety and efficacy of saffron in cancer treatment.

Dr. Max Gerson Therapy:

How It Works

Gerson therapy is one of the metabolic therapies, using a special diet, plus supplements, and a coffee enema to cure terminal cases of cancer. 90-95% of his cancer cases were far advanced (terminal), and overall his cure rate was about 50%, which is exceptional because he counted all of his patients, not just those who lived for a year or more. This percentage is far higher than current day orthodox treatments and higher than most alternative cancer treatments!!

He stated: "... this percentage could be higher if there were better cooperation from the family physician, the patient himself and less resistance from the family against such a strict regime." (page 33) Apparently some things never change. Gerson is also known for his very high cure rate of tuberculosis, which is caused by a bacteria.

Having said that, there is a reason that Gerson's cure rate might actually be closer to those of Kelley and Binzel, as examples, than surface statistics might imply. Both Kelley and Binzel did not include in their statistics those cancer patients who came to them who were simply too far gone to help. Gerson apparently included everyone.

Note: While this treatment achieved a true cure rate of 50% on advanced terminal patients, and while the best of the alternative cancer treatments today only achieve a 50% cure rate, I do not rate this treatment as a "Stage IV" treatment. There are two reasons. First, his treatment is very complex and his book is very disjointed. But more importantly, the cancer patients sent home to die when he was practicing medicine were in far better health than the ones sent home to die today. Thus, his 50% true cure rate is not comparable to the 50% true cure rates of today, such as cesium chloride and DMSO achieve.

Dr. Max Gerson Therapy

Max Gerson was a medical doctor who used diet and other natural treatments to deal with cancer. His approach was developed as a combination of trial-and-error methods and a vast amount of reading of the scientific literature.

The theory and implementation of his treatment can be found in his book: *A Cancer Therapy - Results of Fifty Cases and The Cure of Advanced Cancer by Diet Therapy*. This article will be based on the 5th Edition. His book is quite long and at times very technical. Nevertheless, it is recommended reading, especially for those using his treatment. A medical dictionary sitting by your side will be very helpful.

Gerson was well aware of soil issues, the electricity of cells, how cancer cells ferment glucose, oxidizing enzymes, sodium/potassium balance, connective tissue, and many other technical issues related to cancer. His treatment and approach was a "whole body" approach, meaning he did not consider that treating only the localized area of concentrated cancer cells, as orthodox medicine does, is a good idea.

"The ideal task of cancer therapy is to restore the function of the oxidizing systems in the entire organism. This, of course, is difficult to accomplish. It involves the following: 1) detoxification of the whole body, 2) providing the essential mineral contents of the potassium group, 3) adding oxidizing enzymes continuously as long as they are not reactivated and built in the body (in the form of green leaf juice and fresh calf's liver juice). This will create a near normal condition of the oxidizing system in the body, to which malignant cells with the fermentation system cannot adapt."

Dr. Max Gerson, *A Cancer Therapy*, 5th Edition, page 7

Gerson was very interested in treating the liver. Several chapters of his book deal with various aspects of the liver. He noted several cancer patients who were cured of their cancer but later died of cirrhosis of the liver (see page 18). In a sense he considered that damage to the liver preceded the metastasis of cancer (see pages

40 and 64). In fact, Gerson saw a parallel between the deterioration of the liver and the growth and progression of the cancer!! Because of his concern for liver problems, he did not favor fasting (see page 74).

One point of focus of Gerson's interest was connective tissue. Quoting Professor Pischinger:

"The mesenchym [currently spelled: mesenchyme] consists mostly of connective tissue cells which are distributed all over the body, especially between all organs and tissues. It contains some different types of cells. This tissue was long ignored until a few scientists discovered the importance of this so-called 'filling tissue,' now characterized more precisely as the 'reticular system,' containing the mesenchymal defense and parenteral digestive apparatus. From the pathology we learn that almost every tumor is surrounded by such tissue, and the same tissue also embraces all new cancer establishments. This connective tissue is almost inactive and paralyzed in cancer, incapable of helping or protecting the body any longer in defense or healing."

Dr. Max Gerson, A Cancer Therapy, 5th Edition, page 120

Gerson comments about this quote:

"A number of scientists have tried various methods to stimulate the reticular system as well as the reticulo-endothelial system, which seem to control and regulate the growth of cells. Failure of these systems may cause the uncontrolled growth [of cancer cells], which is a characteristic part of cancer."

Dr. Max Gerson, A Cancer Therapy, 5th Edition, page 120

It is unfortunate that Gerson did not know what we know now:

"Cancer cells produce and secrete millions of enzyme molecules, which, like scissors, cut collagen and tissue that surrounds cells... Using the same mechanism, cancer cells can settle [in a new location] and start new tumor growth.

Dr. Aleksandra Niedzwiecki, Rath Foundation

It is the focus of the Rath Cellular Solution and Osiecki Cancer Technique (for which I have articles on this web site) to protect this collagen matrix from being cut apart by the cancer cell created enzymes. If Gerson had had this technology, his cure rate may have been significantly higher.

A related, and just as interesting, concept in his book is related to the issue of inflammation. To him, the body's ability to create an inflammation to the afflicted area of the body was critical to the treatment of cancer. "...that slices of tissue, taken from malignant rat tumors or human cancer tissues, are killed fast in an inflammation exudate simply because the specific metabolism of the cancer cell cannot be maintained in those surroundings." (page 43) "There is no other way but to kill these [cancer] cells to dissolve and absorb them. I believe the surest way to achieve this end is to restore to the body its ability to produce non-bacterial inflammatory reactions." (pages 125-127)

In addition to this, he felt the diet should be designed to avoid allergic reactions. "It became necessary to find means of excluding all allergic reactions as far as possible. We succeeded in excluding the nutritional allergies by adding large doses of potassium and simultaneously applying a strictly saltless diet." (page 139) Coffee enemas and castor oil treatments were also part of this approach.

"[Professor G. von Bergmann stated] Cancer metabolism takes place once the body is no longer capable of producing an active 'inflammation metabolism' ... the cancerous organism is anergic [a lack of normal immunological function] in respect to inflammation."

Dr. Max Gerson, A Cancer Therapy, 5th Edition, page 120

I am not sure whether Gerson included this next quote in reference to inflammation or the more general topic of temperature: "[Professor Lambert concluded] In the tissue culture the cancer cell will be damaged by a temperature of 39 degrees C. and dies at 42 degrees C; the normal cell will be damaged by 43 degree C. and dies at 46-47 degrees C." (page 45)

It seems that the collagen matrix (a critical part of the connective tissue, and which Gerson refers to as mesenchym), the immunity system, and the ability of the body to create inflammations are all highly related issues.

"Connective tissue functions not only as a mechanical support for other tissues but also as an avenue for communication and transport among other tissues. Most significantly, connective tissue is the stage for inflammation. The principal cell types involved in immunological defense are found within connective tissue."

<http://www.siumed.edu/~dking2/intro/ct.htm>

It may be correct to conclude that when the cancer cell enzymes cut apart the collagen matrix, not only does the cancer spread, but the immunity system and the ability of the body to create an inflammation are damaged. In other words, as was said above: "This connective tissue is almost inactive and paralyzed in cancer, incapable of helping or protecting the body any longer in defense or healing."

Gerson was very interested in the potassium group of minerals versus the sodium group. He favored the potassium group for treating cancer and his diet absolutely forbid adding any salt to foods. The ratio of potassium to sodium was something he emphasized several times. This, in spite of the fact that some of his contemporaries came to a different conclusion about salt. He probably talked about potassium more than any other single subject. He was also interested in other minerals as well, along with some vitamins.

Gerson was also aware of the electrical component of cancer. "All investigators found that malignant tumors are characterized by a considerable electronegativity in the tissues and fluids." (page 106) In fact, this is one reason why he was so interested in potassium and other minerals. "The late G.W. Crile, and his collaborators, M. Telkes and A.F. Rowland, found a decreased electrical polarization and an increased electric conductivity in malignant tumors which may be caused, in my opinion, by the greater sodium content in the growing part of the tumor." (page 107)

One vitamin Gerson liked was niacin. It "helps to bring back sufficient glycogen into the liver cells," (page 209) open[s] the small arteries and capillaries;" (page 209) and "raises the electrical potentials in the cells." (page 209) He also recommended discontinuing taking niacin in cases of bleeding. (page 209)

As with Moerman, Gerson was very interested in iodine, a nutrient our FDA has made difficult to obtain in therapeutic quantities. "Iodine is a decisive factor in the normal differentiation of cells, and can be used in order to counteract the decrease of cell differentiation as seen in the cancerous tissues. Iodine is also regarded as counteracting some adrenal hormones." (page 32)

Gerson once stated: "...our modern agriculture decreased potassium and iodine in our nutrition, precisely the minerals essential for prevention of cancer."

As with several other alternative health practitioners (e.g. Kelley, Hulda Clark, etc.) Gerson required a coffee enema. Generally, his enemas were given every four hours - day and night. However, in cases of discomfort (i.e. flare-ups), they were given every two hours! As he notes on page 236a: "However, physician must monitor serum electrolytes frequently."

Gerson had excellent results treating tuberculosis cases. The significance of this is that tuberculosis is caused by a bacteria. His first cancer treatments were essentially his tuberculosis treatment plan (see page 31). This lends credibility to the theory that cancer is related to some type of parasite, felt now to be a fungi/mould/yeast. Gerson himself discounted the possibility that cancer was caused by a microorganism (see page 35).

Gerson was also well aware, even in the 1950s, of the importance of organic foods (because general farming practices left the plants without enough nutrients), such as carrots, and the damage done to foods by the way they were processed and packaged. Think how much worse things are today!!

Gerson twice mentioned that his "most drastic" mistake was giving a number of patients "opposite sex hormones," based on the recommendation of another doctor. This mistake caused a number of deaths among his better patients. (see page 219)

Gerson was not a fan of orthodox medicine. He noted that cure rates were the same even after better diagnostic techniques and a myriad of new orthodox treatment protocols (see page 87).

The Diet

The Gerson diet is extremely detailed. It is not just the foods that are included and excluded; it is when the foods are eaten, how often they are eaten, how they are prepared, how not to prepare them, what to cook them in, how to package them, etc. etc.

If someone is going to go on the Gerson diet, I would suggest that before they read the book, they write down (or become familiar with) the diet as presented in pages 236-248 (5th edition). Then as they read the book from the beginning they can compare the comments in the book with the diet itself.

One thing that must be remembered is that the book was written in pieces, meaning at more than one time. Dr. Gerson did not have a word processor, in which he could quickly make changes to old chapters. Thus, the book is a mix of old chapters and new chapters. There is a lot of redundancy and a lot of poor organization. But this is a reflection of the time period in which he wrote the book. It is a large book, and very technical at times.

I have seen testimonials of the Gerson treatment on the internet, however, details were not given of their treatment, except that they apparently drank more carrot juice than his book suggested.

Gerson kept his cancer patients on his diet for at least one and a half years, and frequently two years. "In more advanced cases it takes a long time, about one to one and a half years, to restore the liver as near as possible to normal." (page 196)

"Another frequent mistake patients make is to feel, that 'a little bit' of one or the other forbidden foods cannot do them much harm. This is an entirely mistaken notion; besides, these 'little bits' tend to become larger and more frequent: they do not fail to produce harmful results."

Dr. Max Gerson, A Cancer Therapy, 5th Edition, page 216

Well said, this still applies to cancer diets.

This article came from: <http://www.cancertutor.com/Cancer/Gerson.html>

Hemp Oil Cancer Cure:

From Rick Simpson:

www.phoenixtears.ca/

On November 25th, 2009, one day before I was crowned the Freedom Fighter of the Year at the Cannabis Cup in Amsterdam, I received word that I have been raided again by the RCMP. I contacted Tim Hunter at the Amherst detachment and asked if I was being charged. Of course, he refused to give me straight answer. All he would say was that the RCMP wanted to talk to me.

After openly growing hemp in my backyard this past summer and announcing this fact to the public on Tom Young's open line talk show in June, how could the RCMP not be aware of my activities? The truth is they knew exactly what I was doing. RCMP officers were even sending people that needed help to me. I can only surmise that the purpose of this raid was to keep me from returning to Canada.

If I returned home I would likely be charged arrested and put in jail I expect without bail, this would mean that I would have no access to the medication I require. I am not afraid of their jails but I cannot go without my medicine, the medical system has already proven that they have nothing that can help my condition. So for me to return to Canada would be like committing suicide. I would be thrown in jail and denied my medicine and a short time later you would hear in the news that Rick Simpson died of natural causes. I cannot tell the people of Canada who are depending on my presence to help their medical conditions how sorry I am. But it was not me who caused this situation.

It seems the goal was to keep me from returning home and they succeeded. But to what end? Many hemp magazines are now telling their readers how to heal themselves with this wonderful medicine. If governments want to live in denial, it will be short-lived. We are gaining tens of thousands of followers every day. You cannot stop the truth.

For me, going to the Cannabis Cup was a great adventure and I would like to thank Greenhouse Seeds for making this trip possible. To stand before hundreds of people and be crowned Freedom Fighter Of The Year is a great honor. But it is an honor that comes with a price. Most people who have worn the tricorn hat have gone to jail for spreading the truth.

To have this honor bestowed on me and to join the ranks of people like Jack Herer and Eddy Lepp has given my life even more purpose.

Jack Herer believed as I do that the key to hemp's complete legalization is in the magnificent medicine this plant can produce. Once the public becomes aware of the fact that properly made hemp medicine can cure or control practically any medical condition, who is going to stand against the use of hemp?

I must also tip my tricorn hat to the Weed World out of the UK. They were the first hemp magazine to cover my work. They even released a special edition in September 2009 featuring a number of articles that I wrote about hemp medicine and other aspects of the hemp movement. I must also acknowledge the great work done by Bayer & Romsy Hemp Cosmetics and Konoptikum a hemp publication in the Czech Republic. This publication has also done much to spread the truth about hemp in Europe.

Presently, I am staying with friends in Europe but it saddens me to be unable to be with my family and loved ones during Christmas. For the time being, it seems I will be seeking asylum in Europe. This may not be a bad thing since seminars about hemp oil are being arranged in many countries.

They say everything happens for a reason, so I will simply put my head down and continue forward. To anyone in Canada or the US requiring help, simply follow the information we provided at www.phoenixtears.ca. Almost anyone can produce this medicine without difficulty, if they follow the instructions. Again, I apologize to everyone for not returning. But as you can see, my hands are tied.

We are at the dawn of new age in medicine and a new day for mankind. Not only can hemp save the world, it can eliminate a great deal of human suffering and can even put an end to starvation. What are we waiting

for? Join with me and let us put an end to this madness. It can only survive if we continue to sit on our backsides and do nothing. Stand up and be counted and let us give ourselves a chance to heal.

Best wishes,

Rick Simpson

Make your own Hemp Oil:

For those of you who have watched the documentary “Run from the Cure”, this should answer any questions about producing your own oil. I recommend that people grow their own hemp either in a small indoor grow system or outdoors. Growing it yourself will eliminate the high cost associated with buying hemp from drug dealers. The cost of hemp can vary greatly from dealer to dealer and so can the quality of the hemp. For anyone new to growing hemp a good book or video on the subject is a necessity. Just go to one of the cannabis publications on line, or buy one of these publications at a local store where you live. If you do this you should have no trouble finding a good book on the subject. My personal favorite is The Indoor Outdoor Medicinal Growers Bible by Jorge Cervantes. Also Ed Rosenthal and many others have excellent books on the subject available.

Caution: Oils that drug dealers sell can have many contaminants and often little or no THC. From my experience, most hemp oil available on the street should be avoided for medicinal use. Make your own oil or have someone you trust produce the oil to assure a very pure, high quality oil is produced.

How much to make and take?

One pound of very dry high quality cannabis hemp bud material will usually produce 55 to 60 grams of high grade oil. This amount of oil will usually cure most serious cancers unless the patient has been badly damaged by chemo and radiation. In such cases the patient can often still be saved, but they will have to ingest much more oil to undo the damage the chemo and radiation has left behind. The average patient can ingest a full 60 gram cancer treatment in about 90 days. But if they have been damaged by chemo and radiation often much more oil will need to be taken, over a longer period of time. Sometimes such patients will require 120 to 180 grams to undo the damage from all the chemo and radiation. Once the patient is cured and all the damage has been undone, I recommend that they continue to take a maintenance dose of about 1 gram per month to maintain good health. A small amount of oil about half the size of a piece of short grained dry rice three times a day is a good beginning. After four days double the amount you are taking per dose and try to continue to do so every four days there after. Until you have reached the point where you can ingest one third of a gram per dose. Taking the oil in this manner in the beginning allows the patient time to build up their tolerance for this substance. Some people soon acquire a very high tolerance and I always tell patients the faster you can take it the sooner you will be cured. I once had an eighty two year old man who was ingesting 2grams a day, who was still going to town everyday and no one could even tell he was taking it. In cases where people are taking strong and dangerous pain medications like morphine. I recommend that they begin treatment taking doses about the size of a grain of short grained dry rice. The idea is to increase their doses as quickly as possible to get off the dangerous pain medications and let the oil take their place to provide pain relief. High quality hemp oil from the proper strains can stop pain that even morphine has no effect on, also this oil can be applied to external injuries for pain relief in minutes.

Will I get high?

Following the dosage instructions previously described many people have reported to me that they did not get high during treatment.

Will I become addicted?

Hemp oil does not cause your body to crave more. It is non-addictive, harmless and effective for practically any medical condition.

Is this the same as hemp seed oil?

No this oil is produced from the bud material of the cannabis hemp plant and it is the essential oil of the hemp plant. Health food stores sell oil that is made from hemp seed that is often mislabeled as hemp oil what they really are selling is cold pressed hemp seed oil and that is what should be on their label. Although seed oil is very beneficial, it does not contain enough THC to have any effect on cancer and other serious illnesses.

Are hemp and marijuana the same?

The word marijuana is one of over four hundred slang terms used worldwide to describe the cannabis and/or hemp plant.

Are all hemp plants the same?

When buying or growing hemp, procure a strain that has the highest possible THC content. To energize someone suffering from depression, I recommend a good Sativa strain. For most other medical conditions, I strongly suggest that Indica strains be used. Indicas relax a person and provide them with more rest and sleep.

How do I use it?

High quality hemp oil can be vaporized, ingested, used as a suppository or applied topically. Also this oil can be mixed with creams and salves for beauty treatments and other external uses.

What Strain Should I Use?

This is a rather hard question to answer, since in reality we are all at the mercy of the seed merchants, for they are the ones who have the final say in what we are growing. The trouble is, if you were to order a strain like White Widow from five different seed suppliers. When you grew them you would likely end up growing five entirely different types of plants. The type of White Widow that I was growing back in Canada had a very heavy sedative effect like a good Indica variety and it was one of the best pain killers that I have ever encountered. But if I tried to order the same seeds from the company I originally purchased them from today, they would likely send me seeds with entirely different medicinal values. The White Widow I've seen here in Europe is much more energizing than what I was growing in Canada. Unfortunately for the most part it does not have the medicinal values that I am looking for to produce the heavy sleepy effect, like the White Widow I was growing back in Canada. So as you can see, when you order seeds from most seed companies, you are never really too sure what you will be growing. We need a good ongoing steady supply of seeds that have known medicinal values, so an ordinary person will know what they are growing. All we need is the freedom to grow the most medicinal strains on earth. Then using a simple process of elimination we could determine which strains produce the best oil to treat different medical conditions. After this is done a stable supply of these seeds could be made available to the public and they then could grow strains that suit their medical needs.

I always produce this oil using strong Indica varieties, but Indica dominant Sativa crosses can often produce excellent results also. There are thousands of strains that have been bred back and forth with each other and they all differ in their medicinal values. Some strains are better pain killers, while others may be better to control blood sugar levels for diabetics or ocular pressure for glaucoma patients. I have good reason to call the hemp plant, the plant with a thousand different medicinal profiles. Once you experience the medicinal effects, oils produced from different strains can have, you will understand exactly what I mean. But luckily for us, if the oil is properly produced it does work very well in the treatment of all types of cancer. At this time all I can do is tell the public to order strong Indica or Indica dominant Sativa crosses that have 20% THC or more, to produce their oil. Also people are always asking me where they can get seeds and this can be a real problem for those who live in some countries, that don't allow them to be sold. If you go on the internet you will find many seed companies that will supply cannabis seeds. But the only company I know of that will ship seeds worldwide is the Attitude Seed Company out of the UK. I hope the information I have provided will be helpful to those who are trying to acquire the proper strain to produce their medication. We already know the wonderful healing effects this natural oil has, but we need the freedom to perfect the strains required to produce the most effective medicine.

My process:

I usually work with a pound or more of bud from very potent high quality Indica or Indica dominant Sativa crosses. An ounce of good bud will usually produce 3 to 4 grams of high grade oil and the amount of oil produced will vary from strain to strain. So you are never really sure how much oil you will get, until you have processed the material you are working with. But on average a pound of good bud will usually produce about 60 grams of high grade oil and sometimes you may even get a bit more. Many people will tell you that the oil should be amber and that you can see through it, in many cases the oils that I produced were exactly like that. But the color and texture of the oil you are producing depends a great deal on the strain and solvent that you are using to produce the oil. So don't be concerned if the oil you produce happens to be darker in color, this does not mean that it is any less potent as a medicine.

The process that I am about to describe involves washing the starting material twice with a good solvent such as pure naphtha, to remove the available resin from the plant material. Naphtha has proven to be a very good solvent to produce the oil and in Europe it is often called benzine. The only solvents that I have direct experience with are ether, alcohol and naphtha. Ether is my personal favourite and it is a very effective solvent, but it is expensive and can be quite hard to get. I think the use of ether is better suited for closed distilling devices since it is very volatile and its fumes make it a bit dangerous to work with. Alcohol is not quite as effective as ether or naphtha as a solvent, since it is less selective in nature, but still it does work well. Alcohol will dissolve more chlorophyll from the starting material and due to this, oils produced with alcohol will usually be more noticeably dark in color. For a solvent to be effective it should be 100% pure and 100% pure alcohol is expensive and can be quite hard to find. Naphtha on the other hand is quite cheap to acquire and is usually not too hard to find. Many paint suppliers sell pure naphtha as paint thinners, so for the most part it is quite easy to get and next to the use of ether it is my solvent of choice.

All these solvents including alcohol are poisonous in nature, but if you follow these instructions solvent residue in the finished oil is not a concern. When you are done processing the oil after it cools to room temperature, it is a thick grease rather than an oil. The finished oil or in reality (grease) is about as anti poisonous as you can get. Even if there was a trace amount of solvent residue remaining, the oil itself would act upon it to neutralize any harmful poisonous effect. I don't recommend the use of butane as a solvent to produce this medication, since it is very volatile and would require the use of expensive equipment to neutralize the danger. Also using butane to produce the oil does not decarboxylate the finished product, so oils produced in this manner would be much less effective for medicinal use.

The starting material must be as dry as possible, it is then placed in a container of good depth to prevent the oil solvent mix from splashing out during the washing process. Once the starting material is placed in the desired container it is then dampened with the solvent being used, be sure the area you are working in is well ventilated and there are no sparks, open flames or red hot elements in the area. After the material is dampened it is crushed using a length of wood such as a piece of 2x2, after it has been crushed add more solvent until the material is completely immersed, in the solvent. Work the material immersed in the solvent for about three minutes, with the length of wood you used to crush it with. Then slowly pour the solvent oil mix off into another clean container, leaving the starting material in the original container, so it can be washed for the second time.

Again add fresh solvent to the starting material until it is once more immersed in the solvent then work it for three more minutes with the length of wood you have been using. Then pour the solvent oil mix into the same container that is holding the solvent oil mix from the first wash you did. Trying to do a third wash on the plant material would produce very little oil and it would be of little or no benefit as a medicine. The first wash dissolves 70 to 80% of the available resin off the starting material, the second wash then removes whatever resin that is of benefit that remains.

Use something such as clean water containers with a small opening at the top and insert funnels into the openings, then put large coffee filters in the funnels. Pour the solvent oil mix from the first and second washes into the coffee filters and allow the solvent oil mix to drain through the filters to remove any un-

wanted plant material. Once the solvent oil mix has been filtered it is now ready to have the solvent boiled off.

Use an inexpensive large rice cooker with an open top that has both high and low heat settings to boil the solvent off the oil. Make sure that the rice cooker is set up in a well ventilated area and place a fan near by to blow away the fumes as the solvent boils off. Rice cookers are designed to not burn the rice as it cooks and the temperature sensors that are built in, will automatically put the cooker back on the low heat setting if the temperature within the cooker begins to get to high. When producing oil if the temperature gets too high it will vaporize the cannabinoids off the oil and of course you do not want this to occur. That's the reason I strongly recommend the use of a rice cooker to those who have never produced oil before since it eliminates any danger of this happening, if the rice cooker is working properly.

Make sure there are no sparks, open flames or red hot elements in the area while you are filling the rice cooker or boiling the solvent off, because the fumes produced from the solvent are very flammable. I have used this same process thousands of times and have never had a mishap, but for your own safety please follow the instructions, I also caution you to avoid breathing in the fumes that solvents produce. Fill the rice cooker until it is about three quarters full, this allows room for the solvent oil mix to boil the solvent off without spilling over. Put the rice cooker on its high heat setting and begin boiling the solvent off, as the level in the rice cooker drops continue to carefully add the solvent oil mix you have remaining, until you have nothing left.

When the level in the rice cooker comes down for the last time and has been reduced to about two inches of solvent oil mix remaining, add a few drops of water to the solvent oil mix that remains. When I am boiling the solvent oil mix produced from one pound of starting material, I usually add 10 to 12 drops of water at this time. This small amount of water allows the remaining solvent to boil off the oil that remains in the cooker more readily. When there is very little remaining in the cooker, I usually put on a pair of gloves and then pick up the cooker and begin swirling its contents. Until the cooker automatically kicks off its high heat setting and then goes to low heat.

As the last of the solvent is being boiled off, you will hear a crackling sound from the oil that is left in the cooker and you will see quite a bit of bubbling taking place in the oil that remains. Also you will notice what looks like a small amount of smoke or steam, coming off the oil in the rice cooker. But don't be concerned this is mostly just steam produced from the few drops of water that you added. After the rice cooker has automatically switched to its low heat setting, I take the inner pot out of the cooker and pour its contents into a stainless steel measuring cup. There will be a small amount of oil remaining in the pot that you will find almost impossible to get out, unless you use something like dry bread to absorb the oil while it is still warm. Then small amounts of this bread can be eaten as a medicine, but remember it can sometimes take an hour or more before you feel its effects. So be careful how much bread like this you consume, because it may put you to sleep for quite a few hours, just the same as the raw oil will do itself.

Take the oil that you poured into the stainless steel measuring cup and put it on a gentle heating device such as a coffee warmer, to evaporate off whatever water remains in the oil. Quite often it only takes a short time to evaporate the remaining water off, but also some strains produce more natural turpines than others. These turpines can cause the oil you now have on the coffee warmer to bubble for quite some time and it may take awhile for such oils to cease this activity. When the oil on the coffee warmer has stopped bubbling and there is little or no activity visible, take the oil off the coffee warmer and allow it to cool a bit.

Then using plastic applicators or syringes with no needles, that are available in your local drug store. Use the plunger of the syringes to slowly draw the warm oil up into the syringes and allow it to cool. In a short time the oil will become a thick grease, sometimes the oil can be so thick that it can be hard to force it out of the syringes when cooled. If such a thing happens simply run hot water over the syringe and your doses can then be forced out much more easily. Sometimes a patient will force out too much oil, but if this happens just pull back on the plunger of the syringe and the excess oil can usually be drawn back into the syringe without too much difficulty.

On average if I have a dry pound of material to work with, it will require about two imperial gallons of solvent, or 9 liters which equals about 320 fluid ounces to do the two washes that are required. If you plan to produce the oil from more or less starting material, simply do the math to determine roughly how much solvent you will require. From start to finish it usually takes me about four hours to accomplish the whole process, then the medicine is sitting there ready to be used. It should also be mentioned that this oil has an extremely long shelf life, if kept in a cool dark place for storage. I think these instructions should make producing this oil quite easy for anyone, but before you start make sure that you have everything you will need to do it properly.

At first it may seem daunting for some to try to produce their own medicine, but in reality this process is extremely simple. All you have to do is carefully follow the instructions and after you produce this medication a couple of times, you will find that it is not much harder to make than a cup of coffee. Once you have produced your own medication it takes all the mystery out of medicine and you no longer have to rely on doctors in most cases, for now you are your own doctor. Welcome to the world of real medicine, medicine that does no harm and is effective for practically all diseases and conditions and a wonderful natural medication that you now know how to produce yourself.

Best Wishes and Good Health,

Rick Simpson

NOTE: We bear no responsibility if this information is misused and it is provided for educational purposes only.

How it works:

I am not going to talk about the corruption that is holding this plant's medicinal use back. I am here today to simply speak about the healing power of the hemp plant that I have personally witnessed and what I think causes it.

From my experience all forms of disease and conditions are treatable and often curable with the use of high grade hemp oil as a treatment.

Due to its harmless nature as a medicine, hemp oil is in a class all by itself. Even something like aspirin tablets that is looked upon as being harmless by the public causes thousands of deaths worldwide each year.

If you are looking for a safe medication, look no further than what the hemp plant can provide. On top of all that it's a medicine we can all grow and produce ourselves. Also there is no need for a doctor's supervision with its use.

When the hemp plant is grown for medicinal use, you now have your own medical system that is much safer and effective than anything our current medical system provides. You still may require a doctor to set your broken leg, but you will no longer need the chemicals they have been pushing upon us.

Hemp is medicine for the masses and no one has the right to control its use. We are all different and we all have different tolerances for practically everything. So it is up to each and every one of us to determine for ourselves how much oil we require to maintain good health.

Over the years people have come to me who after years of treatment by the medical system did not even have a diagnosis for their conditions. But the oil exercised its amazing healing power and their medical problems were solved.

Another aspect of the use of hemp as medicine is its anti-aging properties. As we age, our vital organs deteriorate and of course this impairs the function of these organs.

Hemp oil rejuvenates vital organs even in small doses it is very common for people to report to me that they feel 20 to 30 years younger after only ingesting the oil for a short time.

Now let's take it to the next level. What about people who ingest larger quantities of oil over a longer period of time like myself? After 9 years on the oil my body does not appear to be that of a 60 year old man. Instead, my body has the appearance of someone who is a great deal younger. When I have the oil at my disposal I like to take about a quarter of a gram a day. Of course, due to short supply, quite often I must go without so my own treatment has been erratic to say the least.

From my own experience with the oil I cannot help but wonder what would happen if a person was to ingest larger quantities of oil over a longer period of time. If a person were to do this, can they actually reverse the aging process and grow younger instead of aging.

From the oils effect on my own body by all appearances this seems to be the case. Someday soon when I have enough oil I intend to start taking a gram a day for a year to see what effect it has on my body.

Many people who have taken the oil have stated that they thought it to be the fountain of youth. From my own experiences with the oil I believe this to be true.

Throughout our lives the system has told us they want preventative medicine. Now what greater preventative medicine could there possibly be than hemp oil? Judging from what I have seen, if children were given tiny doses of oil each day like a supplement, diseases like cancer diabetes MS and many other conditions could be eliminated entirely.

Now I am not talking about getting the kiddies high for once a person gets accustomed to this medication, they do not even feel or exhibit effects from the oil they are ingesting.

Hemp oil is a safe and harmless medication that all age groups can benefit from by ingesting it and that goes for our children too. So if the system truly wants preventative medicine, here it is now why are they refusing to use it.

I know the words cure all is a hard pill to swallow. When I worked in the medical system, such terms were thought of as a joke. But when you see for yourself what this oil can do like I did, what else could it be called?

What other medicine works on everything and in many cases can cure thought-to-be incurable conditions. What else can heal diabetic ulcers, skin cancers or heal third degree burns in no time leaving no scars?

I will tell you what other medicine – no other medicine. So why on god's green earth is it not being used? As a medication to ease our suffering and to heal us. For there is nothing better.

Myself and many others have gone through realms of so-called scientific studies which I found to be mostly double-talk and most of these studies were about synthetic THC which bears little resemblance to natural THC and its associated cannabinoids found in the hemp plant.

After studying all this scientific jargon, I had learned what amounted to nothing. But the oil continued to work the miracles so who was I to question it.

I had just about given up hope that we would ever find out why the oil worked so well for all these different medical conditions. But recently a lady named Batya Stark has provided me with what I think is all the missing pieces to the puzzle.

She has sent me a great deal of information about melatonin and the pineal gland which produces it. It seems that the pineal gland is in the driver's seat when it comes to healing our bodies.

The melatonin it produces is an essential part of healing. When the function of the pineal gland is impaired, it produces much less melatonin and therefore we become sick and diseased.

Studies have been released that show people suffering from cancer have low levels of melatonin in their bodies. Also studies have shown that just smoking hemp can raise the melatonin levels in our bodies. So one can only imagine what the oil that is in a concentrated state can do to increase melatonin levels.

As we age we acidify and cancer thrives in an acidic environment. So bringing the body's PH level up is very important when you are suffering from cancer and many other conditions. The oil works to do this but also other things can be of great benefit. Simple things like baking soda and lemon juice can raise the body's PH very rapidly.

Tumors are simply the symptom of an underlying condition that is present in the bodies of people who are suffering from cancer. Indeed this underlying condition must be treated to cure the cancer and prevent it from returning.

Melatonin travels to every cell in our bodies and is the key to good health. And I am not just talking about treating cancer, it seems that melatonin levels are important to treat all conditions. Now all you have to do is connect the dots like Batya and I have; it all adds up.

Hemp oil promotes full body healing and raises melatonin levels thousands of times higher than normal. When the pineal gland produces vast amounts of melatonin, it causes no harm to the body but it is very hard on the condition you are suffering from and indeed can eliminate it. From what I can gather, all this along with your PH being raised while the oil is detoxifying your body we think causes the healing effect of this medication.

Now myself and those around me are not doctors or scientists and I like you can only wonder at why it is not them bringing this to the public. But after years of research on our part, this is the only thing we have found that connects all the dots and explains in a simple way why this medicine can do what it does.

Now we must look at what could be causing the function of our pineal gland to become impaired. Much of the time it is caused by our own lifestyles and things like cell phones that we come in contact with everyday.

Companies that produce cell phones do not like to talk about it and would prefer that we did the same. But our bodies run on electrical impulses. Now do you think it's a good idea to put something against your head that produces an electromagnetic field which can interfere with the electrical impulses in our bodies that keep us healthy?

Cell phones are just one of the culprits. Look at studies of cancer rates of people who live near and around high tension power lines. I myself did not understand the importance of all this until a friend of mine cured his heart condition by having two electrical problems in his home repaired.

It's frightening that so many things we come into contact with frequently can harm our health. But still there are a number of other things that do the same.

Can someone out there give me a rational explanation as to why fluoride seems to be in everything these days and please do not call me and try to tell me it's to prevent tooth decay? Did Hitler not use fluoride in his death camps to keep the inmates calm so they would not try to escape or revolt?

I wonder what possible purpose it serves our system to be giving us so much fluoride. Does what's going on currently not smell a little like a death camp to you? I can only wonder what effect all this fluoride is having on our brains and our pineal glands.

What about the effects of all those chemicals the doctors have been feeding to us? Would these chemicals interfere with the function of our pineal glands and could they also acidify our bodies more quickly?

I will leave that one for all you medical experts out there to figure out.

Now what about our food supply. The meat that is sold to the public in Canada and some other countries cannot even be sold in Europe. It seems that Canadian beef is looked down upon by Europeans because it has too many contaminants like antibiotics and growth hormones. Do you not find it strange that our meat is deemed unhealthy in Europe? Yet it is freely sold to anyone that is dumb enough to eat it back in Canada.

Now what about fruits and vegetables and all the other fare we find in supermarkets in North America. Pesticides, additives, preservatives, genetic modification – does this not all sound just yummy and possibly somewhat deadly?

But of course no one in authority has stood up to do something about this situation, so I guess the food they are selling the public must be good for us. Trust your government because they would never allow anyone to sell us something that was not good for us would they.

So as you can plainly see, practically everything that we come into contact with can have an effect on our health and wellbeing. And of course many things I have just mentioned could have a devastating effect on the pineal gland's ability to function properly.

It's almost as if they knew that by interfering with the function of the pineal gland, they could cause us to become unhealthy and in need of their wonderful chemical medications. But of course only someone who is a conspiracy nut could think in such a way. Do you think the same as I do about all this? If so, then welcome to the asylum.

Rick Simpson
May 23, 2010

Dosage:

It takes the average person about 90 days to ingest the full 60 gram treatment. I suggest that people start with three doses per day, about the size of a half a grain of short grained rice. A dose such as this would equal about $\frac{1}{4}$ of a drop. After four days at this dosage, most people are able to increase their doses by doubling the amount of their dose every four days.

It takes the average person about 5 weeks to get to the point where they can ingest a gram per day. Once they reach this dosage they can continue at this rate until the cancer disappears.

By using this method it allows the body to build up its tolerance slowly, in fact, I have many reports from people who took the oil treatment and said they never got high. We all have different tolerances for any medication. Your size and body weight have little to do with your tolerance for hemp oil. Be aware when commencing treatment with hemp oil that it will lower your blood pressure, so if you are currently taking blood pressure medication, it is very likely that you will no longer need it.

When people are taking the oil, I like to see them stay within their comfort zone, but the truth is, the faster you take the oil the better the chance of surviving. At the end of their treatment most people continue taking the oil but at a much reduced rate. About one gram a month would be a good maintenance dose. I do not like to see people overdosing on the oil, but an overdose does no harm. The main side effect of this medication is sleep and rest which plays an important role in the healing process. Usually, within an hour or so of taking a dose, the oil is telling you to lay down and relax. Don't fight the sleepy feeling, just lay down and go with it. Usually within a month, the daytime tiredness associated with this treatment fades away but the patient continues to sleep very well at night.

The only time I would recommend that people start out with larger doses would be to get off addictive and dangerous pain medications. When people who are using such medications begin the oil treatment, they usually cut their pain medications in half. The object is to take enough oil to take care of the pain and to help the patient get off these dangerous pharmaceutical drugs. Taking the oil makes it much easier for the patient to get off these addictive chemicals.

I simply tell people the oil will do one of two things; it will either cure your cancer or in cases where it is too late to affect a cure, the oil will ease their way out and they can at least die with dignity.

Hemp oil has a very high success rate in the treatment of cancer. Unfortunately, many people who come to me have been badly damaged by the medical system with their chemo and radiation etc. The damage such treatments cause have a lasting effect and people who have suffered the effects of such treatments are the hardest to cure.

It should also be mentioned that the oil rejuvenates vital organs like the pancreas. Many diabetics who have taken the oil find that after about six weeks on the oil that they no longer require insulin since their pancreas is again doing its job.

Properly made hemp medicine is the greatest healer on this planet bar none. Once you experience what this medication can do you will understand why history and I call hemp medicine a cure all.

Treating Skin Cancer

If you can get some properly made oil, it will definitely work to cure skin cancer and usually it only takes a few grams of oil to accomplish the task. Take about 30 grams of good Indica bud, this amount of starting material should produce 3 to 4 grams of high grade oil. Apply the oil to the skin cancer and cover it with a bandage, apply fresh oil and a new bandage every 3 or 4 days and the cancer should soon disappear. I always tell people to continue treatment until the cancer is gone, then they should continue to treat the area for about two more weeks just as if the cancer was still there.

Doing this will ensure that all the cancer cells are dead and I have never seen a cancer return if my instructions are followed. If you've had skin cancer for quite some time and the cancer is well established, it may take some time to cure. But usually even in quite severe cases the cancer will disappear in less than three weeks. In an extreme case it may take longer but if so, then just keep up the treatment until it is gone. Many people can cure their skin cancer in no time, but it all depends on your own rate of healing and how deeply embedded the cancer has become.

Other Natural Things You Can Do That Could Help

When people came to me for oil to treat their cancer, the first thing I told them to do is change their diets. Try to stay away from animal protein as much as possible, since such protein promotes cancer growth. Get a juicing machine and start eating as many raw fruits and vegetables as possible, since plant protein fights the growth of cancer. Stop using sugar and replace its use with natural sweetener's like raw honey. Get the patient's PH up as quickly as possible, cancer likes an acidic environment and when you raise the body's PH it makes it hard for cancer cells to survive. Also start eating the seeds from two apples everyday, this will give you a good daily dose of B17 also known as laetrile. B17 in its own right has a pretty good track record in the treatment of cancer and there are other natural things such as wheat grass, that you may find of benefit as well. Many people who have used the oil to treat their cancers did not change a thing, but the oil still worked its magic and they were healed.

But if you have a serious condition like cancer I think its a good idea to take other natural things that may help the oil eradicate the cancer and give you a better chance to survive. But the most important thing of all is, people have to realize that for the most part, what the medical system provides does much more harm than good. That is the reason I tell people who contact me, if they want to survive its best to stay as far away from the medical system as possible. That is the sad state, the medical system we have today is in and it will not change until people who work within this system finally realize that chemicals and poison do not heal. As far as I'm concerned what most doctors today practice is madness and not medicine.

Rick Simpson

Testimonials:

I'm J.D. from Holland, I'm an 18 year old med student, and I use hemp. I suffer from a form of autism that is called Asperger, [Asperger's Syndrome] with hemp I don't suffer from it and I can live a normal life.–Best Regards, J. D.

Dear Mr. Simpson, Please excuse me for contacting you in this direct manner, but I'm fearing for my father's life and I'm desperately looking for help. My dear father (63 years old) has been ill for quite some years now and has survived multiple cancers (all originating from an adenocarcinoma stomach cancer). Years of chemotherapy and surgery have taken their toll. I am very thankful for any help you can give me! Thank you very much in advance!–Kind regards, J. deK. The Netherlands

Dear people, My father has been using the compound now for two days. Although we are afraid to cheer already - because of all the things we went through in the last five years - we see very hopeful signs and his situation has improved! My father seems less weak and has more energy - his posture isn't "cramped" anymore- he is much more positive and less stressed: he has hope again! He talks about the news, television etc and is not "locked into himself" anymore - he laughed again and even made some jokes!!!–J. deK.

...to give you a quick update on my father (after almost four days of treatment he's doing quite well seen [seeing] the circumstances)- He's slightly sedated and sleeps a lot- We got him off the Tramadol since yesterday- His pain is getting less frequent and less painful- Urine's still dark: so poisons are leaving his body– J. deK.

My father is doing a little better every day. He's very motivated to get well and he's enthusiastic about the oil. Although his pain is still there, it has gotten a lot less intensive and painful. My father is listening to music again and stated today: "I feel the oil is working in my body"...he stopped the Tramadol a couple of days ago. We will now try to stop the paracetamol also. Dear people: thank you for your continuous support and information! God bless you all!–Kind regards, J. deK.

My father keeps improving slightly every day! This is absolutely fantastic!–J. deK.

Dear friends, What we went through today is almost indescribable. It's insane even! Yesterday we provided the hospital with a dicom-cdrom of the previous three ct-scans: November 2007, January 2008 and February 2008. In November and January my dad's disease was stable, in January they discovered (as you know) that "there was nothing more they could do: it was spreading rapidly". The hospital would compare the February 2008 scan with the current one...At 12.30 hr. we were present at the hospital for the result of the ct- scan. The doctor was an arrogant, intellectually not very impressive piece of pharmaceutical industry trash. I don't call people these kinds of names easily, but he did his very best to earn this title... He came in and said: "Haven't finished my round, so you've got to wait for a couple of minutes". Twenty minutes later he came in and told us some more people would join him: the head-nurse, assistant doctor and an intern joined him. Much too crowded for such an important conversation: eight people in a small room. He said to my dad: "things are very bad; we compared our scan to the last scan (made in Rotterdam) and conclude that there's 50-100% increase in tumors and metastasis, but your vital organs are clean". "We urge you to take morphine to clear the pain" - "the pain is caused by the cancer in the abdomen, as is the low HB-value of the blood."...we decided to ask the hospital pastor for help. He was very kind and we told him everything: also about the oil. He listened to us and urged us: "you should go home with your mom and dad and please continue what you're doing"! He looked me straight into the eyes: he believed us and seemed to know more...He was fascinated by Rick's story, so I gave him the link to "Run from the Cure" and told him he might be able to help other people with it. We went home. On the way home Mariella said: "what if they compared the

wrong scans?" We got home: I switched on a pc with two monitors We are trying to compare the scans ourselves now, but our knowledge is limited. I hope any of you can help us out. Do you know anyone that can compare the ct-scan's so we really know what's going on and how good the oil worked? We can upload the scans to a webserver, so they can be accessed from everywhere around the globe by any radiologist.–J. deK.

Dear Rick,I cannot describe what I feel! This is absolutely astounding! Thank you: thank you so much. I don't know what to say: I think I'll have to let this fantastic news "sink in" in my brain a little: I'll send you another email later today. I have never been more amazed and happy in my life! May GOD Bless you all! Yours truly,–J. deK.

Dear A. R.,We were ecstatic yesterday when Larry sent us your email. For the first time in years we got some really good news: this lifted us up. It's the best news I ever got in my life!–J. deK.

Have you had any experience with people having any luck using the oil to help with SCLC, [small cell lung cancer] My mother has just been diagnosed, has a large 10 cm by 10 cm mass in her upper left lobe, they say it has reached out to her spine area and got a hold of one rib, and is around her heart area.....she had 1 week of chemo.....but the pain is still there.–J.M. ON Canada

We are amazed , you won't believe this. The first hour of the first drop we could see it happening,,,,Today she has had about 3 dots three times and is very comfortable and almost out of pain for the first time in 6 months ,, She says she can breathe better, I have an oxygen blood meter, digital finger thing, she has been at 95 while sitting and as low as 85% AFTER WALKING 10 STEPS...today she walked 40 steps and it only dropped to 93%, Aaron (a Respirologist) says "Its a miracle, that means the cancer is receding already, Numbers are proof," So I think she is going to improve so much in the next 9 days the when they scan her again for the new chemo kill fest , they will have to say its shrinking, and I think she will refuse chemo, and continue this course of action with the re- found Delta 9 THC Cancer Killer, thanks a million.–J.M.

Things are going beyond good, improvement everyday. Her blood o2 has been normal now for over a month, 96 97% @ Rest / 95 96% Exertion, amazing. She has no pain at all, is on no opiates or any narcotics, sleeps all night, eats way more than I do, hasn't lost a pound, mind is clear, spirits are good, she forgets how sick she was, she couldn't even walk to the washroom without almost passing out, she was 90 92 % @ rest / 80 82 % exertion on January 22 2008, and was in massive pain since August 2007, She was diagnosed February 15th 2008. I saw the Run from the Cure Video on January 25, 2008, and had the oil made the next day.....She has improved greatly.. I know this is working, you wouldn't believe it if you saw it, to day she was on the computer and the phone at the same time, makes breakfast for everyone, dinner, unbelievable.–J.M.

Hey dude scan results today, 50 % or more reduction in the main mass (which was unexpected by the docs), nothing on the liver (small spot before), nothing in the brain (small spot before) nothing in the other lung (15 small quarter size spots before), nothing on the ribs, (c6 and c9 encased in cancer before), nothing around the heart valves (it had reached out to the heart area before), and the main mass is not only smaller but it looks like swiss cheese, its not a solid mass anymore,,,,,the doctor is freaked.....and he still says, this is not the cure, this will not get rid of your cancer, he assumes HE is the one with some magical chemo, and she is one in 8 million that this chemo has worked on, her and no one else... last week he said chemo does little to nothing for lung cancer and most cancers, it just makes it stay at best, and she will be dead by August of this year, and that he doesn't think another chemo is a good idea, he would not do it himself or give it to his own mother, hmmmmm....Now he wants more chemo. cause he is a miracle doctor. She is not going....but not 100% confident. Hopefully this week she comes to her senses and stops this chemooh well they can only give her 1 more cause the cancer will be gone by then.–J.M.

Hey Rick its J.We had a CT yesterday, her main mass is less than 1 cm, almost gone haven't had chemo, it was 10 cm mass beforethanks a million guys.–J.M.

Thanks Rick my mom is completely cancer free from her Jan 28th Diagnosis of small cell lung cancer (the fast incurable one). She looks great and it's gone, of course they say it will come back, can't blame em,

that's all they know...But with this cancer the oncologist even said, he has never seen reduction this fast to zero ever before. Also my brother is / .was type one Diabetes, he has been on it for 4 weeks now and hasn't had to adjust his insulin in three weeks. Also saw varicose veins disappear in front of my eyes, seen moles go 4 shades lighter and half disappear (the bad part of it gone gone) I have seen carcinoma disappear also, with my own eyes.....and someone else was scheduled for a prostate removal, he couldn't pee or anything, 6 weeks later they go to do the surgery, oops they went in and came out, said it was fine now.....and they left it in ,,,,,,the problem with lots of people is going to be the fact that the doctors are used to these things never getting better , so they will do the surgeries based on scans from weeks ago,,,,,,and the people might be scared not to have the surgery even though they are on the oil,,,,,,they must insist to be re-checked.....it's their right..I have also seen 3 people Die in the last 6 months that didn't take the oil, they figured that if it was real their lovely private bank owned so called country of Canada Inc. would use it to save them.....-J.M.

Hi,The reason for my letter is I am wondering if you have any research in regard to hemp oil and MS. I have several patients in my care that are dealing with MS and find that ingesting MM has been the only relief they have found. Since hemp oil is so much more powerful than marijuana in it's natural state, I am wondering if you have found any curative effects as you have found with cancer in regard to this devastating disease and if you have what the dose would be. I have made my first batch with no difficulties and the people that have tried it are having the same kind of results as the patients in the video. I am so grateful to have medicine so powerful at my disposal. I really appreciate having you guys as allies. Thanks again for your work.-Blessings, A.D. CO USA

Hey Rick,I just thought you would be interested in knowing that RFTC [Run From The Cure] has been running on our local cable access channel for a month now. The film has also shown at least once in the local high school that I know of. My friend with MS has been doing about a half of a gram a day for the last 3 weeks and she was discharged from her physical therapy today because of her "miraculous" improvement in - guess! 'the last 3 weeks'.-A.D.

My friend with MS is really doing well. I have known her for years and what has occurred in the past month is miraculous. She is part of our local MS society and has led several of her friends to getting licenses so they can have medical marijuana (it is legal in our state). Now she is sharing about the oil and how it is not only helping her with the spasticity and pain, but actually healing her.-A.D.

Have successfully made PTears here...So far so good and have had two successes with people suffering diabetic ulcers where both cases were quoted with amputation by the respective doctors. Both are fully recovered.-G. P. South Africa

Hi Rick;I have sent you emails requesting information about cannabis oil used in the treatment of Basal Cell Carcinoma. I sincerely appreciate your help, thank you. I produced the oil myself... I applied the oil as instructed except that I re-applied the oil every 12 hrs. It appears that it has worked. The lesions are well on their way to being covered by new healthy skin. The remaining visible remnants of the lesions are between 3 and 5 mm in diameter... Thank you again for all your help.-J.S. TX USA

I have been treating basal cell carcinoma,(skin cancer) with cannabis oil. The Veterans Medical Center Dermatology clinic was told before I started treatment, what I was going to do. I started treating two lesions on my forehead on 6/22/08. I went to the VA today at their request. THEY had made an appointment for me. This appointment was for the sole purpose of examining the two lesions I had treated. Two doctors examined me. They both said the same thing. The upper lesion still needed more treatment. This confirmed what I already knew. They both agreed that the lower lesion had been cured. One doctor said that he would not have ordered a biopsy on the lower lesion, because there appeared to be NO reason to do so. NO CANCER PRESENT. This is to me federal confirmation that cannabis does indeed have medical value. Both of these lesions had been biopsied, and diagnosed as basal cell carcinoma before I started my treatment.-J.S. TX

I have been taking the hemp oil for the past 60 days with tremendous positive success for a chronic pain condition I have had since I was 18 years of age. For the first time that I can remember, I have little or no pain with the Ankylosing Spondylitis I have had to suffer with all my life. My kidney and liver function were damaged from the years of anti-inflammatory medication leaving me with a chronic pain condition on top of what I already had, that had to be dealt with by using addictive pain drugs. I spent years laying on my back being unable to move due to the damage caused by the disease and the drugs used to deal with the pain. Although I was able to eventually stop all pharmaceutical drugs that were only prolonging and increasing my pain, I was only just existing until a good friend mentioned the tears to me, asked me if I'd try it, they gave me a sample and your website to study. I began taking the hemp oil during a flare-up that was leading me back from where I had just come from. Within two hours of starting the Phoenix Tears program I began to feel my body relax and the pain immediately diminish. I slept that night like I had never before. A deep sleep with complete relaxation, something I had never experienced in my adult life. Each day there has been a great reduction in my pain level allowing me to once again continue with my work. I am so very grateful to you for this.—Best wishes, G.D. AB Canada

I too am in poor health and have been using this [hemp oil] for almost 1 month and have had remarkable improvement. I have had head aches and blurred vision for 6 years from an automobile accident and have been given drug after drug over that time some with horrible side affects.—T.D. Canada

I have advanced arthritis and numerous other boring conditions and symptoms, including continuous muscle and nerve spasms. During the initial five years of my diagnosis I was given over 50 different pharmaceutical medications. None of them worked to control my pain and spasms, but nearly all of them had debilitating side effects ranging from increased panic attacks to severe addiction...I have been using small amounts, usually an eighth to a quarter of an ounce I have been using this recipe for almost two months and it works. I am using it topically several times a day. My friend Doris is using it internally; she...also suffers arthritis. We both experience improved vision as a 'side effect' and it is a Godsend for pain relief. Doris's 20-yr-old granddaughter was diagnosed last fall with non-Hodgkin's lymphoma and went through standard chemo and radiation 'treatments'. She suffered severe burns to her esophagus and was unable to take food or fluids. We began giving her the oil about six weeks ago. Her cancer is in remission, no sign of it. I want to thank you so much for making this film and for doing the work you do. I ask the Lord to bless you and to continue guiding your steps. You are my hero, Sir!—L.M.A. Vermont

Hello Rick this is [D] just letting u know that [he] has got his last ct scan back and the 4 growths on his lungs have stopped growing what great news to get after so much bad but the doctor said that there was still cancer cells active in his blood but we are still working and are going to beat this, he is one very happy man when he got the news that the ones on his lungs stopped growing. We just couldn't wait to tell everyone and to write u and tell u and say that we THANK U for everything that u have done to help us in every way that u could u will never be forgotten to us, and also thank u for the contact in Midville the prices are much cheaper a tube we once again THANK U for everything and we hope u e-mail us back.THANK U FROM THE BOTTOM OF OUR HEARTS.—D.M. NB Canada

Hello,I have been talking to a friend of mine about your work with hemp oil and all of the health benefits that come with taking it. I almost have her convinced to try it but she wanted me to check and see if you have ever treated anyone that had Juvenile diabetes? Also a friend of mine here in N.B. has been taking the oil for approx 2.5 months now as a cancer treatment and he is doing great. He says that he is feeling perfect and that he can't remember feeling this good for a long time and he has absolutely NO PAIN. Also a 19 year old boy from the community that has cancer just started taking the oil. He had been in bed for 3 days previous to taking the oil and had not been eating much of anything and was in a lot of pain and discomfort. The remarkable thing is that approx 20 minutes after taking a dose of the oil he got out of bed and walked out to the kitchen and asked for something to eat. Also that night he slept through the entire night and did not have to get up to take his pain medication. This is truly remarkable. On behalf of these 2 people and their families I thank you. And may God bless you all for your remarkable work.—THANKS AGAIN, H. NB Canada

Dear Rick,My family and I want to thank you for helping my husband to get better. The doctor felt that he had old age Leukemia, showing up in his blood test as a cancerous infection. After taking hemp oil for just a

few weeks his new blood test showed great improvement. There is just light infection and he no longer needs to see an oncologist. He is now enjoying our new grandson and at age 82 is planning to be with us for a long time to come. Rick thank you again, may God bless you and keep you well.–Sincerely, T.T. ON Canada

How to make hemp oil:

How To Make Cannabis Hemp Oil

For those of you who have watched the documentary “Run from the Cure”, this should answer any questions about producing your own oil. I recommend that people grow their own Cannabis Hemp either in a small indoor grow system or outdoors. Growing it yourself will eliminate the high cost associated with buying Cannabis Hemp from drug dealers. The cost of Cannabis Hemp can vary greatly from dealer to dealer and so can the quality of the Cannabis Hemp.

Caution: Cannabis Hemp Oils that drug dealers sell can have many contaminants and often little or no THC. From my experience, most Cannabis Hemp oil available on the street should be avoided for medicinal use. Make your own oil or have someone you trust produce the oil to assure a very pure, high quality oil is produced.

How much to make and take?

One pound of very dry high quality Cannabis Hemp bud material will usually produce 55 to 60 grams of high grade oil. This amount of oil will usually cure most serious cancers unless the patient has been badly damaged by chemo and radiation. In such cases the patient can often still be saved, but they will have to ingest much more oil to undo the damage the chemo and radiation has left behind. The average patient can ingest a full 60 gram cancer treatment in about 90 days. But if they have been damaged by chemo and radiation often much more oil will need to be taken, over a longer period of time. Sometimes such patients will require 120 to 180 grams to undo the damage from all the chemo and radiation. Once the patient is cured and all the damage has been undone, I recommend that they continue to take a maintenance dose of about 1 gram per month to maintain good health. A small amount of oil about half the size of a piece of short grained dry rice three times a day is a good beginning. After four days double the amount you are taking per dose and try to continue to do so every four days there after. Until you have reached the point where you can ingest one third of a gram per dose. Taking the oil in this manner in the beginning allows the patient time to build up their tolerance for this substance. Some people soon acquire a very high tolerance and I always tell patients the faster you can take it the sooner you will be cured. I once had an eighty two year old man who was ingesting 2grams a day, who was still going to town everyday and no one could even tell he was taking it. In cases where people are taking strong and dangerous pain medications like morphine. I recommend that they begin treatment taking doses about the size of a grain of short grained dry rice. The idea is to increase their doses as quickly as possible to get off the dangerous pain medications and let the oil take their place to provide pain relief. High quality Cannabis Hemp oil from the proper strains can stop pain that even morphine has no effect on, also this oil can be applied to external injuries for pain relief in minutes.

Will I get high?

Following the dosage instructions previously described many people have reported to me that they did not get high during treatment.

Will I become addicted?

Cannabis Hemp oil does not cause your body to crave more. It is non-addictive, harmless and effective for practically any medical condition.

Is this the same as Hemp seed oil?

No Cannabis Hemp oil is produced from the bud (flower) material of the Cannabis Hemp plant and it is the essential oil of the Cannabis Hemp plant. Health food stores sell oil that is made from Hemp seed. Although Hemp seed oil is very beneficial, it does not contain enough THC to have any effect on Cancer and other serious illnesses.

Are Hemp and Marijuana the same?

The word Marijuana is one of over four hundred slang terms used worldwide to describe the Cannabis Hemp and/or Hemp plant.

Are all Hemp plants the same?

When buying or growing Cannabis Hemp, procure a strain that has the highest possible THC content. To energize someone suffering from depression, I recommend a good Sativa strain. For most other medical conditions, I strongly suggest that Indica strains be used. Indicas relax a person and provide them with more rest and sleep.

How do I use it?

High quality Cannabis Hemp oil can be vaporized, ingested, used as a suppository or applied topically. Also this oil can be mixed with creams and salves for beauty treatments and other external uses.

My process:

I usually work with a pound or more of bud from very potent high quality Indica or Indica dominant Sativa crosses. An ounce of good bud will usually produce 3 to 4 grams of high grade oil and the amount of oil produced will vary from strain to strain. So you are never really sure how much oil you will get, until you have processed the material you are working with. But on average a pound of good bud will usually produce about 60 grams of high grade oil and sometimes you may even get a bit more. Many people will tell you that the oil should be amber and that you can see through it, in many cases the oils that I produced were exactly like that. But the color and texture of the oil you are producing depends a great deal on the strain and solvent that you are using to produce the oil. So don't be concerned if the oil you produce happens to be darker in color, this does not mean that it is any less potent as a medicine.

The process that I am about to describe involves washing the starting material twice with a good solvent such as pure naphtha, to remove the available resin from the plant material. Naphtha has proven to be a very good solvent to produce the oil and in Europe it is often called benzine. The only solvents that I have direct experience with are ether, alcohol and naphtha. [Pieter: I suggest using alcohol] <===== NB

Ether is my personal favorite and it is a very effective solvent, but it is expensive and can be quite hard to get. I think the use of ether is better suited for closed distilling devices since it is very volatile and its fumes make it a bit dangerous to work with. Alcohol is not quite as effective as ether or naphtha as a solvent, since it is less selective in nature, but still it does work well. Alcohol will dissolve more chlorophyll from the starting material and due to this, oils produced with alcohol will usually be more noticeably dark in color. For a solvent to be effective it should be 100% pure and 100% pure alcohol is expensive and can be quite hard to find. Naphtha on the other hand is quite cheap to acquire and is usually not too hard to find. Many paint suppliers sell pure naphtha as paint thinners, so for the most part it is quite easy to get and next to the use of ether it is my solvent of choice.

All these solvents including alcohol are poisonous in nature, but if you follow these instructions solvent residue in the finished oil is not a concern. When you are done processing the oil after it cools to room temperature, it is a thick grease rather than an oil. The finished oil or in reality (grease) is about as anti poisonous as you can get. Even if there was a trace amount of solvent residue remaining, the oil itself would act upon it to neutralize any harmful poisonous effect. I don't recommend the use of butane as a solvent to produce this medication, since it is very volatile and would require the use of expensive equipment to neutralize the danger. Also using butane to produce the oil does not decarboxylate the finished product, so oils produced in this manner would be much less effective for medicinal use.

The starting material must be as dry as possible, it is then placed in a container of good depth to prevent the oil solvent mix from splashing out during the washing process. Once the starting material is placed in the desired container it is then dampened with the solvent being used, be sure the area you are working in is well ventilated and there are no sparks, open flames or red hot elements in the area. After the material is dampened it is crushed using a length of wood such as a piece of 2×2, after it has been crushed add more solvent until the material is completely immersed, in the solvent. Work the material immersed in the solvent for about three minutes, with the length of wood you used to crush it with. Then slowly pour the solvent oil mix off into another clean container, leaving the starting material in the original container, so it can be washed for the second time.

Again add fresh solvent to the starting material until it is once more immersed in the solvent then work it for three more minutes with the length of wood you have been using. Then pour the solvent oil mix into the same container that is holding the solvent oil mix from the first wash you did. Trying to do a third wash on the plant material would produce very little oil and it would be of little or no benefit as a medicine. The first wash dissolves 70 to 80% of the available resin off the starting material, the second wash then removes whatever resin that is of benefit that remains.

Use something such as clean water containers with a small opening at the top and insert funnels into the openings, then put large coffee filters in the funnels. Pour the solvent oil mix from the first and second washes into the coffee filters and allow the solvent oil mix to drain through the filters to remove any unwanted plant material. Once the solvent oil mix has been filtered it is now ready to have the solvent boiled off.

Use an inexpensive large rice cooker with an open top that has both high and low heat settings to boil the solvent off the oil. Make sure that the rice cooker is set up in a well ventilated area and place a fan near by to blow away the fumes as the solvent boils off. Rice cookers are designed to not burn the rice as it cooks and the temperature sensors that are built in, will automatically put the cooker back on the low heat setting if the temperature within the cooker begins to get to high. When producing oil if the temperature gets too high it will vaporize the cannabinoids off the oil and of course you do not want this to occur. That's the reason I strongly recommend the use of a rice cooker to those who have never produced oil before since it eliminates any danger of this happening, if the rice cooker is working properly.

Make sure there are no sparks, open flames or red hot elements in the area while you are filling the rice cooker or boiling the solvent off, because the fumes produced from the solvent are very flammable. I have used this same process thousands of times and have never had a mishap, but for your own safety please follow the instructions, I also caution you to avoid breathing in the fumes that solvents produce. Fill the rice cooker until it is about three quarters full, this allows room for the solvent oil mix to boil the solvent off without spilling over. Put the rice cooker on its high heat setting and begin boiling the solvent off, as the level in the rice cooker drops continue to carefully add the solvent oil mix you have remaining, until you have nothing left.

When the level in the rice cooker comes down for the last time and has been reduced to about two inches of solvent oil mix remaining, add a few drops of water to the solvent oil mix that remains. When I am boiling the solvent oil mix produced from one pound of starting material, I usually add 10 to 12 drops of water at this time. This small amount of water allows the remaining solvent to boil off the oil that remains in the cooker more readily. When there is very little remaining in the cooker, I usually put on a pair of gloves and then pick up the cooker and begin swirling its contents. Until the cooker automatically kicks off its high heat setting and then goes to low heat.

As the last of the solvent is being boiled off, you will hear a crackling sound from the oil that is left in the cooker and you will see quite a bit of bubbling taking place in the oil that remains. Also you will notice what looks like a small amount of smoke or steam, coming off the oil in the rice cooker. But don't be concerned this is mostly just steam produced from the few drops of water that you added. After the rice cooker has automatically switched to its low heat setting, I take the inner pot out of the cooker and pour its contents into a stainless steel measuring cup. There will be a small amount of oil remaining in the pot that you will find al-

most impossible to get out, unless you use something like dry bread to absorb the oil while it is still warm. Then small amounts of this bread can be eaten as a medicine, but remember it can sometimes take an hour or more before you feel its effects.

So be careful how much bread like this you consume, because it may put you to sleep for quite a few hours, just the same as the raw oil will do itself.

Take the oil that you poured into the stainless steel measuring cup and put it on a gentle heating device such as a coffee warmer, to evaporate off whatever water remains in the oil. Quite often it only takes a short time to evaporate the remaining water off, but also some strains produce more natural turpines than others. These turpines can cause the oil you now have on the coffee warmer to bubble for quite some time and it may take awhile for such oils to cease this activity. When the oil on the coffee warmer has stopped bubbling and there is little or no activity visible, take the oil off the coffee warmer and allow it to cool a bit.

Then using plastic applicators or syringes with no needles, that are available in your local drug store. Use the plunger of the syringes to slowly draw the warm oil up into the syringes and allow it to cool. In a short time the oil will become a thick grease, sometimes the oil can be so thick that it can be hard to force it out of the syringes when cooled. If such a thing happens simply run hot water over the syringe and your doses can then be forced out much more easily. Sometimes a patient will force out too much oil, but if this happens just pull back on the plunger of the syringe and the excess oil can usually be drawn back into the syringe without too much difficulty.

On average if I have a dry pound of material to work with, it will require about two imperial gallons of solvent, or 9 liters which equals about 320 fluid ounces to do the two washes that are required. If you plan to produce the oil from more or less starting material, simply do the math to determine roughly how much solvent you will require. From start to finish it usually takes me about four hours to accomplish the whole process, then the medicine is sitting there ready to be used. It should also be mentioned that this oil has an extremely long shelf life, if kept in a cool dark place for storage. I think these instructions should make producing this oil quite easy for anyone, but before you start make sure that you have everything you will need to do it properly.

At first it may seem daunting for some to try to produce their own medicine, but in reality this process is extremely simple. All you have to do is carefully follow the instructions and after you produce this medication a couple of times, you will find that it is not much harder to make than a cup of coffee. Once you have produced your own medication it takes all the mystery out of medicine and you no longer have to rely on doctors in most cases, for now you are your own doctor. Welcome to the world of real medicine, medicine that does no harm and is effective for practically all diseases and conditions and a wonderful natural medication that you now know how to produce yourself.

Warning: Always use extreme caution and common sense when preparing this recipe.

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End-time prophecy is a mystery to many, but not to those who understand the book of Revelation. The Apostle John wrote of seven "seals" that will mark milestones in the prophetic "run-up" to Jesus Christ's return. You can understand end-time prophecy!

The Book of Revelation—the last book in your Bible—is a mystery to most people. Some think it is just allegory. Others say it is all about past events. Did you know that this book, in its description of the seven seals, gives the outline of end-time prophecy? You can know how end-time events will unfold—and how you can be ready for them! You need to understand the seven seals of Revelation.

Around 95ad, the Apostle John wrote down in Revelation the inspired words of God. John had been exiled to the island of Patmos off the southwest coast of Turkey in the Aegean Sea. The island was used as a Roman penal colony in the first century. He wrote: "I, John, both your brother and companion in the tribulation and kingdom and patience of Jesus Christ, was on the island that is called Patmos for the word of God and for the testimony of Jesus Christ" (Revelation 1:9).

God chose the Apostle John to record the Apocalypse, or Revelation. As Scripture explains, it was John "who bore witness to the word of God, and to the testimony of Jesus Christ, to all things that he saw" (1:2). Notice this blessing pronounced on those who seriously study the book of Revelation: "Blessed is he who reads and those who hear the words of this prophecy, and keep those things which are written in it; for the time is near" (1:3).

Humanity as a whole is ignorant of one of the greatest books ever written! God has deliberately hidden the deep meaning of this mysterious book from those who are spiritually blinded—which means that He has hidden its meaning from most of the world.

Even Adam Clarke, the famous Bible commentator, found difficulty in making any sense of Revelation. Clarke wrote: "I had resolved, for a considerable time, not to meddle with this book, because I foresaw that I could produce nothing satisfactory on it" (Preface to the Revelation of St. John, p. 966)

But you can understand the book of Revelation. Notice that this is the Revelation of Jesus Christ—not that of St. John the Divine, as some Bibles title the book. What, then, is the purpose of Jesus' revelation? It is to "show His servants—things which must shortly take place" (Revelation 1:1). The purpose of the book is not to hide the truth, but to reveal events leading up to the return of Christ! In fact, the word "apocalypse" comes from the Greek *apokalupsis*, which means "uncovering" or "unveiling." You need to know what those prophesied events are!

The seven seals reveal prophetic events that lie just ahead of us. In Revelation 5, we read about a scroll sealed with seven seals. John begins to weep when no one is worthy to open the scroll. But we read: "But one of the elders said to me, 'Do not weep. Behold, the Lion of the tribe of Judah, the Root of David, has prevailed to open the scroll and to loose its seven seals'" (5:5). The Lion of the tribe of Judah is Jesus Christ—He begins to open the scroll sealed with seven seals.

In Revelation 6, we read the description of six of those seals. The first four seals are known as the four horsemen of the Apocalypse. The Apostle John describes the Lamb—Jesus Christ—opening the first seal. "Now I saw when the Lamb opened one of the seals; and I heard one of the four living creatures saying with a voice like thunder, 'Come and see.' And I looked, and behold, a white horse. He who sat on it had a bow; and a crown was given to him, and he went out conquering and to conquer" (6:1–2).

What do the white horse and its rider represent? Some commentators mistakenly say that these represent Christ, because the imagery appears similar to the description of Christ given in Revelation 19. But when we compare the Revelation 19 description to the first horseman, we find notable differences. Christ comes with many crowns (19:12), not just one crown. And He comes with a sword (v. 15), not a bow as in Revelation 6.

Christ is the Revelator. He reveals the meaning of this white horse in Matthew 24. Jesus describes the signs of His Second Coming, and the sequence of events, that coincide with the seals of Revelation. "And Jesus answered and said to them: 'Take heed that no one deceives you. For many will come in My name, saying, "I am the Christ," and will deceive many"' (Matthew 24:4–5).

This white horse, and its rider, represent false religions—"false christs" (v. 24). In Matthew 24, Jesus continues describing the sequence of events: war, famine, pestilence and tribulation. Jesus is the One who interprets the seals of Revelation. He tells us: "And you will hear of wars and rumors of wars. See that you are not troubled; for all these things must come to pass, but the end is not yet. For nation will rise against nation, and kingdom against kingdom. And there will be famines, pestilences, and earthquakes in various places. All these are the beginning of sorrows. Then they will deliver you up to tribulation and kill you, and you will be hated by all nations for My name's sake" (vv. 6–9).

The second seal reveals a horseman riding a red horse, having the power to take peace from the earth. The third seal presents a rider on a black horse, representing a scarcity of food and resulting famine. The fourth seal shows a rider on a pale horse with the power over one fourth of the earth to kill "with sword, with hunger, with death, and by the beasts of the earth" (Revelation 6:8). Jesus also spoke of the pestilence that normally follows a famine.

Thus we see that in Matthew, Jesus confirmed the meaning of these seals when He spoke of:

- Deceptive religion (Matthew 24:4)—the first seal, or the first of the four horsemen [of the Apocalypse, or Revelation];
- Wars (Matthew 24:6–7)—the second seal, or the second of the four horsemen;
- Famines (Matthew 24:7)—the third seal, or the third of the four horsemen;
- Pestilences (Matthew 24:7)—the fourth seal, or the fourth of the four horsemen;
- Tribulation, religious persecution and martyrdom (Matthew 24:9–10)—the fifth seal.

An Intensified Ride

The four horsemen will intensify their ride as we approach the Day of the Lord. They are revealed in Revelation 6 as Christ opens the first four seals. What happens when the fifth seal is opened? "When He opened the fifth seal, I saw under the altar the souls of those who had been slain for the word of God and for the testimony which they held" (Revelation 6:9).

Here is described the martyrdom of the saints, true Christians. In the first century, the Emperor Nero violently persecuted Christians and put them to death. A major end-time persecution of saints is also foretold by this fifth seal. Jesus predicted this future tribulation in Matthew 24:9. Then Jesus opens the sixth seal, revealing the heavenly signs that will shock people all over the earth. What are those heavenly signs? "I looked when He opened the sixth seal, and behold, there was a great earthquake; and the sun became black as sackcloth of hair, and the moon became like blood. And the stars of heaven fell to the earth, as a fig tree drops its late figs when it is shaken by a mighty wind. Then the sky receded as a scroll when it is rolled up, and every mountain and island was moved out of its place" (vv. 12–14).

Not only will asteroids and meteorites frighten people, but massive earthquakes will also shake the earth. As the Apostle John saw in vision, "every mountain and island was moved out of its place." If you have ever experienced a strong earthquake, as many of us have in California, you know how frightening earthquakes can be. Your knees and legs feel weak as water, even if you have not been seriously injured.

The heavenly signs introduce the Day of the Lord: the time of God's wrath and judgment on an unthankful, rebellious world. Jesus Christ, the Lamb, will be wrathful. He will execute God's righteous judgments. The Day of the Lord is also called "the great day of His wrath" (6:17)!

Revelation 8 describes the seventh seal being opened. We find that this seal—the Day of the Lord—is comprised of seven trumpet judgments or plagues. "When He opened the seventh seal, there was silence in heaven for about half an hour. And I saw the seven angels who stand before God, and to them were given seven trumpets" (8:1). The trumpets give us warning, announcing seven plagues, or judgments!

The seven seals reveal end-time trends and events. The seventh seal represents the year-long Day of the Lord (cf. Isaiah 34:8). And the seventh seal consists of seven trumpet judgments during the year-long Day of the Lord. As we will see later, the seventh trumpet itself consists of the "seven last plagues" mentioned in Revelation 15:1.

As you read through Revelation 8, you will notice that, as the first four angels sound their trumpets, there is great ecological devastation all over the earth. There are earthquakes; vast areas of vegetation are burned up; a third of all sea life dies; water sources are poisoned. The heavens are darkened.

The last three trumpet plagues are called woes. The word "woe" is an exclamation of grief! "And I looked, and I heard an angel flying through the midst of heaven, saying with a loud voice, 'Woe, woe, woe to the inhabitants of the earth, because of the remaining blasts of the trumpet of the three angels who are about to sound!'" (Revelation 8:13).

Revelation 9 describes the first woe or the fifth trumpet plague. The fifth angel sounds a trumpet that begins a military action that lasts for five months. The second woe, or the sixth trumpet plague, is pictured with symbols of horses and horsemen. Here we see an intense military counter-attack. We read: "One woe is past. Behold, still two more woes are coming after these things. Then the sixth angel sounded: And I heard a voice from the four horns of the golden altar which is before God, saying to the sixth angel who had the trumpet, 'Release the four angels who are bound at the great river Euphrates'" (9:12–14). An army of 200 million moves westward across the Euphrates River and destroys one-third of the earth's population! "So the four angels, who had been prepared for the hour and day and month and year, were released to kill a third of mankind. Now the number of the army of the horsemen was two hundred million; I heard the number of them. And thus I saw the horses in the vision: those who sat on them had breastplates of fiery red, hyacinth blue, and sulfur yellow; and the heads of the horses were like the heads of lions; and out of their mouths came fire, smoke, and brimstone. By these three plagues a third of mankind was killed; by the fire and the smoke and the brimstone which came out of their mouths" (vv. 15–18).

This is describing world war! And this phase of World War III will kill billions of human beings! Jesus said that unless those days were shortened, no flesh would be saved—all life on earth would be destroyed (Matthew 24:21–22).

The Seventh Trumpet

Then the seventh trumpet sounds. For Christians, the sounding of the seventh trumpet is good news because it announces the establishment of the Kingdom of God on earth, and the return of Jesus Christ. We all need to be preparing for that time! "Then the seventh angel sounded: and there were loud voices in heaven, saying, 'The kingdoms of this world have become the kingdoms of our Lord and of His Christ, and He shall reign forever and ever!'" (Revelation 11:15).

This will be an awesome event! The history of the world has been waiting for this great event! We need Christ's return to this earth! Mankind has not brought the world lasting peace. Less than 60 years ago, mankind exploded the first nuclear bombs over Hiroshima and Nagasaki. For the first time in history, mankind could annihilate itself in a matter of minutes—complete cosmocide became a very real danger.

Is there any danger today of nuclear war? Certainly many of us remember historic conflicts that were very frightening. In 1962, the United States and the Soviet Union played nuclear brinkmanship over the Cuban Missile Crisis. In 1973, President Nixon placed U.S. military forces on nuclear alert when the Soviet Union threatened to intervene in the Middle East war between Israel and its Arab neighbors.

As most of us realize, nuclear war still threatens us in the 21st century! We need Christ to return, to bring peace, justice and God's Way to mankind! The good news is that the one-year period of time called the Day of the Lord, culminates in the announcement that Christ is taking over all the kingdoms and governments of this world! That is the good news we all look forward to hearing!

But the seventh trumpet is also called the third woe! Why? Because it will also signal the seven last plagues! This is an intense fulfillment of the day of God's wrath and judgment on rebellious nations. "Then I saw another sign in heaven, great and marvelous: seven angels having the seven last plagues, for in them the wrath of God is complete" (15:1).

As we saw earlier, the seven seals reveal end-time trends and events. The seventh seal represents the year-long Day of the Lord. And the seventh seal consists of seven trumpet judgments during the year-long Day of the Lord. Then the seventh trumpet itself consists of the "seven last plagues" mentioned in Revelation 15 and 16.

We can read, in Revelation 16, the description of these seven last plagues. They include plagues of painful sores on those who have worshiped the Beast power and its image. They include even more poisonous rivers and seas to the extent that "every living creature in the sea died" (16:3). The sun becomes hotter, resulting in extreme heat waves that torment those who will not repent of their sins!

The sixth angel then pours out his bowl of plagues: "Then the sixth angel poured out his bowl on the great river Euphrates, and its water was dried up, so that the way of the kings from the east might be prepared. And I saw three unclean spirits like frogs coming out of the mouth of the dragon, out of the mouth of the beast, and out of the mouth of the false prophet. For they are spirits of demons, performing signs, which go out to the kings of the earth and of the whole world, to gather them to the battle of that great day of God Almighty" (vv. 12–14).

War Against Christ!

Finally the Beast—the prophesied European superpower, the revived Roman Empire—will move into the Middle East. And the kings of the East, who would normally be fighting against the Beast power, also move into the Middle East. But instead of fighting one another, they join ranks to fight against an invader from outer space, Jesus Christ! "And they gathered them together to the place called in Hebrew, Armageddon" (v. 16). The name Armageddon comes from the Hebrew, "Har Magedon," which means "the hill of Megiddo." Megiddo is located in Modern Israel about 55 miles north of Jerusalem. The hill or mount of Megiddo overlooks the largest valley in Israel, the Plain of Esdraelon, or the Valley of Jezreel.

The armies of the world will gather there to make war against Jesus Christ—the Commander of Heaven's armies! The Apostle John writes, "Now I saw heaven opened, and behold, a white horse. And He who sat on him was called Faithful and True, and in righteousness He judges and makes war. His eyes were like a flame of fire, and on His head were many crowns. He had a name written that no one knew except Himself. He was clothed with a robe dipped in blood, and His name is called The Word of God. And the armies in heaven, clothed in fine linen, white and clean, followed Him on white horses. Now out of His mouth goes a sharp sword, that with it He should strike the nations. And He Himself will rule them with a rod of iron. He Himself treads the winepress of the fierceness and wrath of Almighty God. And He has on His robe and on His thigh a name written: King of kings and Lord of lords" (19:11–16).

When Christ returns to this earth, He will judge and conquer all His enemies. John continues: "And I saw the beast [the prophesied military dictator], and the kings of the earth, and their armies, gathered together to make war against Him [against Jesus] who sat on the horse and against His army" (v. 19).

These armies are gathered at Megiddo to make war against Christ and His army. The war or battle is called "the battle of the great day of God Almighty." But where will the battle take place? The prophet Joel tells us that this climactic battle will take place near Jerusalem. "For, behold in those days and at that time... I will also gather all nations, and bring them down to the valley of Jehoshaphat; and I will enter into judgment with them there" (Joel 3:1–2).

The valley of Jehoshaphat, also called the Kidron Valley, is located between Jerusalem and the Mount of Olives. The world's armies will move southward from Megiddo to fight Jesus Christ at Jerusalem. In the great climactic battle of all ages, the Creator God will prevail, as puny human beings fail in their futile attempt to conquer God.

Foolish generals will quickly learn how powerless they are against the omnipotent, divine power of God! Listen to the results of that battle: "For I will gather all the nations to battle against Jerusalem.... Then the Lord will go forth and fight against those nations, as He fights in the day of battle, and in that day His feet will stand on the Mount of Olives" (Zechariah 14:2-4). Notice the horrible punishment wrought on those rebellious, evil armies. "And this shall be the plague with which the Lord will strike all the people who fought against Jerusalem: Their flesh shall dissolve while they stand on their feet, Their eyes shall dissolve in their sockets, And their tongues shall dissolve in their mouths" (v. 12).

Jesus will totally conquer the greatest military combine ever assembled. He will return as King of kings and Lord of lords to bring this war-torn planet a thousand years of peace. "And the Lord shall be King over all the earth" (v. 9).

The seven seals of Revelation reveal the prophetic trends and events leading up to the return of Christ. We need to be spiritually prepared! Look forward to the return of Jesus Christ. Be thankful for the good news that you have been hearing. Make sure you are reading your Bible, and the inspiring book of Revelation. And make sure you are preparing for the coming Kingdom of God.

DCA:

from www.thedcasite.com

DCA and How It Works:

Dichloroacetic acid versus Sodium Dichloroacetate

Dichloroacetic acid is a small molecule, basically acetic acid with 2 chlorines. The molecular formula is Cl_2CHCOOH .

Dichloroacetate is the sodium salt of dichloroacetic acid. Replace a hydrogen with sodium and you get $\text{Cl}_2\text{CHCOONa}$

If you view the video from CTV you will see a jar of dichloroacetic acid prominently displayed. <http://www.depmed.ualberta.ca/dca/vid1.htm> is well worth watching. But they used a "cheap ...powder". Dichloroacetic acid only comes in liquid. The powder is the sodium salt of dichloroacetic acid. It is sodium dichloroacetate. The researchers did not use the acid.

For those of you searching for DCA, do not buy the acid. I posted info on the FAQ about it. The acid is not the same thing as the acetate. The acid is dangerously corrosive.

How does DCA work, briefly?

The Michelakis team reports that DCA turns on the mitochondria of cancer cells, allowing them to commit cellular suicide, or apoptosis.

Cancer cells shut down the mitochondria, which is the part of the cell that is involved in metabolism and, incidentally, initiates the cell suicide.

A non-cancerous cell will initiate apoptosis when it detects damage within itself that it cannot repair. But a cancer cell resists the suicide process. That is why chemotherapy and radiation treatments do not work very well and actually result in terrible side effects... the healthy cells actually die much easier.

Michelakis and his team discovered that they could re-activate the mitochondria of cancer cells. Not only that, the DCA is very effective in doing it: To quote from the Michelakis paper: "The decrease in $[\text{Ca}^{2+}]_i$ occurs within 5 min and is sustained after 48 hr of DCA exposure." The mitochondria are so sensitive to DCA that just 5 minutes of exposure reactivates them for 48 hours.

The metabolic approach to cancer is supported by other research. Inhibition of Glycolysis in Cancer Cells: A Novel Strategy to Overcome Drug Resistance Associated with Mitochondrial Respiratory Defect and Hypoxia is a paper by a John Hopkins research team supporting this approach.

<http://www.thedcasite.com/dcaforum/DCForumID1/79.html> is a post on our chat room by Willis. giving a prediction as to which cancers DCA might not control, and it is being supported by the reports we are receiving.

DCA Safety and Side Effects:

Brain cancer patients who use DCA and caffeine are at very high risk. Please read the part Alert below.

Update 1 March 2008: We are seeing a consistent response in people on the DCA-caffeine protocol. The DCA is "wiping them out". Many of the patients sleep much of the time and their muscles are weak, especially their leg muscles. Balance can be an issue and the patients can fall down. However, these patients are experiencing very noticeable response in their cancers. These symptoms are among those shown for tumor lysis. Source

SAFETY STUDIES:

DCA is a common by-product of the chlorination of drinking water, and as a result, has been the focus of many studies. The EPA has published a large study, "Toxicological Review of Dichloroacetic Acid", a 200 plus page volume listing a summary of most DCA safety and health research done as of August 2003. WHO has published "Dichloroacetic Acid in Drinking Water", 2005. Health Canada has published "Haloacetic acids in Drinking Water" . This gives us an abundance of research to examine the safety considerations of DCA. (Please note that nowhere in the literature has any human ever been reported to have died from DCA intake)

The Michelakis patent states that tumor action is achievable with a dose as low as 10 mg/kg.

"To date, there have been no reports of dichloroacetic acid-induced neoplasia in any human tissue and no reports of gonadal toxicity in humans (Stacpoole et al., 1998a)." from WHO

"Dichloroacetic acid has been used as a therapeutic agent to treat lactic acidosis, diabetes, and familial hyperlipidaemia in humans; oral or intravenous therapeutic doses are usually in the range of 25–50 mg/kg of body weight per day (Stacpoole et al., 1998a)." WHO

NOEL: Stands for No Observed Effects Level

NOAEL is No Observed Adverse Effects Level

These levels are defined as the highest tested dose of a substance that has been reported to have no harmful (adverse) health effects on people or animals. Thanks to the extensive EPA research, the NOELs have been determined for mice, rats and dogs. These numbers range from 3 to 12.5 mg/kg.

Acute toxicity: Oral LD50 in rats is 4480 mg/kg and 5520 mg/kg for mice.

Several excellent articles relating to the safety aspects of DCA are available at our Human Studies page,

SIDE EFFECTS:

"Several cases of mild peripheral neuropathy following dichloroacetic acid treatment at 50–100 mg/kg of body weight per day for several months to a year have been reported (Stacpoole et al., 1998a; Spruijt et al., 2001). All were completely reversible after cessation of treatment. In one of these cases, dichloroacetic acid was reinstated at 25 mg/kg of body weight per day following reversal of neurological symptoms, and this dose was maintained for 2 years without further evidence of neuropathy (Stacpoole et al., 1998a)." WHO article.

"The potential benefits of DCA, with or without aerobic training, must be weighed against the potential side-effects of the drug. There were numerous adverse reports during the course of the chronic phase of the study that were directly attributable to DCA, including increased fatigue, shortness of breath, episodes of vomiting and/or gastrointestinal distress, and increased incidence of tremors, " from "Dichloroacetate Therapy Attenuates the Blood Lactate Response to Submaximal Exercise in Patients With Defects in Mitochondrial Energy Metabolism" (this was a 25 mg/kg per day over three month study)

A good study of side effects in dogs shows the range of side effects of DCA exposure even at 12.5 mg/kg per day and really highlights the importance of using the minimum dosages of 10 to 15 mg/kg. The higher the dosage, the more risk of side effects.

The side effects reported by users (taken from our survey to-date), include:

- peripheral neuropathy (tingling in the fingers)
- numbness in toes or fingers
- shaking or tremors in hands
- weakness in legs

mild nausea
swollen ankles
more urination
dizziness
anxiety
depression
sleepy
breathing heavier than usual
tingling (neuropathy) in the lips

With the use of the DCA-Caffeine-B1 protocol we are seeing a whole new set of effects. These effects appear to be TLS, as the symptoms are appearing much sooner than typically seen with DCA alone. Sleepiness, fatigue, weak legs and balance issues are sometimes reported.

Recommended Treatment for Peripheral Neuropathy

You should closely monitor for side effects. We suggest that if you start to feel tingling or numbness in your fingers that you should get off DCA for a few days, then restart at the same or lower dose level. Some supplements often recommended are thiamine or folic acid. Vitamin B1 has been standard. There is movement now towards the use of benfotiamine instead of vitamin B1.

Additionally, glutamine is something to consider. Dr. Steve Martin of Groupe Kurosawa recommends 50g/day of glutamine. Here are some supportive links:

Glutamine as a neuroprotective agent in high-dose paclitaxel-induced peripheral neuropathy: a clinical and electrophysiologic study.

Effect of glutamine on methotrexate efficacy and toxicity. (this study is focused on the benefits of glutamine as an adjunct in the treatment of cancer)

"... natural treatments such as acetyl-L-carnitine, lipoic acid, evening primrose oil, fish oil, magnet therapy, selenium and vitamin E have been shown to alleviate the symptoms of diabetic neuropathy altogether" from <http://www.peripheral-neuropathy-help.com/diabetic-neuropathy-treatment.html> It is interesting that most of these are known to be effective anti-cancer treatments.

Fish Oil supplementation has been shown to be effective. Fish Oil Supplementation Prevents Diabetes-Induced Nerve Conduction Velocity and Neuroanatomical Changes in Rats And taking fish oil is potentially a great supplement to take to fight cancer. Here is a reported remission due to fish oil. We have an entire section devoted to fish oils.

Additionally there is talk that citric acid might help reduce peripheral neuropathy. One Dutch doctor self-medicating for his own cancer would take 20 grams of citric acid 20 minutes before taking DCA.

Tumor Lysis Syndrome:

Side effects atypical of DCA have been reported. These effects may be what is termed "Tumor Lysis Syndrome", the consequence of the rapid breakdown and death of cancer cells. This can be serious, and can result in death in some cases. The fact that we even have to worry about this is good news for us, because DCA is working so well against many cancers. TLS is also caused by other, standard, cancer therapies when they destroy tumor cells rapidly.

Tumor lysis syndrome (TLS) is a life-threatening oncologic emergency characterized by metabolic abnormalities that can occur during rapid tumor breakdown in response to anti-cancer treatment. TLS is most frequently seen in acute lymphocytic leukemia and high-grade NHLs, but many other hematologic and solid tumors have been associated with this complication.

According to the Washington Manual of Medical Therapeutics, the following cancers are associated with TLS:

Non-Hodgkin's lymphoma (NHL)
Acute lymphocytic leukemia (ALL)
Acute myelocytic leukemia (AML)
Chronic lymphocytic leukemia (CLL)
Chronic myelocytic leukemia (CML)
Breast cancer
Testicular cancer
Medulloblastoma
Merkel cell carcinoma
Neuroblastoma
Small cell carcinoma of the lung

<http://www.answers.com/topic/tumor-lysis-syndrome>

http://en.wikipedia.org/wiki/Tumor_lysis_syndrome

<http://emedicine.medscape.com/article/282171-overview>

http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=PubMed&list_uids=8430709&dopt=Abstract

An academic note: TLS is not just a cancer issue. Even mass parasite death results in a situation similar to TLS. "A Tumor Lysis-Like Syndrome during Therapy of Visceral Leishmaniasis."

<http://www.annclinlabsci.org/cgi/content/abstract/32/4/419>

There is a related syndrome, called the Jarisch-Herxheimer Reaction, or "Herx" Reaction. This can result from bacterial lysis after the initiation of antibiotic use. Sample links: Wikipedia, Lyme, TNF

If you develop symptoms of TLS:

1. See your doctor immediately
2. Discontinue use of DCA until the symptoms subside,
3. When you start taking DCA again, use it at a lower dose or use DCA on alternate days.

Possible Drug Interactions:

We have not seen any drug interactions yet. Keep in mind that DCA is very new and we have extremely little data to work with here. However, based on the survey results to-date, we have no reports of drug conflicts with DCA. One report suggested that Lasix might interact with DCA. All the symptoms reported were actually those of Lasix. However, DCA may have amplified the Lasix effect.

Alert:

**Brain Cancer Patients Must Use Extreme Caution
When Taking DCA**

We have heard reports of a couple of people who were on high doses of DCA that started drinking caffeine and had very severe reactions: seizures and death followed. Two University of Alberta brain cancer patients are reported to have died after starting DCA. One of them, we are told, did not drink caffeine, but still experienced TLS.

On March 22, 2008 I got a call from a gentleman with glioblastoma who just started DCA. He took an initial DCA dose equivalent to 4.4 mg/kg and drank about 2/3 of a small cup of coffee. About an hour later he started feeling the effects: headache, nausea, spacey feeling and confusion. He said it came in waves. So even that low of a dose can produce serious results.

If you have brain cancer and take DCA, use extreme caution! As we mention in the DCA-caffeine protocol pages, the people who had full remissions used very low doses of DCA, 10-12 mg/kg. Other DCA users (those who did NOT have brain cancer) have reported that they were hit very hard when they started drinking caffeine. This action appears to be vastly stronger in brain cancer patients.

Tissue distribution of adenosine receptor mRNAs in the rat is a study of the distribution of adenosine receptors in the rat. The paper states that these receptors are found throughout the body and that "the adenosine A1 receptor was widely expressed in the brain."

It could be that one reason the caffeine and DCA mix hits brain cancer patients extra hard is the large number of adenosine receptors in the brain.

So please, if you have brain cancer and use DCA, be careful. It appears that you cannot take high doses (>12 mg/kg) and drink caffeine without risk. Even ultra-low doses of 4 mg/kg can produce serious reactions in glioblastoma patients. The higher the dose of DCA, the higher the risk of seizure and death. The good point is that DCA seems to work extremely well in glioblastoma patients, but tremendous caution must be used.

DCA Dosage and the DCA-Tea-B1 Protocol:

It appears that DCA works vastly better when used in combination with caffeinated tea and vitamin B1. Reports and an early survey indicate that caffeinated tea is critical. Vitamin B1 may be essential as well. We recommend using all three: DCA, black tea and vitamin B1.

Brain cancer patients are at added risk. Please see Alert above.

With the discovery around the first of February 2008 that caffeinated tea and Vitamin B1 make DCA work, the dosing situation for DCA has changed. Mark, the patient with NHL used a high dose (35 mg/kg) of DCA originally with the black tea and B1. This dose caused an extremely rapid die-off of his tumor, causing sickness. He lowered the dose to 10-12 mg/kg and the tumor continued to die, but at a tolerable rate. Jeannette used a dose of 10.5 mg/kg with great results. Both did experience the standard neuropathy of tingling fingers. Mark now takes DCA 5 days on, 2 off.

If this DCA-Tea-B1 synergy proves effective against most cancers, then the dose can probably stay low, making side effect issues much less of a concern.

(We are not physicians nor veterinarians, so this information is from a private, non-medical professional, viewpoint.)

1. It is clear from the research that one must be very careful about not going too high with the dosage of DCA for too long a period. Adults may have problems using dosages at 25 mg/kg of body weight and above for protracted periods. We see people showing side effects even at 14 to 15 mg/kg of body weight per day after three to six weeks.

2. The Michelakis paper states that DCA is dose-dependent, meaning the higher the dose of DCA the better the response. The Michelakis patent gives a dose range of 10 mg/kg of body weight to 100 mg/kg for tumor action.

The half-life of DCA in the body is about 24 hours, so drug holidays are a good way to lower the levels of DCA and avoid side effects.

In using DCA, we urge you to consider the full protocol of DCA, caffeinated tea and vitamin B1.

It appears that you can use lower doses of DCA in this protocol. Side effects are still a concern, so adjust accordingly if side effects appear.

How Often Should DCA be Taken?

Our recommendation is once or twice a day. Split the dosage and take half in the morning and half at night. We have seen a number of excellent responses with once a day treatments.

Side effects from DCA are reported even with doses of 13 to 14 mg/kg after 6 to 8 weeks. Considering the half-life of DCA (the amount of time necessary to metabolize and eliminate half of the DCA in one's system) can run as long as 24 hours, getting off DCA periodically might help keep the levels low and make managing side effects much easier. Good suggestions we hear include taking DCA every other day, or taking DCA Monday through Friday and not taking it on weekends.

Why just once or twice a day? Does it work?

Yes. The posts from Joy about her father Terry, shows he got excellent results with DCA after 4 weeks and gained 11 pounds. Terry took a gram a day, just once in the morning, mixed in eight ounces of water.

Tumor Lysis Syndrome (TLS) concerns might also indicate a less aggressive use of DCA. DCA is working so well against lymphatic cancers that an "on and off strategy" of taking DCA might be a good idea; taking DCA one day and not the next. We have had reports of severe TLS symptoms by patients with lymphomas.

How can I measure these amounts?

A one quarter teaspoon of sodium dichloroacetate weighs almost one gram, or 1000 milligrams. A one eighth teaspoon weighs about one-half gram, or 500 milligrams. Doses are approximate. Follow the dosage chart for suggested 10 to 15 mg/kg per day rates. Intermediate doses can be measured by spreading the above amount on a plate, for example, and dividing the powder into fractions, such as thirds. This proves to be very easy and effective in practice.

The most accurate way is to weigh the DCA on a fine scale.

<http://www.oldwillknottscales.com/> (Triton T2. The price was \$22.40 and \$5 shipping to California. If you buy one check the AAA batteries when you get it. They were dead on mine, but the item worked great with new batteries.-- Note From G.S, California) A 21 Oct 09 email from this supplier states that the T2 price has been reduced and that they have "many other scales with the same, or better, resolution as the Triton for less". Link to pocket scales.

Here is a Canadian company: <http://www.canadianweigh.com/>

http://www.toplinedigitalscales.com/catalog.php?action=124&item_id=405 is a link to one.

Here is a message we got from "Magnus" of Germany: Hello, as a chemical engineer- I use a pocket scale (250 g max, accuracy 0.05 g) in my work. It costs only 80€ from www.conrad.de. (in Germany and www.conrad.fr in France etc).Reference nr 124000-62.

<http://afterbuy.de/afterbuy/shop/storefront/start.aspx?shopid=43633> for 29 Euro (from "Marco")

Let us know of others

Here is an example. When asked how to dose an 18 pound dog:

Dose: if you go with 15 mg/kg, then 15 mg/2.2 pounds =122.7 mg/18 pounds.

So you would want to give it approximately 125 mg per day.

One eighth of a teaspoon of DCA weighs 500 milligrams.

One fourth of the 1/8 teaspoon weighs 125 mg.

An eighth teaspoon of DCA will supply an 18 pound dog for 4 days. Pour the 1/8 teaspoon on a hard surface, (like a plate) . With a knife, mash and separate the powdered DCA into 8 equal parts. Take one portion each morning and evening over the next four days. The powder dissolves well into water.

OR, make a water mix. Here is the formula for a 22 pound dog:

If you dose your dog at 15 mg/kg, then you need 150 mg/day.

If you have one of those super sensitive scales use it. Otherwise, do this:

A one quarter teaspoon of NaDCA weighs one gram, or 1000 mg.

To make a weeks' supply, or 150 times 7 = 1050 mg, mix one gram (1/4 teaspoon) into 7 ounces of water.

Then give your dog one ounce (=2 tablespoons) of the solution a day, by pouring over the food. That should be easy. Keep mix in refrigerator.

For more dose examples, click here.

How is DCA taken?

This is usually done by mixing it in water and drinking. Or by mixing it in a little water or juice and adding it to the pet's food. Since DCA is a skin irritant, it is suggested that DCA not be taken on an empty stomach.

What if I Exhibit Side Effects?

DCA Side Effects:

Get off of DCA for a while. manage the side effects and do not let side effects go too far. It is safer and simpler to stop side effects when they first appear than to let them progress. The literature shows the half-life of DCA can be 24 hours, meaning it might take several days for the DCA to clear out of your system. Older individuals and animals cannot metabolize DCA as well as the young can. That is why children in the lactic acidosis studies did so much better than adults. I'd suggest getting off DCA until the side effects diminish or vanish and then resume at a lower dosage. It may be much more important to stay on DCA at low levels for long time periods than to dose too high and be forced to drop off DCA. Consult with your doctor or veterinarian. Remember the Michelakis patent indicates tumor action at rates as low as 10 mg/kg per day. And many people in the chat rooms at www.buydca.com and www.thedcasite.com have had great tumor action at the 10 to 13 mg/kg rates.

Benfotiamine is a possible treatment to reduce peripheral neuropathy. I have no feedback from DCA users on this compound. It is a lipid soluble form of thiamine that has been shown to reduce diabetic neuropathy.

Tumor Lysis Syndrome:

When a tumor starts to die, the cancer cells break apart and must be removed from the body. This can create a problem when large tumors die quickly, something that DCA can do. This can be fatal. People on standard chemotherapy have died from TLS. Take this seriously.

Make sure you read http://en.wikipedia.org/wiki/Tumor_lysis_syndrome

Also, here is another excellent link: <http://www.answers.com/topic/tumor-lysis-syndrome>

Consult your doctor or veterinarian and be knowledgeable about this.

How Long Do I Have to Take DCA?

This is new territory. If you are successful in eliminating your cancer, you might consider what Mark is doing. He takes 2-3 mg/kg with tea and vitamin B1. It is just too early to say much.

Should DCA be taken during pregnancy?

No. Studies on rats showed serious potential for birth defects. "The No Observed Adverse Effect Level (NOAEL) for the developmental toxicity of DCA in the rat was 14 mg/kg/day, a dose level that produced obvious treatment-related maternal effects".

What is the Shelf Life of Sodium Dichloroacetate?

Up to 5 years, if kept cool and out of light. [Click here for details.](#)

How Much Tea?

Jeannette drank 10-12 cups of black tea a day. Mark drank 6-7 double tea bag cups (he puts 2 tea bags in each cup) of black tea a day. Phone calls to people doing well with DCA show even 2 cups is helpful. Black and green tea and coffee have all been linked so far (2 Feb 2008). Right now, I feel much more comfortable suggesting caffeinated black tea, based on the reports. Caffeine has a variable half-life, but 2-5 hours is often given. I'd suggest drinking the tea throughout the day and evening. It is interesting that both Jeannette and Mark drank almost the same amount of black tea, approximately 12 cups a day. The effects of caffeine appear dose-dependent; the more caffeine, the better the response.

How Much Vitamin B1?

Jeannette took 500 mg a day (fives times 100 mg). Mark took ten 250 mg pills a day. Vitamin B1 is critical for mitochondrial function. Also, caffeine lowers B1 levels in the body. Be sure to take B1 also.

A Brain Cancer Success Story:

This is a story of a tremendously successful response of a brain cancer patient, a young lady, to DCA and chemotherapy. It was so successful that her last scan showed no sign of cancer. Some personal details must remain confidential.

(updated 16 January 2010)

Here is a synopsis of the story:

Diagnosed fall of 2007, Astrocytoma, Grade 3.

Surgery September 2007

Started DCA. 25 mg/kg

One month later, dose was doubled.

"Three weeks later the DCA went toxic on my body - as in fingers, very numb, legs strength sapped, feet felt like round bottoms and numb - it was brutal. I was talking nonsense some of the time, very poor bladder control. Other than that, did well or I thought so until....

...an MRI 3 months later (January, 2008) that showed the tumor had returned/progressed. "

Quit DCA. (Note: She was not drinking caffeine at this time. She happened to be a caffeine drinker, but quit drinking caffeine after her diagnosis of cancer)

"went downhill considerably fast after that [stopping the DCA]."

"Went to Mexico for alternative treatments and were there for 2 weeks. Doc told us to go home and get some radiation first - chelation, and Laetrile (B17) and immune building pills."

"End of February 2008, second surgery to debulk tumor prior to radiation "

Started Radiation/Chemo March, 2008

"Went into a coma 2 days later for approximately 24 hours - the doc told my hubby I would probably not make it through the weekend - alot ALOT of prayer went up that weekend and ever since I woke up, the the Lord has been healing me. They said it was a Miracle, all praise to our Lord and Savior!! My brain scan was very pathetic looking - the mid line was curved (normally straight), very swollen in there. ... With the emergency MRI they did that day there was also a cyst in there " With the onset of the coma, the physician suspected her cancer had changed to grade 4, glioblastoma.

"When I finished the radiation/chemo we went to go see the doc ... to see his opinion on me re-starting the DCA for the second time - he said I had nothing to lose. End of April 2008."

During this second round of DCA, she was also on the chemotherapy Temozolomide. In addition she drank caffeine and was still taking laetrile.

[I asked about the chemo: "Yes I was on DCA and chemo for the last 6 rounds that I took at home. Temozolomide, in pill form so I could take this at home."]

[I asked about the caffeine. Question: "when did you start caffeine again? What doctor recommended it? Answer: " No one recommended it, just started on my own after show of progression - I just thought what the heck. And along with your newly found results at the time I allowed myself to drink more black tea too for a while - until I was having a hard time falling asleep. " She started drinking caffeine about the first of February 2008.]

[I asked about the laetrile: She has continued to take laetrile shots and pills since January 2008. Laetrile dosage:

oral: 500mg pills 3x a day

injected: 3g - 10ml- 1.M 61.V]

MRI Scans: "A significant reduction in the tumor and cyst consecutively, in each MRI - July, August and October 2008. PET scan in October indicated no cancer activity at all!"

"Have had a few " PETIT MAL" seizures (or similar) once a month for the first while, and then we're getting down to every few months. I would estimate about 8. "

"Since then I have very consistently been using DCA at 25mg/kg. ... Some days I feel my lips getting numb and so I stop for 2 days - once a month or so, and also sometimes I forget on the weekend - when we don't have a normal day! "

"Since Mexico I have been using Laetrile (B17), ... ,injection 3 times a week (I do this myself), and pills three times a day the other days. Essiac tea as well (old native remedy known to help lots of cancer patients), sometimes I take a break as it is very tiring thinking that I have to take this on an empty stomach."

"Now the big question: is DCA helping me? Yes most definitely - I believe the DCA needs something else - chemo/rad to make it most effective."

"In addition to DCA (to boost the DCA and decrease side effects of the drug) I have been using B1 (300 mg a day), 2 cups of caffeinated coffee a day along with immune boosters etc. ... The Lord has been so good! "

How much caffeine? " ± 2 cups of coffee per day - 'A MUST in my life' - sometimes caffeinated tea (one cup)"

Any thing else of importance? "Gods Healing!"

Email, 5 February 2009:

To my very special people - just a quick note to tell you that my MRI came back very good - the tumor shrunk down to almost nothing - so this of course is very good news!! We are so praising the Lord, always takes a while to get into my head that it was good once again:)) Feb 15 it will be 1.5 yrs. I will be updating the blog later this evening - hopefully!

Email 9 February 2009:

“My doc is amazed that my tumor is still shrinking after I have not been on chemo for 4 1/2 months.”

Email 24 April 2009

My Dear people, Family and Friends:

We have fantastic news to share once again. The MRI came back totally clean once again! God is so merciful. Clean in Doc terms means: no evidence of cancer/tumor so this has been the third one (MRI) - and now I dont have to come back for 6mo - ya hoo - free all summer!!!!!!!!!!!!!!!!!!!!

Please dont interprut this as 'cancer free' - they have not indicated that at all. I think brain cancer is kind of in a category of its own. And I dont want people to intrept this the wrong way-however I am well on my way - Thanks to the Lords Healing Hand staying on my brain each and every day!!!!!!!!!!!!!!

Email 16 January 2010

Hi there Jim, sorry I took so long, but here is a brief overview of my past yearish.

My MRI was clean until oct 2009, Dr.**** said there was only a slight difference from the previous MRI, taken 6 months ago.

But he was determined we needed to something about it now before it grew out of control and we had lost the battle - the reason he wanted to have me take chemo was cause last time it worked so well for me. The ***** chemo doc did not agree with him, as the difference was so slight. And the MRI report indicated 'stable disease'. So they refused.

Nov 2 (three weeks later), Dr.**** wanted me to return prior to him leaving for his 3wk holiday. Had the MRI and it showed growth, up to about 2cm. So much for stable disease huh? He was very upset, he said he had seen this so often, but he still thought we had caught it well enough in time. So the ***** now needed to admit this wasn't stable disease and they gave me chemo!! MY WBC count had been low, hovering between 2.0 to 2.5 for pretty much a year, as God would have it my WBC (neuts) were up high enough for the first time in a year. (maybe thats why He made me wait 3wks?? - every thing in His Time - I'll tell you later on what I found helped for me to increase WBC) anyhow off we went home with chemo in hand (the chemo for brain cancer can be taken orally at home), can you beleive being excited to take chemo? lil crazy I know. Then after the first round the WBC crashed down again. So I missed one round and just finished my second round (I should have had 3 rounds)- its not too bad just makes me tired.

So Jan 6 2010, I had another MRI. I was totally convinced it would have grown, cause I was feeling slight pressure in my head, not headache style, just heat and pressure type of thing, didnt have to take tylenol or anything. The MRI came back clean, CLEAN!!!he said there was a tiny lil bit something there but he was sure it was scar tissue. So we were Praising the Lord!!

So thats my story and Im stickin' to it!

In re: to Laetrile, the Doc made me quit that in May 2009. I restarted it now, but only for 2wks, so Im sure it wasnt that.

I have been on DCA the entire time, and still am. My daily dose is 12.5mg/Kg.

In re: to WBC, I used a product called 'Essiac Tea'. The Original formula, in liquid form. How I know this is, when we came back from the first MRI, I started using this product again (hadn't been using it for some time, its somewhat pricey, has to be taken on an empty stomach, just tired of doing it...) so I used an aggressive dose. Not sure if you know the product, its an old Indian recipe, different roots etc. So anyhow got off track here, started using it in Oct 09 after my 'stable disease' MRI, in 2 wks my WBC went from a 2.3 to 4.2 (normal range is 4-11), so for the first time in a long time I was within normal range!! The essiac was the only thing I did different, so I don't know what else?

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Some thoughts: The patient did not respond suitably to DCA alone, initially. The response was fantastic when DCA was used with temozolomide, caffeine and laetrile. Interestingly, the tumor has continued to shrink for many months after cessation of the temozolomide.

Maybe researchers from Schering-Plough Corporation should consider a clinical study of temozolomide, caffeine and DCA on glioblastoma and astrocytoma and see what happens. There is already research indicating that ECGC can help sensitize glio cells to temozolomide. (Source) This might be an effective 'cocktail'.

And in fact, there is a clinical trial being planned related to this. Combining Radiotherapy and Temozolomide With Dichloracetate in Patients With Newly Diagnosed Glioblastoma.

The official title is "A Phase I Single Arm Trial Combining Radiotherapy and Temozolomide With Dichloracetate (DCA) in Patients With Newly Diagnosed Glioblastoma Multiform Tumours"

here is a link for another glioblastoma case:

<http://www.thedcasite.com/dcaforum/DCForumID2/249.html>

DCA Research Team publishes results of Clinical Trials:

from <http://mybroadband.co.za/vb/archive/index.php/t-334958.html?s=02a322f11756125c10381a57ae7f9fdc>

May 12, 2010

Print this update

Edmonton, AB - Medical Researchers at the University of Alberta reported today evidence that the orphan generic drug Dichloroacetate (DCA) may hold promise as potential therapy for perhaps the deadliest of all human cancers: a form of brain cancer called glioblastoma. The report is published at the journal Science Translational Medicine, a journal of the American Association of the Advancement of Science; it appears today at the journal's web site <http://www.sciencemag.org/>

In 2007 the U of A team led by Dr Michelakis, published evidence that DCA reverses cancer growth in non-human models and test tubes. The team showed then that DCA achieves these antitumor effects by altering the metabolism of cancer. By altering the way cancer handles its nutrient fuels, specifically the sugars, DCA was able to take away cancer's most important strength, the resistance to death. Since then, several independent groups across the world have confirmed the Alberta team's findings. In December 2009, the editors of "Science" predicted that cancer metabolism is one of only 5 areas across all scientific disciplines, to "watch for major breakthroughs" in 2010.

The U of A team set out to show that the way that DCA works in actual patients is the same with the way it works in the lab. In addition, researchers wanted to show whether DCA is safe and possibly effective in very sick patients with brain cancer.

By extracting glioblastomas from 49 patients over a period of 2 years and studying them within minutes of removal in the operating room, the team showed that tumors respond to DCA by changing their metabolism. Then, the team treated 5 patients with advanced glioblastoma and secured tumor tissues before and after the DCA therapy. By comparing the two, the team showed that DCA works in these tumors exactly as was predicted by test tube experiments. This is very important because often the results in non-human models tested in the lab do not agree with the results in patients. In addition, the team showed that DCA has anti-cancer effects by altering the metabolism of glioblastoma cancer stem cells, the cells thought responsible for the recurrences of cancer.

In the 5 patients tested, the drug took 3 months to reach blood levels high enough to alter the tumor's metabolism. At those levels, there were no significant adverse effects. However, at some of the higher doses tested, DCA caused nerve malfunction, i.e. numbing of toes and fingers. Importantly, in some patients there was also evidence for clinical benefit, with the tumors either regressing in size or not growing further during the 18 month study.

No conclusions can be made on whether the drug is safe or effective in patients with this form of brain cancer, due to the limited number of patients tested by the study's leads Drs Michelakis and Petruk. Researchers emphasize that use of DCA by patients or physicians, supplied from for-profit sources or without close clinical observation by experienced medical teams in the setting of research trials, is not only inappropriate but may also be dangerous. The U of A results are encouraging and support the need for larger clinical trials with DCA. This work is also one of the first in humans to support the emerging idea that altering the metabolism of tumors is a new direction in the treatment of cancer, Michelakis and Petruk said.

The research team hopes to secure additional funding to continue the ongoing trials with DCA at the University of Alberta. Further studies would include more patients with brain cancer, and test the combination of DCA and standard chemotherapies, eventually including patients from other academic health sciences centres.

One of the intriguing features of this work was that it was funded largely by public donations, including philanthropic foundations and individuals. In addition, it received support by Alberta public institutions, both the University of Alberta and Alberta Health Sciences. The multidisciplinary team that performed this challenging translational research included members of the Departments of Medicine, Diagnostic Imaging and Biomedical Engineering, Oncology and Neurosurgery. Clinicians, scientists, nurses and graduate students worked together for 2 years and express their gratitude to the people of Alberta, philanthropists, the patients and their families.

Stop Cancer with Baking Soda:

A simple, affordable solution to free the body of the disease of cancer - Stop Cancer with Baking Soda - Sodium Bicarbonate, Baking Soda is cheap, easy to come by, and very effective in restoring the body to good health. This latest research discovery goes beyond food and nutrition - stop cancer with baking soda -

Baking Soda and pH Levels (Part 1 & 2)

from http://healthnews.benabraham.com/html/stop_cancer_with_baking_soda.html

April 5th 2007 IMVA - Sodium Bicarbonate
Lessons in Cancer and General pH Management
International Medical Veritas Association
(stop cancer with baking soda)

Part 1

Dr. Tullio Simoncini

Baking Soda Treatment to Stop Cancer

Most of us are going to be surprised to find out that there is an oncologist in Rome Italy, Dr. Tullio Simoncini, destroying cancer tumors with sodium bicarbonate (baking soda) [1]. Sodium bicarbonate is safe, extremely inexpensive and unstoppably effective when it comes to cancer tissues. It's an irresistible chemical, cyanide to cancer cells for it hits the cancer cells with a shock wave of alkalinity, which allows much more oxygen into the cancer cells than they can tolerate. Cancer cells cannot survive in the presence of high levels of oxygen. Sodium bicarbonate is, for all intent and purposes, an instant killer of tumors. Full treatment takes only days, as does another cancer treatment that heats the cancer cells with laser generated heat. (At bottom see combining ph shift with heat.)

The extracellular (interstitial) pH (pHe) of solid tumours is significantly more acidic compared to normal tissues [2].

Case one: A patient diagnosed with pulmonary neoplasm of the lung, underwent treatment with sodium bicarbonate, before submitting to surgery to remove part of the lung. Treatment consisted of sodium bicarbonate administered orally, by aerosol, and IV. After first treatment reduction of nodules and absorption was evident, and after 8 months was no longer visible at all. Treatments also reduced size of the liver and results were confirmed by both X-ray and CAT scan.

Studies have shown how manipulation of tumour pH with sodium bicarbonate enhances some forms of chemotherapy [3]. Proteins can be modified both in vivo and in vitro by increases in acidity. In fact pH is the regulatory authority that controls most cellular processes. The pH balance of the human bloodstream is recognized by medical physiology texts as one of the most important biochemical balances in all of human body chemistry. pH is the acronym for "Potential Hydrogen". In definition, it is the degree of concentration of hydrogen ions in a substance or solution. It is measured on a logarithmic scale from 0 to 14. Higher numbers mean a substance is more alkaline in nature and there is a greater potential for absorbing more hydrogen ions. Lower numbers indicate more acidity with less potential for absorbing hydrogen ions.

Our body pH is very important because pH controls the speed of our body's biochemical reactions. It does this by controlling the speed of enzyme activity as well as the speed that electricity moves through our body. The higher (more alkaline) the pH of a substance or solution, the more electrical resistance that substance or solution holds. Therefore, electricity travels slower with higher pH. If we say something has an acid pH, we are saying it is hot and fast. Alkaline pH on the other hand, biochemically speaking, is slow and cool.

Cancer tissues have a much higher concentration of toxic chemicals, pesticides, etc then do healthy tissues.

In 1973, a study conducted by the Department of Occupational Health at Hebrew University-Hadassah Medical School in Jerusalem found that when cancerous breast tissue is compared with non-cancerous tissue from elsewhere in the same woman's body, the concentration of toxic chemicals such as DDT and PCBs was "much increased in the malignant tissue compared to the normal breast and adjacent adipose tissue" [4]. This should say something to the oncologists of the world about chemical etiologies that are going undiagnosed and untreated.

Part of any successful cancer treatment includes chelation and detoxification of heavy metals and a host of toxic chemicals, which are all invading our bodies' everyday. It is literally raining mercury, uranium contamination is increasing, lead we are discovering is even more toxic than anyone ever believed and is even in the bread that we eat, arsenic is in our chicken, the government still wants you to get your yearly mercury flu shot, dentists of course are still using hundreds of tons of mercury exposing patients to internalized toxic waste dumps (mercury vapors from hell), fluoride is still put in the water and chlorine is breathed in most showers. This just covers a small slice of the toxic disaster that is the hallmark of life in the 21st century. But oncologists have just not been able to understand that cancer patients are suffering from poisoning on a massive scale with all the chemicals scientists have already established cause cancer.

The IMVA recommends alkaline foods and sodium bicarbonate so that the pH of the blood remains high, which in turn means that the blood is capable of carrying more oxygen. This in turn keeps every cell in the body at peak efficiency and helps the cell eliminate waste products. Detoxification and chelation will proceed more easily and safely under slightly alkaline conditions. Increased urinary pH reduces oxidative injury in the kidney so it behooves us to work clinically with bicarbonate.

Patients receiving sodium bicarbonate achieved urine pHs of 6.5 as opposed to 5.6 with those receiving sodium chloride.

This alkalization is theorized to have a protective effect against the formation of free-radicals that may cause nephropathy [5]. Dr. Michael Metro

Body pH level changes are intense in the profundity of their biological effects. Even genes directly experience external pH. pH differentially regulates a large number of proteins. Increased oxidative stress, which correlates almost exponentially with pH changes into the acidic, is especially dangerous to the mitochondria, which suffer the greatest under oxidative duress. Epigenetics, which may now have begun eclipsing traditional genetics, commonly describes how factors such as diet and smoking, rather than inheritance influence how genes behave.

The great advantage of knowing the prime cause of a disease is that it can then be attacked logically and over a broad front. Dr. Otto Warburg

Dr. Otto Warburg, two times Nobel Prize winner, stated in his book, *The Metabolism of Tumors* that the primary cause of cancer was the replacement of oxygen in the respiratory cell chemistry by the fermentation of sugar. The growth of cancer cells is initiated by a fermentation process, which can be triggered only in the absence of oxygen at the cell level. What Warburg was describing was a classic picture of acidic conditions. Just like overworked muscle cells manufacture lactic acid by-products as waste, cancerous cells spill lactic acid and other acidic compounds causing acid pH.

After we just saw how important sulfur is in human health and how useful a basic chemical like sodium thiosulfate can be, we now get a crash course in the power of sodium bicarbonate and the act of instantly turning cancer cells alkaline. Might as well shoot a guided cruise missile at them - so effective, safe, quick and precise is sodium bicarbonate, inexpensive as well. Just a few pennies a day of it will keep cancer further away, keeping it at arms length from ourselves, patients and loved ones. It is something we can use to treat our water with as well, excellent to put in distilled or reverse osmosis water or any water for that matter.

A true understanding of cancer is impossible without understanding why some tissues in the body are deficient in oxygen and therefore prone to cancer. Cancerous tissues are acidic, whereas healthy tissues are alkaline. Water (H₂O) decomposes into H⁺ and OH⁻. When a solution contains more H⁺ than OH⁻ then it is said

to be acid. When it contains more OH⁻ than H⁺ then it is said to be alkaline. When oxygen enters an acid solution it can combine with H⁺ ions to form water. Oxygen helps to neutralize the acid, while at the same time the acid prevents oxygen from reaching the tissues that need it. Acidic tissues are devoid of free oxygen. An alkaline solution is just the reverse. Two hydroxyl ions (OH⁻) can combine to produce one water molecule and one oxygen atom. In other words, an alkaline solution can provide oxygen to the tissues.

The pH scale goes from 0 to 14, with 7 being neutral. Below 7 is acid and above 7 is alkaline. The blood, lymph and cerebral spinal fluid in the human body are designed to be slightly alkaline at a pH of 7.4.

At a pH slightly above 7.4 cancer cells become dormant and at pH 8.5 cancer cells will die while healthy cells will live. This has given rise to a variety of treatments based on increasing the alkalinity of the tissues such as vegetarian diet, the drinking of fresh fruit and vegetable juices, and dietary supplementation with alkaline minerals such as calcium, potassium, magnesium, cesium and rubidium. But nothing can compare to the instant alkalinizing power of sodium bicarbonate for safe and effective treatment of cancer.

Like magnesium chloride or sulfates are excellent emergency medicines, basic chemicals, nutritional in nature, sodium bicarbonate is a nutritional medicine meaning it cannot and will not end up controlled by CO-DEX. To control bicarbonate they would have to demand mothers stop making cake with it. We might thus identify sodium bicarbonate as an emergency medicine for cancer with the above supporting approaches working on broader levels to help overall physiology change to a degree where body chemistry is unfavorable for new cancer growth.

Cancer seems to grow slowly in a highly acid environment (because the acids cause it to partially destroy itself) and may actually grow more quickly as your body becomes more alkaline prior to reaching the healthy pH slightly above 7.4 where the cancer becomes dormant. Therefore it is important to get pH above 7.4 quickly. Once one has achieved a pH above 7.4, it is useful to monitor saliva pH regularly to ensure that the body remains sufficiently alkaline.

Earlier and more frequent use of sodium bicarbonate was associated with higher early resuscitability rates and with better long-term neurological outcome. Sodium bicarbonate is beneficial during CPR [6].

"The therapeutic treatment of bicarbonate salts can be administered orally, through aerosol, intravenously and through catheter for direct targeting of tumors." All of Dr. Tullio Simoncini's treatments with sodium bicarbonate are directed as specifically as possible to the organs involved, for example, vaginally as well as abdominally into the peritoneal space for cervical cancer, through the hepatic artery for liver cancer in order to get the solution as close to the affected area as possible. Sodium bicarbonate administered orally, via aerosol or intravenously can achieve positive results in most tumors, including the brain, while others, such as the serious ones of the bones can remain unaffected. Dr. Simoncini, with the help of interventionist radiologists was able to reach those areas of the body that had previously been inaccessible. This was achieved through positioning appropriate catheters either in cavities for peritoneum and pleura, or in arteries to reach other organs [7].

The most effective measure to treat RT-induced mucositis in patients with head and neck cancer is frequent oral rinsing with a sodium bicarbonate rinse, to reduce the amount of oral microbial flora [8].

Case two: A nine-year-old child is hospitalized and diagnosed with Ewing's Sarcoma on the right humerus. Despite several chemotherapy cycles surgery removed the humeral bone. Growth of three tumor masses continued despite continued efforts to stop progression. Sodium bicarbonate salts treatment were then started administered by catheter into the right sub-clavian artery in order to administer the salts (phleboclysis of 500 cc at five per cent) directly on the tumoral masses.

Of the 3 masses shown by the scographic scan of May 7, 2001, whose size is respectively:

- a. 6.5 cm
- b. 4.4 cm
- c. 2.4 cm

After the sodium bicarbonate salts treatment only one tumor was left, with a size of only 1.5 cm, which is most likely residual scarring, as shown by the echography of September 10, 2001.

Sodium bicarbonate injection is also indicated in the treatment of metabolic acidosis which may occur in severe renal disease, uncontrolled diabetes, and circulatory insufficiency due to shock or severe dehydration, extracorporeal circulation of blood, cardiac arrest and severe primary lactic acidosis. Sodium bicarbonate is further indicated in the treatment of drug intoxications, including barbiturates. Sodium carbonate has been found effective in treating poisoning or overdose from many chemicals and pharmaceutical drugs by negating the cardiotoxic and neurotoxic effects [9]. Sodium bicarbonate is useful in treating neurological disorders in children.

Knowledge of sodium bicarbonate is important for parents because the rate of childhood cancer is growing exponentially. But parents who resist the radiation burning, cutting and the lethal chemicals are regularly hauled before the courts only to have their children taken away from them. Oncologists are increasingly resorting to the justice system to have children made wards of the courts who then turn them over to medically irresponsible practitioners. It is inexcusable separating a child from his mother and father in the middle of a medical crisis. Adding to the stress by tormenting patients' hearts and souls has nothing to do with safe or effective medicine. The naked truth is doctors and medical institutions have not earned the necessary trust for this level of intervention in people's lives. With patient safety slipping year by year [10] children are not safe in hospitals, much less so if forced at gunpoint from their parents embrace.

An extremely simple therapy used by physicians who treat autism is to supply a mild antidote that neutralizes the excess acids. The most convenient product is a nonprescription drug called AlkaSeltzer Gold™. Do not use any other kind of AlkaSeltzer™. AlkaSeltzer Gold™ is simply a very safe product (sodium and potassium bicarbonate) that helps to neutralize excess acids of any kind. Dr. William Shaw on Biological Treatments for Autism and PDD

One mother wrote, "It worked so well for both of my children that the die-off was an uneventful experience, even though they both had very high levels of yeast." The restoring of acid/alkaline balance also relieves many allergies. "These children also had grave disturbances in electrolyte chemistry, and tended to be acidotic (low CO₂). The data that unfolded was fascinating and clearly earmarked the acidosis and hypoxic state (low serum bicarbonate = low O₂ levels). Potassium bicarbonate, sodium bicarbonate, magnesium carbonate and the like were used. Now we began to understand why so many children responded to Buffered C (potassium bicarbonate, calcium carbonate, magnesium carbonate), and others needed a more specific buffer (in some children for example niacin was grossly depleted and they required niacin bicarbonate)," wrote Patricia Kane.

The acid/alkaline balance is one of the most overlooked aspects of health, though many have written much about it. In general, the American public is heavily acid, excepting vegetarians.

Case three: A 62-year-old patient undergoes surgery in December 1998 for endometrial adenocarcinoma, followed by successive cycles of radiotherapy and anti-hormone therapy. Following the thickening of the peritoneum and the growth of several lymph nodes due to carcinosis; from the clinical point of view, the patient's condition decayed with the presence of exhaustion, general swelling, intestinal meteorism, irregularity of evacuation, steady feeling of heaviness and blood pressure instability. Treatment with a 5% sodium bicarbonate solution administered alternately thru an endoperitoneal catheter and via IV showed rapid improvement to a normal condition of health. A final CAT scan confirms the regression of the peritoneal carcinosis and a stabilization of the size of the lymph nodes when compared to the preceding year.

The kidneys are usually the first organs to show chemical damage upon uranium exposure, military manuals suggest doses or infusions of sodium bicarbonate to help alkalinize the urine if this happens. This makes the uranyl ion less kidney-toxic and promotes excretion of the nontoxic uranium-carbonate complex. The oral administration of sodium bicarbonate diminishes the severity of the changes produced by uranium in the kidneys [11].

Case four: A 40-year-old patient underwent surgical intervention (left radical mastectomy) for mammary carcinoma seven months earlier. After three months of chemotherapy, the patient is affected by: "diffused pulmonary and hepatic metastasis; bone metastasis particularly to the fifth and sixth lumbar vertebrae, with invasion and compression of the medullar channel, which is causing extreme pain which makes the patient unresponsive to any treatment." All pain suppressant drugs – morphine included – are totally ineffective and the patient is totally prostrate even unable to sleep. Believing that fungal colonies amassed in the medullar channel will respond to administration of sodium bicarbonate salts, lumbar injections are begun.

Dr Tullio Simoncini recounts: "As I administer it by slowly injecting 50 cc of sodium bicarbonate solution at 8.4 %, the patient tosses and with a thread of a voice confesses to me that she has slept only two hours in the last week. Exhausted, she whispers to me: "If only I could sleep half an hour tonight." But the day after, she calls me on the phone and says: "I have slept all night". After two more lumbar injections of the bicarbonate salts in the next month, the pain disappeared completely. Magnetic Resonance imaging reports performed before and after treatment were defined by hospital head of the radiology department as "shocking."

Sodium bicarbonate is the chemical compound with the formula NaHCO_3 . Sodium bicarbonate (baking soda) is commonly used as an antacid for short-term relief of stomach upset, to correct acidosis in kidney disorders, to make the urine alkaline during bladder infections and to minimize uric acid crystallization during gout treatment. Prescription sodium bicarbonate products are given by injection to treat metabolic acidosis and some drug intoxications. Sodium bicarbonate is available as a nonprescription medical as well as a general house hold item. It is also used with other non-prescription drugs for short-term treatment of various conditions to treat anything from fever to moderate pain.

Sodium bicarbonate possesses the property of absorbing heavy metals, dioxins and furans. Comparison of cancer tissue with healthy tissue from the same person shows that the cancer tissue has a much higher concentration of toxic chemicals, pesticides, etc.

Sodium bicarbonate neutralizes acids present in gases (in particular hydrochloric acid, sulphur dioxide, hydrofluoric acid) to form sodium salts (sodium chloride, sodium sulphate, sodium fluoride, sodium carbonate), which are all known as Residual Sodium Chemicals. Sodium bicarbonate can be made into a paste salve with vinegar, it relieves burning from bug stings (particularly bee stings), poison ivy, nettles, and sunburn. It is used as an antacid to treat acid indigestion and heartburn. Mixed with water in a 10% solution can soften earwax for removal.

Substituting a sodium bicarbonate solution for saline infusion prior to administration of radiocontrast material seems to reduce the incidence of nephropathy [12]. Dr. Thomas P. Kennedy American Medical Association

Because sodium bicarbonate has long been known and is widely used, it has many other names including sodium hydrogen carbonate, sodium bicarb, baking soda, bread soda, cooking soda, bicarb soda, saleratus or bicarbonate of soda. It is soluble in water. This white solid is crystalline but often appears as a fine powder. It has a slight alkaline taste resembling that of sodium carbonate. It is a component of the mineral natron and is found dissolved in many mineral springs. It is also produced artificially. World wide production is on the scale of 100,000 ton/year. Sodium bicarbonate is primarily used in cooking (baking) where it reacts with other components to release carbon dioxide, that helps dough "rise."

It is commonly used to increase the pH and total alkalinity of the water for pools and spas. Sodium bicarbonate can be added as a simple solution for restoring the pH balance of water that has a high level of chlorine. It is sometimes used in septic tanks to control pH and bacteria.

Sodium bicarbonate-rich mineral water in conjunction with a low-salt diet may have a beneficial effect on calcium homeostasis [13].

Distilled water is not safe, it lacks bicarbonates and minerals and yes, it is acid forming to the body. Yet it is an excellent aid in detoxification and chelation for its purity pulls on toxicities in the body. Part of the rea-

son why our body is acid is that it lacks enough bicarbonate necessary to neutralize the acid. Whenever the water lacks the proper bicarbonates to neutralize the water in distilled water your body basically becomes a little more acid. But we can easily treat distilled or reverse osmosis water by adding bicarbonate and magnesium and perhaps even some sodium thiosulfate. (The art and science of water treatment will be covered in *The Waters of Life*, another IMVA publication due out later this year. The conscious use of water favorably increases medical outcomes, often it even determines the prognosis. You cannot separate out hydration from pH. Dehydration would certainly push the body toward acidity.)

pH of the blood is the most important factor to determine the state of the microorganisms in the blood.

The native chemical and physical properties of sodium bicarbonate account for its wide range of applications, including cleaning, deodorizing, buffering, and fire extinguishing. Sodium bicarbonate neutralizes odors chemically, rather than masking or absorbing them. Consequently, it is used in bath salts and deodorant body powders. Sodium bicarbonate tends to maintain a pH of 8.1 (7 is neutral) even when acids, which lower pH, or bases, which raise pH, are added to the solution. Its ability to tabletize makes it a good effervescent ingredient in antacids and denture cleaning products. Sodium bicarbonate is also found in some anti-plaque mouthwash products and toothpaste.

Sodium bicarbonate also is indicated in severe diarrhea which is often accompanied by a significant loss of bicarbonate. Vigorous bicarbonate therapy is required in any form of metabolic acidosis where a rapid increase in plasma total CO₂ content is crucial e.g. cardiac arrest, circulatory insufficiency due to shock or severe dehydration, and in severe primary lactic acidosis or severe diabetic acidosis.

Sodium Bicarbonate Injection, USP is administered by the intravenous route. In cardiac arrest, a rapid intravenous dose of one to two 50 mL vials (44.6 to 100 mEq) may be given initially and continued at a rate of 50 mL (44.6 to 50 mEq) every 5 to 10 minutes if necessary (as indicated by arterial pH and blood gas monitoring) to reverse the acidosis. Caution should be observed in emergencies where very rapid infusion of large quantities of bicarbonate is indicated. Bicarbonate solutions are hypertonic and may produce an undesirable rise in plasma sodium concentration in the process of correcting the metabolic acidosis. In cardiac arrest, however, the risks from acidosis exceed those of hypernatremia.

In the current system, if a promising compound can't be patented, it is highly unlikely ever to make it to market, no matter how well it performs in the laboratory or in emergency room situations. The hormone melatonin [14] sold as an inexpensive food supplement in the United States, has repeatedly been shown to slow the growth of various cancers when used in conjunction with conventional treatments. Dr. Paolo Lissoni, another Italian oncologist has written many articles about this hormone and conducted clinical trials. But he has despaired over the pharmaceutical industry's total lack of interest in his treatment approach.

We need a new approach to fight cancer, one that will work safely and effectively since the majority of us are now destined to have to suffer through cancer at one point or another in our lives. The situation in the field of oncology is horrendous and in the area of childhood oncology they have earned their place in the book *"The Terror of Pediatric Medicine"*, (which one can download as a free e-book.)

Most people today cringe at the idea of finding a cancer then slashing, burning and poisoning it to smithereens. Most would agree that the mainstream cancer approach offers only marginal benefits at best, and providers push screening and aggressive treatment in part because they have nothing else to give, and also because it's very profitable.

If the body's cellular metabolism and pH is balanced it is susceptible to little illness or disease.

Since 1971, when President Nixon declared war on cancer, the budget of the National Cancer Institute has increased to \$4.8 billion from half a billion and cancer rates are still going up. For most of the past half-century, medical treatment of invasive tumors like those of the breast and colon has relied mainly on drugs, radiation or both, in effect carpet-bombing the DNA of cancer cells. These highly toxic treatments do not

address the root causes of cancer and are extremely dangerous, medical approaches involving the highest risks.

The great variety of cancers must reflect a fundamental mechanism by which the disease arises, one that has not been so clearly apparent until now.

Though allopathic medicine already uses sodium bicarbonate it will not any day soon turn to its own arsenal of already available safe and inexpensive medications like sodium bicarbonate or magnesium chloride. The medical industrial complex seems unwilling to change its views on cancer so patients will need to quietly ask their doctors for intravenous bicarbonate without specifying it as a substance they want to use to cure their cancer. It will be easier to find someone if one approaches with a need to treat acidic conditions than the actual cancer. Few doctors are willing to risk their licenses so it is better not to put them in an uncomfortable situation that they cannot control.

The closer the pH is to 7.35 - 7.45, the higher our level of health and well being and our ability to resist states of disease.

Sadly this does not address the need for the use of catheters which target tumors more directly thus pushing us toward a more complete protocol that will target cancer in a more general and comprehensive way. This needs to be done anyway because killing the tumor with a rush of alkalinity that provokes an oxygen rush into the cells will not prevent the condition from reoccurring. Though we can think that acidity is a basic cause of cancer a more basic cause is addressed when we look at what leads to the acidic conditions that are so prevalent in our bodies today.

Sodium bicarbonate is an anti-fungin substance that is very diffusible and thus very effective.

Dr Tullio Simoncini says, "It is useful to consider the extreme sensitivity of fungi to saline and electrolytic solutions. These solutions, because of their extreme capacity for diffusion, are able to reach all the myceliar biological expressions, including the most infinitesimal ones. Salts and bicarbonates, by making the terrain completely inorganic, eliminates the slightest organic fonts that fungi could use for nourishment. In this context, sodium bicarbonate, which is currently used in children's oral candidoses, appears to be a simple and handy weapon capable of uprooting, inhibiting, or attenuating any neoplastic formation wherever it is possible to easily apply it."

Cancer is actually a four-letter word ACID, especially lactic acid as a waste product due to the low oxygen level and waste products of yeast and fungus.

For centuries, medicated baths have been one of the first lines of treatment for psoriasis. Even today, with sophisticated immunosuppressive treatments available, Dead Sea salts and spa waters are recognized to be beneficial in the management of psoriatic patients.

To assess statistically the efficacy of sodium bicarbonate baths in psoriasis patients, thirty-one patients with mild-moderate psoriasis were studied. Almost all patients who used NaHCO₃- reported a statistically valuable improvement. NaHCO₃- baths reduced itchiness and irritation; in general, the patients themselves recognized a beneficial impact on their psoriasis, so much so that they have continued to bathe in NaHCO₃- even after the end of the study [15].

Sodium bicarbonate therapy is harmless, fast and effective because it is extremely diffusible. A therapy with bicarbonate for cancer should be set up with strong dosage, continuously, and with pauseless cycles in a destruction work which should proceed from the beginning to the end without interruption for at least 7-8 days. In general a mass of 2-3-4 centimetres will begin to consistently regress from the third to the fourth day, and collapses from the fourth to the fifth. Generally speaking, the maximum limit of the dosage that can be administered in a session gravitates around 500 cc of sodium bicarbonate at five per cent solution, with the possibility of increasing or decreasing the dosage by 20 per cent in function of the body mass of the indi-

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Part 2

Because sodium bicarbonate has long been known and is widely used, it has many other names including sodium hydrogen carbonate, sodium bicarb, baking soda, bread soda, cooking soda, bicarb soda, saleratus or bicarbonate of soda. It is soluble in water. This white solid is crystalline but often appears as a fine powder. It has a slight alkaline taste resembling that of sodium carbonate. It is a component of the mineral natron and is found dissolved in many mineral springs. It is also produced artificially. World wide production is on the scale of 100,000 ton/year. Sodium bicarbonate is primarily used in cooking (baking) where it reacts with other components to release carbon dioxide, that helps dough "rise."

It is commonly used to increase the pH and total alkalinity of the water for pools and spas. Sodium bicarbonate can be added as a simple solution for restoring the pH balance of water that has a high level of chlorine. It is sometimes used in septic tanks to control pH and bacteria.

Sodium bicarbonate-rich mineral water in conjunction with a low-salt diet may have a beneficial effect on calcium homeostasis [13].

Distilled water is not safe, it lacks bicarbonates and minerals and yes, it is acid forming to the body. Yet it is an excellent aid in detoxification and chelation for its purity pulls on toxicities in the body. Part of the reason why our body is acid is that it lacks enough bicarbonate necessary to neutralize the acid. Whenever the water lacks the proper bicarbonates to neutralize the water in distilled water your body basically becomes a little more acid. But we can easily treat distilled or reverse osmosis water by adding bicarbonate and magnesium and perhaps even some sodium thiosulfate.

(The art and science of water treatment will be covered in *The Waters of Life*, another IMVA publication due out later this year. The conscious use of water favorably increases medical outcomes, often it even determines the prognosis. You cannot separate out hydration from pH. Dehydration would certainly push the body toward acidity.)

pH of the blood is the most important factor to determine the state of the microorganisms in the blood.

The native chemical and physical properties of sodium bicarbonate account for its wide range of applications, including cleaning, deodorizing, buffering, and fire extinguishing. Sodium bicarbonate neutralizes odors chemically, rather than masking or absorbing them. Consequently, it is used in bath salts and deodorant body powders. Sodium bicarbonate tends to maintain a pH of 8.1 (7 is neutral) even when acids, which lower pH, or bases, which raise pH, are added to the solution. Its ability to tabletize makes it a good effervescent ingredient in antacids and denture cleaning products. Sodium bicarbonate is also found in some anti-plaque mouthwash products and toothpaste.

Sodium bicarbonate also is indicated in severe diarrhea which is often accompanied by a significant loss of bicarbonate. Vigorous bicarbonate therapy is required in any form of metabolic acidosis where a rapid increase in plasma total CO₂ content is crucial - e.g. cardiac arrest, circulatory insufficiency due to shock or severe dehydration, and in severe primary lactic acidosis or severe diabetic acidosis.

Sodium Bicarbonate Injection, USP is administered by the intravenous route. In cardiac arrest, a rapid intravenous dose of one to two 50 mL vials (44.6 to 100 mEq) may be given initially and continued at a rate of 50 mL (44.6 to 50 mEq) every 5 to 10 minutes if necessary (as indicated by arterial pH and blood gas monitoring) to reverse the acidosis. Caution should be observed in emergencies where very rapid infusion of large quantities of bicarbonate is indicated. Bicarbonate solutions are hypertonic and may produce an undesirable rise in plasma sodium concentration in the process of correcting the metabolic acidosis. In cardiac arrest, however, the risks from acidosis exceed those of hypernatremia.

In the current system, if a promising compound can't be patented, it is highly unlikely ever to make it to market - no matter how well it performs in the laboratory or in emergency room situations. The hormone melatonin [14] sold as an inexpensive food supplement in the United States, has repeatedly been shown to slow the growth of various cancers when used in conjunction with conventional treatments. Dr. Paolo Lissoni, another Italian oncologist has written many articles about this hormone and conducted clinical trials. But he has despaired over the pharmaceutical industry's total lack of interest in his treatment approach.

We need a new approach to fight cancer, one that will work safely and effectively since the majority of us are now destined to have to suffer through cancer at one point or another in our lives. The situation in the field of oncology is horrendous and in the area of childhood oncology they have earned their place in the book *The Terror of Pediatric Medicine*, (which one can download as a free e-book.)

Most people today cringe at the idea of finding a cancer then slashing, burning and poisoning it to smithereens. Most would agree that the mainstream cancer approach offers only marginal benefits at best, and providers push screening and aggressive treatment in part because they have nothing else to give, and also because it's very profitable.

If the body's cellular metabolism and pH is balanced it is susceptible to little illness or disease.

Since 1971, when President Nixon declared war on cancer, the budget of the National Cancer Institute has increased to \$4.8 billion from half a billion and cancer rates are still going up. For most of the past half-century, medical treatment of invasive tumors like those of the breast and colon has relied mainly on drugs, radiation or both, in effect carpet-bombing the DNA of cancer cells. These highly toxic treatments do not address the root causes of cancer and are extremely dangerous, medical approaches involving the highest risks.

The great variety of cancers must reflect a fundamental mechanism by which the disease arises, one that has not been so clearly apparent until now.

Though allopathic medicine already uses sodium bicarbonate it will not any day soon turn to its own arsenal of already available safe and inexpensive medications like sodium bicarbonate or magnesium chloride. The medical industrial complex seems unwilling to change its views on cancer so patients will need to quietly ask their doctors for intravenous bicarbonate without specifying it as a substance they want to use to cure their cancer. It will be easier to find someone if one approaches with a need to treat acidic conditions than the actual cancer. Few doctors are willing to risk their licenses so it is better not to put them in an uncomfortable situation that they cannot control.

The closer the pH is to 7.35 - 7.45, the higher our level of health and well being and our ability to resist states of disease.

Sadly this does not address the need for the use of catheters which target tumors more directly thus pushing us toward a more complete protocol that will target cancer in a more general and comprehensive way. This needs to be done anyway because killing the tumor with a rush of alkalinity that provokes an oxygen rush into the cells will not prevent the condition from reoccurring. Though we can think that acidity is a basic cause of cancer a more basic cause is addressed when we look at what leads to the acidic conditions that are so prevalent in our bodies today. Sodium bicarbonate is an anti-fungin substance that is very diffusible and thus very effective.

Dr Tullio Simoncini says, "It is useful to consider the extreme sensitivity of fungi to saline and electrolytic solutions. These solutions, because of their extreme capacity for diffusion, are able to reach all the myceliar biological expressions, including the most infinitesimal ones. Salts and bicarbonates, by making the "terrain" completely inorganic, eliminates the slightest organic fonts that fungi could use for nourishment. In this context, sodium bicarbonate, which is currently used in children's oral candidoses, appears to be a simple and handy weapon capable of uprooting, inhibiting, or attenuating any neoplastic formation wherever it is possible to easily apply it.

Cancer is actually a four-letter word ACID, especially lactic acid as a waste product due to the low oxygen level and waste products of yeast and fungus.

For centuries, medicated baths have been one of the first lines of treatment for psoriasis. Even today, with sophisticated immuno- suppressive treatments available, Dead Sea salts and spa waters are recognized to be beneficial in the management of psoriatic patients.

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In late stages of acidic pH we need to turn to the most alkaline minerals to increase our throw weight of alkalinity into cancer cells. Mass spectrographic and isotope studies have shown that potassium, rubidium, and especially cesium are most efficiently taken up by cancer cells. This uptake was enhanced by Vitamins A and C as well as salts of zinc and selenium. The quantity of cesium taken up was sufficient to raise the cell to the 8 pH range [16].

There seems little grace left in medicine and it is a disgrace that allopathic medicine does not even use its own emergency medicines, proven heavies like magnesium sulfate and chloride, sodium bicarbonate and iodine to anywhere near a thousandth of a percent of their real medical potentials.

Combining pH shift with Heat

In the opening paragraph of this chapter we mentioned killing cancer cells with lasers, with heat.

"Give me a chance to create fever and I will cure any disease." Parmenides 2000 years ago

Fever is one of the body's own defensive and healing forces, created and sustained for the deliberate purpose of restoring health. The high temperature speeds up metabolism, inhibits the growth of the invading virus or bacteria, and literally burns the enemy with heat. Fever is an effective protective and healing measure not only against colds and simple infections, but against such serious diseases as polio and cancer.

The idea of destroying cancer with heat is certainly not new and has been widely accepted for a very long time, but has had very limited applications because it was finally concluded that, in order to ensure destruction of the cancerous growth, it is necessary to reach a temperature deadly to healthy cells as well. Many attempts have been made to bypass this problem and some methodologies have been developed like: localized hyperthermia, laserthermia, radio-fractionated hyperthermia and TTT. But they all have limitations and cannot complete the job, because they cannot achieve total necrosis and, unless the entire mass of neoplastic tissue is destroyed, the cancer will continue to grow. But:

Hyperthermia gives cancer a hard time:

1. removing accumulations of stored toxic chemicals that cause cancer
2. improving circulation so that tissues are both nourished with oxygen and flushed of acidic metabolic wastes
3. weakening or even killing cancer cells that have a lower tolerance for heat than healthy cells.

Thus we should easily conclude that far-infrared sauna treatments are going to help a cancer sufferer no matter which way we slice the treatment protocol. But for a more targeted heat to kill cancer tumors we have Dr. Antonella Carpenter who has perfected the treatment of cancer cells with heat through her use of lasers. She generates the death of the cells by suffocation via heat. Dr Carpenter, a physicist with a clinic in Little Rock, says, "As long as the entire neoplastic mass is exposed to the laser light, for the correct amount of time, the success is complete and the results, as well as the healing stages, are always the same." Her cancer treatment is called Light Induced Enhanced Selective Hyperthermia, which in itself pretty much summarizes all the characteristics of this new therapy. With this form of treatment cancer cells reach a deadly temperature level quickly and are subject to irreversible damage and therefore die, either immediately or within 48 hours.

In a separate chapter we will be talking about hyperthermia in another context, that of the hot bathtub which we will learn to fill with healing substances like sodium bicarbonate. We will be creating our own hot springs, healing pools that will do wonders for our health. Medical treatments of the first order can be had right inside your very own bathtub.

Mark Sircus Ac., OMD

Director International Medical Veritas Association

www.winningcancer.com

<http://www.imva.info>

<http://www.magnesiumforlife.com> director at [imva.info](http://www.imva.info)

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[1] <http://candida-international.blogspot.com/2007/03/is-cancer-caused-by-candida-fungus.html>

[2] Enhancement of chemotherapy by manipulation of tumour pH. Raghunand N, He X, van Sluis R, Mahoney B, Baggett B, Taylor CW, Paine-Murrieta G, Roe D, Bhujwala ZM, Gillies RJ. Arizona Cancer Center, Tucson 85724-5024, USA.

[3] Enhancement of chemotherapy by manipulation of tumour pH. Raghunand N, He X, van Sluis R, Mahoney B, Baggett B, Taylor CW, Paine-Murrieta G, Roe D, Bhujwala ZM, Gillies RJ. Arizona Cancer Center.

[4] Jerome B. Westin and Elihu Richter, "The Israeli Breast-Cancer Anomaly," in Devra Lee Davis and David Hoel, editors, *TRENDS IN CANCER MORTALITY IN INDUSTRIAL COUNTRIES* (New York: New York Academy of Sciences, 1990), pgs. 269-279.

Following public outcry, Israel banned these chemicals from being used on feed for dairy cows and cattle. Over the next ten years, the rate of breast cancer deaths in Israel declined sharply, with a 30% drop in mortality for women under 44 years of age, and an 8% overall decline. At the same time, all other known cancer risks--alcohol consumption, fat intake, lack of fruits and vegetables in the diet--increased significantly. During this period, worldwide death rates from cancer increased by 4%. The only answer scientists could find to explain this was the reduced level of environmental toxins.

[5] http://www.urotoday.com/38/browse_categories/renal_cancer/sodium_bicarbonate_infusion_found_to_reduce_risk_of_contrastinduced_nephropathy.html

[6] Resuscitation outcome in emergency medical systems with increased usage of sodium bicarbonate during cardiopulmonary resuscitation. Bar, Joseph G et al; *Acta Anaesthesiol Scand.* 2005 Jan;49(1):6 Entrez PubMed

[7] With the aim to reach the maximum effect, sodium bicarbonate should be administered directly on the neoplastic masses which are susceptible of regression only by destroying the fungal colonies. This is possible by the selective arteriography (the visualisation through instrumentation of specific arteries) and by the positioning of the arterial port-a-cath (these devices are small basins used to join the catheter). These methods allow the positioning of a small catheter directly in the artery that nourishes the neoplastic mass, allowing the administration of high dosages of sodium bicarbonate in the deepest recesses of the organism.

With this method, it is possible to reach almost all organs; they can be treated and can benefit from a therapy with bicarbonate salts which is harmless, fast, and effective - with only the exception of some bone areas such as vertebrae and ribs, where the scarce arterial irrigation does not allow sufficient dosage to reach the targets. Selective arteriography therefore represents a very powerful weapon against fungi that can always be used against neoplasias, firstly because it is painless and leaves no after effects, secondly because the risks are very low.

[8] *Oncol Nurs Forum.* 2002 Aug;29(7):1063-80. A research review of the current treatments for radiation-induced oral mucositis in patients with head and neck cancer. Shih A, Miaskowski C, Dodd MJ, Stotts NA, MacPhail

[9] These include, Benzotropines (valium) cyclic antidepressants (amitriptyline), organophosphates, methanol (Methyl alcohol is a cheap and potent adulterant of illicit liquors) Diphenhydramine (Benedryl), Beta

blockers (propranolol) Barbiturates, and Salicylates (Aspirin). Poisoning by drugs that block voltage-gated sodium channels produces intraventricular conduction defects, myocardial depression, bradycardia, and ventricular arrhythmias. Human and animal reports suggest that hypertonic sodium bicarbonate may be effective therapy for numerous agents possessing sodium channel blocking properties, including cocaine, quinidine, procainamide, flecainide, mexiletine, bupivacaine, and others.

[10] Patient safety incidents in U.S. hospitals increased by three percent overall from 2003 to 2005, and the error gap between the nation's best- and worst-performing hospitals remained wide. America's top rated centers had 40 percent lower rates of medical errors than the poorest-performing hospitals, the study showed. The fourth annual HealthGrades Patient Safety in American Hospitals Study, put out by HealthGrades, an independent health care ratings company, examined over 40 million Medicare hospitalization records at almost 5,000 hospitals from 2003 to 2005.

http://news.yahoo.com/s/hsn/20070402/hl_hsn/ushospitalerrorscontinuetorise;_ylt=AhTSuGfeoKOy8MnsTAMXjknMWM0F

[11] A study of the acidosis, blood urea, and plasma chlorides in uraemic nephritis in the dog, and the protective action of sodium bicarbonate. *The Journal of Experimental Medicine*, Vol 25, 693-719, Copyright, 1917, by The Rockefeller Institute for Medical Research New York
<http://www.jem.org/cgi/content/abstract/25/5/693>

[12] *JAMA* 2004;291:2328-2334,2376-2377.
http://www.urotoday.com/56/browse_categories/renal_transplantation_vascular_disease/sodium_bicarbonate_may_prevent_radiocontrastinduced_renal_injury.html

[13] Effect of sodium chloride- and sodium bicarbonate-rich mineral water on blood pressure and metabolic parameters in elderly normotensive individuals: a randomized double-blind crossover trial. *J Hypertens*. 1996 Jan;14(1):131-5. Department of Internal Medicine, Universitätsklinikum Benjamin Franklin, Free University of Berlin, Germany.

[14] One of the most important supplements for the breast cancer patient is high doses of the hormone melatonin at bedtime. Melatonin blocks estrogen receptors somewhat similarly to the drug tamoxifen without the long-term side effects of tamoxifen. Further, when melatonin and tamoxifen are combined, synergistic benefits occur. Melatonin can be safely taken for an indefinite period of time. The suggested dose of melatonin for breast cancer patients is 3 mg to 50 mg at bedtime. Caution: Although melatonin is strongly recommended for breast cancer patients, interleukin-2 (IL-2), which often is combined with melatonin, should be avoided by breast cancer patients. IL-2 may promote breast cancer cell division.
<http://www.lef.org/magazine/mag99/jan99-protocols.html>

[15] Old fashioned sodium bicarbonate baths for the treatment of psoriasis in the era of futuristic biologics: An old ally to be rescued; *Journal of Dermatological Treatment*; Volume 16, Number 1/February 2005

[16] "A mass spectrographic analysis of cancer cells showed that the cell membrane readily attached cesium, rubidium and potassium, and transmitted these elements with their associated molecules into the cancer cell. In contrast cancer membranes did not transmit sodium, magnesium, and calcium into the cell: the amount of calcium within a cancer cell is only about 1% of that for normal cells. Potassium transports glucose into the cell.

Calcium and magnesium transport oxygen into the cell. As a consequence of the above, oxygen cannot enter cancer cells so the glucose which is normally burned to carbon dioxide and water undergoes fermentation to form lactic acid within the cell. This anaerobic condition was pointed out by Warburg, as early as 1924. Potassium, and especially rubidium and cesium are the most basic of the elements. When they are taken up by the cancer cells they will thus raise the pH of the cells. Since they are very strong bases as compared to the weak lactic acid it is possible that the pH will be raised to values in the 8.5 to 9 range. In this range the life

of the cancer cell is short, being a matter of days at the most. The dead cancer cells are then absorbed by the body fluids and eventually eliminated from the system." - Dr. Brewer
<http://www.mwt.net/~drbrewer/highpH.htm>

Nigella sativa is cancer's worst nightmare

Monday, November 11, 2013 by: Samantha Davis

From: http://www.naturalnews.com/042853_Nigella_Sativa_cancer_prevention.html

(NaturalNews) Much to the dismay of many pharmaceutical giants and doctors who reap big rebate checks from recommending chemotherapy treatments, Nigella sativa has been proven over and over again to successfully treat cancer without the use of conventional treatments. Nigella sativa has been shown to be effective against numerous cancers, such as pancreatic, colon, prostate, breast and even brain cancers. Indeed, Nigella sativa is cancer's worst nightmare and a ray of hope for people who may have died otherwise.

Statistics show that the success rates of people using chemotherapy over a five year period is only 2.1 percent. Nigella sativa on the other hand was proven to annihilate pancreatic tumor cells at the rate of 80 percent. Chemotherapy has many side effects and one of the side effects is the possibility of secondary cancers. Secondary cancers are very aggressive and may occur from tumor reseeding.

Nigella sativa not only rebuilds the immune system and destroys cancer cells; it reinforces the good cells to fight the cancer. Needless to say, it is imperative to treat the cancer patient immediately or in the early stages if possible. Along with taking the oil, a cancer diet must be followed. Sugar, processed foods and white flours only feed the cancer and make the cancer fight much more difficult.

Cancer studies and Nigella sativa

Presently, there are 462 published studies on the efficacy of Nigella sativa.

(<http://www.ncbi.nlm.nih.gov/pubmed?term=nigella%20sativa>). There have been multiple studies on the effect of Nigella sativa and its anti-tumor capabilities. In 1997, at the Cancer Research Facility at Hilton Head Island, South Carolina, Nigella sativa was proven to have enormous capabilities in tumor cell death.

1). Pancreatic cancer: A study was done at Kimmel Cancer Center at Jefferson and the researchers found that by adding Nigella sativa, 80 percent of pancreatic cancer cells were destroyed. Pancreatic cancer is the fourth leading cause of cancer deaths in America with a four percent survival rate after five years using conventional treatments. (http://www.kcc.tju.edu/news/2008-05-23_Arafat.html)

2). Colon cancer: In 2010, a research project was conducted in Tanta, Egypt on the use of Nigella sativa against colon cancer in rats. Nigella sativa greatly reduced the size of the tumors and also reduced the tumors in the lungs and alimentary canals. (<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3436209/>)

3). Breast cancer: In 2003, researchers from Jackson State University in the U.S. tested Nigella sativa on breast cancer cells. Ending results showed promising advances in the treatment of breast cancer. (<http://www.ncbi.nlm.nih.gov/pubmed/12724920>)

There are many success stories using Nigella sativa against cancer and how each protocol worked for that individual, such as the boy who took nine capsules a day of the black cumin oil (Nigella sativa) for brain cancer.

Nigella sativa cancer protocol

The Nigella sativa cancer protocol is quite simple and very effective. Take three teaspoons of the oil a day mixed with half a teaspoon of raw honey or freshly squeezed juice. Take the first dosage half an hour before breakfast, the second one in the afternoon and the third dosage before going to bed.

An alternative dosage protocol is to use ground, heated seeds once a day and the oil twice a day. Simply mix the ground seeds with raw honey and eat as you would any sweet treat.

Sources for this article include:

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About the author:

Samantha Davis is an author, freelance writer and avid supporter of natural healing. She has written 10 books on various subjects and is a specialist on the subject of Nigella Sativa, black cumin and black seeds.

Check out her website [Nigella Sativa.com](http://NigellaSativa.com) and

[Everything You Ever Wanted to Know About Black Seeds](#)

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